

BBSH InTouch

The Newsletter of The Barbara Brennan School of Healing®

Issue 27-Summer 2007

BBSH Class 4 Heyoan Opening

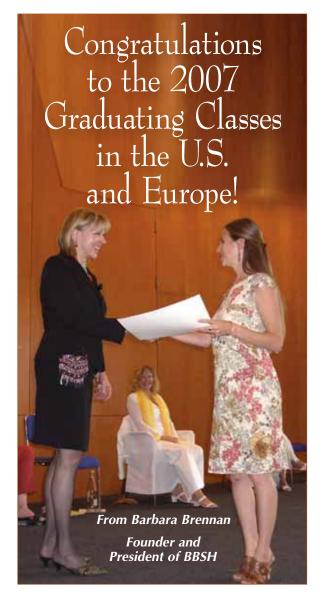
You as a human being are a vast symphony: cells, organs, muscles, your brain.

Is your body singing?
Is the note in the third ventricle
that redirects the growth of the nerves
free to express itself?

Do you hear the one note that is the resonant frequency in the center of your brain? Can you hear it in meditation?

Feel it, see it, hear it, know it.
Feel your heartbeat's percussion
in your body.
The percussion of the heartbeat
runs the body pulses.

Your heartbeat
is the drum
of your internal orchestra.
It maintains the coherency
of all of the various instruments
that are playing
in your body.



Feel the pleasure in every heartbeat.
And what runs the heart?

Love.
The basic frequency
that sets the tone of the body
is love.

It sets the beat for all of the organs
to function properly.
The heart's percussion
is carried by the blood through the body.
Every single cell of your body
feels the percussion of your heartbeat.

You will find the cause of any physical dis-ease in the prejudice that you hold against yourself, in which you do not allow your organs to function in a natural, healthy way.

Scan your body now.
Are the organs in sync?
Every organ has a different frequency and runs on it like all the instruments of an orchestra.
Experience this now.
Tune into your heartbeat and resynchronize your body.
Your heartbeat sets the tone of your love.



I am so sad to see the students of this year's graduating classes leave BBSH and BBSHE, as I have become quite attached to them. It was a pleasure for me to have much more contact with the students through the new Clinical Brennan Work classes I taught.

I am so proud of how much you have progressed through your years of study and all that you have learned. These are my favorite graduating classes of all time! (But of course, that is true <u>each</u> year!)

I'm also very impressed, amazed and proud of the many professional and wonderful Year 4 Projects. We will enjoy reading a sampling of them in these issues of IN TOUCH.

I wish you pleasure and fulfillment as you live your Brennan Healing Science and Integration Work as service to the world.



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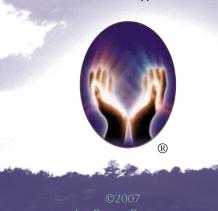
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Reflections on the Past School Year

-Priscilla Bright, BBSH School Dean

Since I last wrote for this column, BBSH has held Class 4 and Class 5 to finish the 2006–07 school year.

And what an amazing end-of-year it was!

During the Class 4 school week, the students' Creative Arts Projects were presented, and the diversity and beauty of those creative expressions...still art, performance pieces, media productions...was very inspiring. The school overflowed with positive energy and joy, and the support of the students for one another was a healing experience in itself.

Incredible.

Then came Class 5.

First, the Year 4 students presented their projects in the evening HMD sessions. It was wonderful to witness the students' professionalism and clarity, and their ability to integrate their BBSH learning into original applications with other healthcare modalities. Great work!

Then, two evenings of Class Ceremonies took place, with each class year reflecting in their performances the learning from their year of work. The Ceremonies were very creative, very beautiful, and sometimes very funny—a real testament to creative cooperation by the students.

And then last—but most certainly not least—was the end-ofyear Graduation Ceremony. At the Ceremony, the power of the deep learning and personal transformation that results from the school's program was evident in all of the graduates, and in their reflection from their families, friends and teachers.

From Barbara's channeling for the graduates...through Kahea Morgan's inspiring graduation address...to the student speakers who brought us to tears...and the student singers who soothed us...the power of the human heart and the importance of service in the world carried us all to deep places of reflection and gratitude.

Much love to the wonderful class of 2007!

This past school year was a special experience shared by so many uniquely gifted and wonderful people. I finish this year full of gratitude for the opportunity to be a part of this school and community.

Also, I would like to also send special congratulations and love to the 2007 graduating class of BBSH *Europe!* At the hour they graduated, I faced east towards Europe and pictured each of their faces and sent them my deepest love and respect. They are a wonderful group who inspired me in my time with them.

Much Love, Priscilla

BBSHE Graduation Addresses



Laurie Keene, School Dean

I would like to begin by welcoming the families, friends, faculty, alumni and fellow students who have gathered here to honor and celebrate the first graduating class of BBSHE. Many of you have traveled great distances to express your love and support. Thank you for coming.

You who are graduating have also traveled very far to arrive in this place today—and I am sure many of you had no idea what you were getting into when you enrolled in BBSHE four years ago. You are individualists, adventurers, pioneers, and the trailblazers of the Barbara Brennan School in Europe. Now, ready to receive your well-earned diploma and take your healership into the world, what will your compass be along the way?

By the time I was 26, I was an old woman. Broken by years spent battling a life-threatening illness and witnessing a life that I had dreamed of slip away, I was lost. I lived, but I didn't know why.

And then, just as the author Anaïs Nin wrote:

"And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom."

After a final surgery, I left all familiar reference points behind—family, home, friends—and I ventured out, following only the voice inside me that said, "Go."

Two years later, I was a very different me. I had journeyed both the inner and outer worlds. My feet found their way hiking through wilderness and deserts. My body reawakened its fluid self in the sunny waters of the Adriatic and the Aegean. And my soul...well, my soul was nourished by my turning inward and sitting in silence each day. Listening.

What I discovered as I began to find my own rhythm was that my life just naturally slowed down. It was in the slowing down that I was able to contact myself and feel. I let loose the storms of pain, rage, grief and fear that had been held down in me for so long. After the storms passed and the skies cleared, I realized four treasures that remain the guiding forces in my life today.

The first treasure is that I learned to trust myself. I learned that the self inside holds both the questions and the answers. The task is to go inside, ask, feel, listen and follow, just as I did for myself by taking that trip.

And just as you did by enrolling in BBSHE.

The second treasure is contact. On that journey, stripped of all belongings but myself, I experienced the supreme joy of being received unadorned—for me, by me, and by others. I was also eager to be with all the people I met. More than anything in the world we long to know and *be* known by the self and the other. Deeply. It is through the longing for contact that one's heart opens. In the open heart there are no barriers. In the open heart there is no prejudice against things such as language, culture, race, politics, gender, religion. The open heart is free.

The third treasure I realized is passion. It was passion that healed me and passion that taught me the value of living. Passion for me is the fierce pleasure of the heart. It is the sheer delight of being alive. It is fully embracing the journey of being human. It is laughter. It is because of passion that I am teaching this work. We need passion as much as we need *air*.

And the fourth treasure is gratitude. As the bud in me opened, I found myself meeting each new day as new, as an adventure just waiting to be explored, enjoyed, and lived. I have learned that gratitude reveals all life experiences as part of the divine plan.

So to you dear graduating students, when I look at you I see a field of beautiful flowers in full blossom. Each one of you unique. Each one of you shiny.

I always saw that, perhaps even when you could not see it in yourselves. I know that you too had to take the risk of opening. I know that this opening has not been without pain for both yourselves and your families. Venturing into unknown territory brings uncertainty. It can be unsettling. And yet it was through your courage and your willingness to go into the wilderness of the self that you sit here today—more whole and more known.



As you ready yourselves to go, I pose this question to you:

Having taken your own odyssey, your own vision quest... what are the treasures you've discovered within yourselves that will serve as your compass—the stars that will always lead you home? Hold that

knowledge close, my friends, for it is your very own.

In closing, I would like to end with a quote by Ken Wilber that I feel suits the element of this day:

"And I rise to taste the dawn, and find that only love alone will shine today. And the Shining says: to love it all, and love it madly, and always endlessly, and ever fiercely, to love without choice and thus enter the All, to love it mindlessly and thus be the All, embracing the only radiant Divine: now as Emptiness, now as Form together and forever, the Godless search undone, and love alone will shine today." (Sex, Ecology and Spirituality, 1995, p. 523)

It has been an honor to be with you these last four years. I pray for the total fulfillment of your soul's longing in this life, and I welcome you as colleagues into the fellowship of Brennan Healing Science Practitioners.



Edwin Manera 2007 Class Representative

Today I wish to honour the deep exploration of self and personal process we undertook four years ego...a process that took us so deep into the realms of energy and consciousness where we found and accepted in ourselves the unacceptable. We accepted our pain and deep sorrow, and we learned to hold our wounding in respect, in tenderness with self-compassion, in Essence.

From a personal perspective, my healing journey began to unfold and I began to learn about separation, about duality. I began to heal those portions of myself that live in internal conflict, in separation. I learned to hold these aspects in Unity, in Communion—Common Union. At this very intimate and personal level of self-healing, I began to experience the healing of my relationships, and I experienced and witnessed in you, my classmates, the healing of our past—the healing of those who have gone before us, of our lineage, of our human heritage.

And as we healed and let go of the past, I felt, I saw, and I knew the healing of our children and *their* children—the healing of our future. This was and is a very profound, encouraging and touching experience.

I would like to honour those of us graduating today and those who've decided to come back for another year of undertaking this insightful adventure. To honour us for the effort, dedication, commitment and courage throughout this transformational experience; for the respect that we held for ourselves and for one another.

I would also like to honour our dear family members and friends. You cannot begin to imagine what a huge part of this process you have all been. On behalf of my classmates, I would like to express our deep gratitude for your support, encouragement, and love. You've been an unlimited source of inspiration in this journey, and we are truly honoured to have you here to celebrate with us, to witness us in this very special moment of integration.

To honour this amazing group of people—our teachers, our mentors, our BIPs, our healers, but perhaps most importantly, our unconditional friends in this journey who, with purity of heart, strength of spirit and a passion and dedication for their work, held this remarkable container in which we could safely transform, and who supported us and taught us about self-compassion.

Finally, I wish to honor Barbara who, in her commitment to manifest her longings, has so beautifully allowed this wisdom and this work to come and flow through her, resulting in the co-creation of the schools.

Class of 2007, we all know that it takes incredible acts of Surrender, of Trust, of Faith to manifest our longings; to softly and firmly state our truth and to lovingly assert on all levels of our being our right to be alive here and now, our right to be happy. Today, we give birth to one of our longings: today we are Brennan Healing Science Practitioners.

And now as we go out into the world and take full responsibility for our self-healing, we begin a new cycle of creation, and I pray we take on the invitation this work proposes:

May we live from fullness of being, may we continue to choose from our positive intention, may we continue to affirm our right to be alive, our right to be happy. May we continue to create from pleasure and beauty. May we co-create from Unity of Self and Communion with the Other, from Common Union with the Other and the planet. We have always had this privilege and now, with our new awareness, we have a greater responsibility to Ourselves and to the World.

Iraduation

Kahea Morgan, Year 2 Dean



Your graduation falls on the 16th anniversary of my own graduation from BBSH. And as I contemplated the topic for my time with you today, I began to wonder what I would have liked to be told on *my* graduation:

What wisdom would have made a difference to me on my journey of the last 16 years as I explored and deepened my experience of myself

as a healer, a teacher—a woman calling planet Earth home?

These years have been a wild ride—the full, rich, spectrum of life. I moved from Florida to New York and back again more than several times. Last year, I moved to a beautiful and perfect home for me in a very surprising place—Nashville, Tennessee.

I've embarked on spiritual pilgrimages to sacred sites on our planet, and to sacred places within myself. I've moved from deep, passionate love...to deep despair and separation...and finally, to quiet peace and infinite gratitude. My own path has taught me to be comfortable with living in the leap as I take giant leaps of faith to know myself, my values, and to stay aligned with them, and with the Divine.

I've given up trying to understand it all and concluded it is true.

Life is *indeed* a mystery!

In the 16 years since my graduation, I've worked with the School on and off in many different capacities, both in the School office and on the faculty. Four years ago, I followed my guidance and once again asked to join the faculty after a six-year absence. It made absolutely no sense to me at the time:

"Why!?" I asked myself repeatedly.

I was kept in suspense until I finally realized, a couple of years into the job as Year 2 Class Dean, that I had by that time created the best job in the world for myself. I got to challenge my edges every day. I had to use all of my resources. And I finally fully accepted that teaching is what truly motivates me.

I am challenged to stay close to the flow and passion of my life. I get to play

and laugh and work with people like you. Exploring energy, consciousness, and the human heart.

What could be better!?

Nelson Mandela reminds us, "There is no passion to be found playing small, in settling for a life that is less than the one you are capable of living." So, like many of you, today is my last day at BBSH in Miami. Once again, I am taking another great leap of faith. Next year, I will continue to live my passion and teach, and I will be helping to start the new BBSH School in Japan, and continuing as Year 2 Class Dean in Europe.

On my journey, I've discovered that talent and desire are not enough. As healers, do we have an edge? Or is it simply a higher level of responsibility? What are the core values that guide you on your journey? Do you know them? Do you live them?

As you step out into the exciting potential of your new beginning today, I would like to share with you five of the core values I seek to align with:

1. Know your values and align with your biggest dreams.

On this life journey we are each traveling, when is it okay to really start living? Are you living now?

Unfortunately, often, people don't really start living until the moment they face their own death. I had a friend who would remind me when I was stuck in a dark pit, "You aren't going to live 130 years!" Her passion for life was inspiring. She had faced death in her 30s and knew the preciousness of life. She refused to let anything stop her, and sought each day to embrace the full spectrum of her life as it unfolded.

As you embrace your own treasured life, I suggest that today or tomorrow...or certainly before the exhilaration of this day leaves you...write down five words or phrases that represent your values. The ones you live by.

Be bold. Be daring. Be truthful to yourself in this listing. Let these core values create your structure and guidance in manifesting your biggest dreams.

We all have extraordinary talents of creation for this life of ours. Sometimes, however, these talents are squandered because of a lack of preparation to be wrong.

Do you stigmatize your mistakes? How can big and original dreams happen without a few mistakes? When kids don't know how to do something, they will take a chance and give it a try anyway.

So I suggest, take a chance and dream big! Give every day your all. Don't let anything stop you in giving your biggest dreams and talents a go.

2. Create an attitude that begins with "Yes!"

It was the year that today's Year 4 graduates were Year 2s that Tiger Woods won one of many U.S. golf championships.

On the front page of the Miami Herald was his photo in a triumphant pose of, "Yes! Victory is mine!"

> Wouldn't it be great if every moment in your life was just like that?

The Year 2 teachers adopted Tiger's model that year and proclaimed at every meeting, ""Yes! Victory is ours!" And not just that week, but for the rest of the year.

What a memorable year that was! 50% of your success is dependent on your attitude. You are the most important person in the world in creating a positive yes attitude.

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Cindy Tzerman, J.D. 2007 Class Representative



Hello my beautiful class, teachers, friends and family, and fellow students of all kinds.

Today we mark an important rite of passage.

Today we celebrate the light that we are

Who knew what this journey would be about when we first arrived here four years ago? A collection of souls bound together in search of the meaning of healing—longing to be who we truly are and to have that be enough.

Who knew we were *already* enough? Who knew.

And so we entered the gateway of the sacred container forged by the

school, our teachers, and all those who had come before us. And within that container, we began to forge a container of our own, a place where we could drop our swords and lay down our burdens together. A place where we could feel we finally belonged.

Year 1...and first, we learned who we are not, and that an ER is more than just a television show. Our teachers sang to us, "I Hope You Dance," and softly awakened the forgotten music in our hearts.

Year 2...and then we danced in the fire and rode the waves together, our friends and families asking all the while, "What is it exactly that they *do* at that school?"

And we witnessed and held each other as we dropped down into the dungeons of our lower selves, and we learned to own these places as valuable parts of who we are and our journey home. And we learned the power in them, and the pleasure of them—including our "No."

Then came Year 3 and our relationship with the Divine—an uncomfortable place for many of us—and I must admit, the most challenging year for me personally. In my tradition, we seem to love to struggle. I learned that there is an alternative to struggle. It's called surrender. And (I don't know about *you*, but) I'm still working on it. And I have a feeling I'm not alone.

Then came year 4—what a wild ride! "Year 3 students, eat your Wheaties!" The year of integration, so they call it. We had our project, our homework, our healings, and our process. And then we had our Case Presentation (my personal favorite), where our friends and allies so beautifully witnessed and held us in our nakedness. And then we worked on the integration of our Case.

Too bad no one told us it would take a lifetime.

And through this wild ride of integration, through all of the chaos, we have come to align with our hara and to experience the divine pleasure of our core star. And now, our container is more unified than ever, our bonds are more powerful than ever, and our love is stronger than ever. We know we belong.

And so, healers, where do we go from here? And what of our sacred container?

Rodolfo Felix, M.D.

2007 Class Representative

To everyone.

To anyone who has ever felt desperate at least once.

To those who have observed, powerless, the injustices of humanity and society. To those who have loved someone who doesn't fit the mold that the world created for them.

To any who have cried, out of rage and sadness, impotent...seeing incomprehension, hate and fear in the eyes of another human being.

To all who may have sometime wished to have a magical elixir that could erase pain, that could make us or our loved ones invulnerable, to those of us who wish we could hide in the deepest cave, where no one could hurt us.



To those who have prayed to God to change the way a loved one is, not out of hate but out of wanting to protect them from the rocks and knives that abound in the path of life.

To all the mothers who have cried bitter tears at night, begging God to protect their children.

To the fathers who are helpless in witnessing the fall of their children, who desperate, have cut out their wings and forgotten how to fly.

To those children who have been born with a broken heart.

To those who never had the chance to show humanity how valuable they are, because they were always seen with the eyes of pride, were touched with the hands of hatred, were listened to with ears of aggression.

To the man who, feeling rejection, pushed his child behind the black curtain, inside the closet of fear, and locked him there and sent him into oblivion, growing old light years ahead of his time.

To the woman who never allowed herself to love freely, who hates herself for who and what she is and thus, has committed spiritual suicide.

To the child who has been rejected, tired, beaten, whipped, ignored, rejected.

To anyone who thinks that because they have sinned, God doesn't love them. That because they offended the Creator, they need to ask for forgiveness, but fear paralyzes their soul.

To those who think God is offended by our actions, who think our father must be feared and respected, but never loved.

To you, and me, and anyone who might listen...know that we have been forgiven. That we are loved in the most profound and incomprehensible way. That even though we think we need to lift someone up from the ground, we forget God was there an eternity sooner than us. The footprints we leave in the path of life are created by His feet, not ours. So, to all who have cried, feared, hated, defended, rejected...to you, and me, and the entire universe...

Do not believe everything you think.

Year 4 Projects

Once again, our Year 4 students (now grads!) amaze us with their unique, creative and inspirational applications of Brennan Healing Science being practiced in various healing environments. It is this fine work which will help BHS continue to grow, and to become an important, well-recognized healing modality throughout the world.

Here is a sampling of this year's projects, with others to appear in future issues of this newsletter.



Characterology and Homeopathy

Eddo Cossey BBSHE '07 • London, England

The two principal questions this research project addresses are: can a homeopathic remedy be prepared from the energy of characterology process—and, if so, what effect might this remedy have upon a client presenting a

particular characterology?

Homeopathy is a system of energy medicine that complements other healing modalities. The term "homeopathy" is derived from the Greek words "homeo" (similar) and "pathos" (dis-ease) because the universal principle of "similars," or "like cures like," forms the basis of treatment. Observation of this universal principle shows that what causes dis-ease may also be used to cure it.

For instance, the characterology experiential segments at BBSH/E are homeopathic, since through modelling the characterology defense, the teachers trigger the student's similar defense, which is followed by deep process and release of the stuck energy configuration. The latter is facilitated, again through resonance, by teachers modelling the healing response to the characterology.

In view of the above, it was not unreasonable to expect that a remedy made from characterology and process might have some effect upon a client. The next thought was how to make the remedies. This was done by placing a vial of alcohol in the room where the experiential segment was to occur, along with a pair of clear quartz crystal terminators pointing towards the vial. This method has been shown by the Guild of Homeopaths to work well in such instances.

When it came to running up the prepared essence in the homeopathic way by serial dilution and succussion (i.e., shaking the vial to transfer the energetic imprint to the next dilution and thereby increase the potency of the remedy), I found that even the lowest potencies had a powerful effect upon me. The next step was to test a remedy on a client.

The client selected was a homeopath, who agreed not to take other remedies or receive healings during the 3-month trial of the remedy. At the interview, she exhibited strongly the masochist characterology, and was given the same characterology at the 30C potency, which was repeated twice more over the course of the trial. An assessment and comparison of her 4Ds (the 4 dimensions of the physical, auric, haric and core star as identified by Dr. Barbara Brennan) both before and after the trial period showed amazing changes had occurred on every level of her being. Although the client was pleased about the perceptible shifts she had experienced, she missed being supported during phases of emotional turmoil when energetic blocks were being processed and released. Unfortunately, this was necessary for maintaining the integrity of this research, and would not occur naturally in practice.

The conclusion was that the characterology remedies would powerfully complement any healing work by supporting, continuing and deepening the transformation of the client's characterology defence patterns. The remedies would ideally be used alongside and/or between healing sessions. Clients would also benefit from the practitioner's psych-spiritual skills to support them through the healing process. More frequent sessions or support might be required if the client experiences major shifts. The remedies would also be useful for any Brennan Healing Science students/practitioners who wish to deepen the exploration and healing of their own characterology defences.

These remedies, including one recently prepared from the Goddess meditation, are shortly being tested by the Guild of Homeopaths in the UK. The Goddess remedy is particularly beautiful and powerful, and may offer a perfect counterpoint to the characterology remedies, or simply taken on its own, as it apparently carries the aspects of all five characterologies within its essence. (Many thanks to Barbara Brennan for this information.)

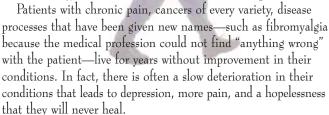
Eddo Cossey is principal pharmacist at Ainsworths Homeopathic Pharmacy, London, UK, and may be contacted at eddoandlisa@tiscali.co.uk for a copy of this project and information on obtaining and administering the remedies.

The Effect of Brennan Healing Science on Pain Reduction and Increased Functional Mobility

Jerry Zazzera, Physical Therapist BBSH '07 • Windsor Mill, Maryland

As a physical therapist who works in multiple hospital settings, including acute care, acute rehabilitation, and outpatient

clinics, I have often been frustrated by the apparent inability of the western medical model to help certain types of patients, despite the technology and abundant medications that are present.



Having learned many Brennan Healing Science skills and embodying many of the BBSH psych-spiritual skills, the question arose within me, "Can Brennan Healing Science (BHS) be used to decrease both chronic and acute pain with the objective of increasing functional mobility in patients who are in the hospital-based setting listed above?"

It then became my purpose with this project to demonstrate the

effect on physical therapy outcomes using the BHS techniques. In conjunction with this purpose, it was my strong intention to bridge the gap that currently exists between complementary medicine and the western medical model to create increased acceptance by healthcare professionals of BHS techniques in specific, and complementary medicine in general. I believe I am in a unique position to do this because I am part of both already. I work within the western medical model as a licensed physical therapist.

The key results from this study were:

- All patients demonstrated an increase in the efficiency of all chakras assimilating energy from the Human Energy Field (HEF).
- All patients demonstrated an immediate decrease in pain after applying BHS techniques and carryover of decreased pain throughout their hospital stay. Pain was measured using the Numeric (pain intensity) Rating Scale.
- All patients demonstrated an increase in their functional mobility as measured by their Functional Independence Measure (FIM).
- BHS techniques are effective on a multiplicity of medical diagnoses.

These results have important implications in how the healthcare community can address pain issues that inhibit patients healing from illness or surgery. If they are not in pain, patients are more willing to participate in functional mobility tasks such as sitting up, standing, walking, stair climbing, and balance activities. Pain medications often do not have the desired effect of reducing patient's pain because the pain medications do little to address the underlying emotional and psychological pain of a patient.

By combining the BHS techniques with traditional interventions, patients can return to functional mobility faster, thereby reducing lengths of stay at hospitals, which in turn reduces costs to the hospital and patient. It is a "win-win" scenario. On a larger scale, the acknowledgment of BHS and other complementary medicine modalities by healthcare personnel will lead to the integration of these modalities into mainstream healthcare, and perhaps change the way we approach and treat disease processes. This is my hope and my vision.

The next step in integrating BHS into mainstream healthcare in the hospital settings described above is to present these case studies to selected hospital staff medical doctors in one of my facilities. In conjunction with this, offering a seminar through our wellness center to patients with chronic pain would allow an inroad to doctors through their patients who have been in pain for months or years. Feedback from patients experiencing a reduction in pain and increase in functional mobility will hopefully get doctors to be curious about the BHS work.



Healing Responses in Multi-Cultural Peace Processes

Guy Marguerat, Peace Facilitator BBSHE '07 • Fislisbach, Switzerland

During my life, first as a child at home, then as mechanical engineer, and later as mediator, I have had the opportunity to meet many people in many countries all over the world from many

different cultures. I have always been fascinated by the cultural differences, and the different ways people had to solve conflicts.

By understanding culture and differences—i.e., in terms of relation to authority (power distance), group behavior (collective versus individualistic), security perception (uncertainty, avoidance), interactions with others (masculine or feminine), relation to time (sequential versus parallelism), the relation to the unity (holistic or atomistic considerations), the relation to particularities (universal versus particular), etc.—it has been possible to define skills to be used in conflict/peace resolution processes during the different steps of the process.

There are five steps in this model:

- 1. Introduction/Forming;
- 2. Problem description;
- 3. Seeking solution;
- 4. Selection of solution(s); and
- 5. Closing

I realized that, besides the mediator/negotiator skills, there was always "something else in the air which was of utmost importance, but hard to perceive." The energy present at certain moments did decide the outcome of negotiations. We all noticed these shifts in energy, which all of a sudden make everything possible or impossible. This is what I understand about energy work during peace processes and how healers can work together with the conflict partners and their mediators, negotiators and facilitators.

I did literature research and discovered that our ancestors had developed many forms of peace processes involving such things as rituals, truth and reconciliation, mourning rituals, sessions of silence, etc. I did also use guidance and channeling to generate new ideas or clarify existing ideas with the following inputs—have visions; take time and slow down the process; start with basic work, with the education; use femininity; define common rituals as a main part of the process; move from religions and political constraints towards spirituality and community; the peace process shall be declared as being a healing process; and the main task of the healer is to keep the energy required during the different phases of the peace process.

In my project, I combined these inputs that I received from guidance with the 4 dimensions of the Brennan Healing Science healing skills, (the 4 dimensions being the physical body, the Hara, the auric dimension and the core star) and used this combination to support all the phases of a peace process.

I realized the importance of Hara being omnipresent in all the phases of the peace process. Also the relativity of time became obvious. A conflict can last for years and even thousands of years, meaning that a peace process might also take time. What became clear is the fact that the healers, mediators and conflict partners are all part of a bigger picture, and that all participants will have to surrender to it. A peace process is a healing process. This paper comes to the conclusion that the healing work and the healers all over the world can play a central and essential role in the peace process, and in negotiations in general. If you can imagine it, then everything is possible.

"You may say I'm a dreamer, but I'm not the only one..."

continued on page 10

Year 4 Projects continued from page 9



Understanding Earth/Self Mutuality Through Sense of Place

Beth Miller BBSH '07 • Middletown Springs, Vermont

Using the tools of mapmaking and storytelling, I explore the mutual healing relationship of self and Earth with my clients. With Brennan Healing Science...as well as evoking the elements of earth, water, fire and air held in more indigenous

cultures...we can experience Earth within the 4 Dimensions of Humankind, and begin to live mutuality in Multidimensional Core Contact.

When I sit with a client, I balance my own energy field to hold that of the client, as I would in any healing. I then ask the client to bring forth where they live or a place they want to share. As the client calls forth the stories of the land and begins drawing their map, mutuality is known through the arising of the elements of Earth.

The client's energetic field begins to expand and move more into balance as Earth unfolds in the consciousness and energetic systems. An awareness of the elements and a relationship to them becomes apparent—where the client is in balance with these elements and where they are out of balance is revealed.

The earth element is known in the physical dimension through rocks, bones, teeth, soil, grass, leaf, skin...and aurically in the sense of depth, stability and groundedness when we are in balance with the earth element.

Water is known physically through dew, ocean, tears, saliva, mist, urine, lymphatic fluid. Aurically, when we are in balance with water, we know we are a part of all the movement of this planet, we are at ease in relationship and connection and with our fluid states of emotion. We see clearly as though through crystal water.

We know fire through the warmth of the sun and the spark of life in all living things, through metabolism, forest fire, the burning that creates heat and change, through the sparks of lightning and our nervous system. Here, aurically, we experience the ability to discern truth as well as feel inspiration, creativity and passion.

We know air through respiration and transpiration, the interchange that flows through everything on this planet. In balance we experience the vastness and wholeness which allows for flexibility and lightness of being.

Aurically, we experience healing in mutuality for ourselves by remembering our sense of belonging as we reconnect to our Sense of Place, to the matrix that is the dynamic, changing elements and qualities that we are made of. Healing in mutuality can be experienced by Earth in the energetic vibrations of love, awe, respect and reverence.

As the client tells the stories and connections, haric lines are drawn deep into the earth, and a Sense of Place is strengthened. The haric dimension is alignment with Earth, connection to life purpose, and action on behalf of life. When we are not oriented to this matrix, we become disoriented in our lives. We see this broadly within our culture as alienation and isolation, addictions and consumerism. When we strengthen and align our connection to Earth, we allow the energies of Earth to aid our intention and responsibility to be physical form. With haric alignment, we are

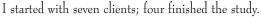
not at cross-purposes with our matrix and therefore action on behalf of life, for ourselves and Earth, has clear intention towards mutual health.

Much of what is revealed in this process of mapping is Core Essence. We have connected to ourselves, to our stories, to the deeper dimensions of our beings and, through intention, to the Earth itself. In the process of connecting to our own Core Essence by entering the dimensions of the physical, the auric, and the haric in mutuality, we have brought forth the Core Essence of the radiant Earth herself. Here, in mutual contact from Core Essence, from the divine source, we will heal together.

The Effect of Brennan Healing Science for Patients with Food Allergies Type IV

Freia von Schwarzenfeld, ND BBSHE '07 Berlin, Germany

For my Year 4 Project, I decided to verify the effect of Brennan Healing Science techniques, especially the restructuring skills, on clients with food allergies. For the survey which took place in my naturopathic practice in Berlin, I offered free healings to participants of this study.



To get comparable and measurable results, I worked together with a laboratory to decide which blood parameter would most accurately measure any change in the permeability of the small intestine. The permeability of the intestine is one of the most important changes in the allergic process, which makes it more and more difficult for the body to absorb the incoming substances.

We chose to use the LTT, which shows the reactivity of the t-lymphocytes which are renewed within the body in 14 days. It is possible to measure if and how much the t-lymphocytes are reacting to the food. In my practice, I use Applied Kinesiology and the muscle test for yes/no answers of the body. The client gets a little piece of each type of food into the mouth and I test the body reaction.

I also created a well-being questionnaire and a list of the personal symptoms. The client brought the completed forms to the first session at which I also took the blood and did the AK test. During the next three months, I had three to four healing sessions with each client. At the same time, they stopped eating the food they had shown reactivity to. To make the results comparable, I chose the 11 foodstuffs to which most people are allergic.

As I understand allergy and what can be behind the physical process, I focused the auric level healing on three major themes:

1. Boundary/Exchange

The gateway where the food first gets in contact with the body is the outer boundary, the skin. The inside of our mouth and intestinal tract, the gut mucosa, also is skin and derives from the same germ layer at early embryogenesis.

2. Nourishing/Self-Love

Why is it not possible to nourish the body in the way it is needed, even if all food is available and we have more then we need? What prevents us from nourishing ourselves? There is a part for each character structure.



3. Structure

The differentiation between the three tissue layers I experience as unclear. Because of the allergic inflammation process (histamine), the cell walls are less structured.

On the Haric Level, I experience a weaker Hara connection between the Tan Tien and the Soul Seat. This becomes visible in the life as an inability to bring the individual life task into manifestation.

On the Core Star Level, the self-perception of people with food allergies seems to be not so strong. Their beautiful creativity is held within. The presence of the Core Star within each cell was not visible in the beginning. The most impressing moment to me was that infusing the tissues with Unconditional Love created a chain reaction of the Core Star emerging within the cells.

For the final session, I tested all parameters again and the clients filled in the questionnaires again, without looking at the old ones.

The results are impressive. The survey shows a significant change in the reactivity to food:

- The amount of reactive food decreased approximately 20.7%.
- The T-cell reactivity decreased approximately 12.3% for all reactive food antigens.
- 34.5% less reactivity is shown to AK tested food.
- The symptoms improved by 52%.
- For all clients, it means an increase in well-being by 20%.

To get Brennan Healing Science work scientifically proven, a lot more effort is needed. I am grateful for the support I got from my clients, friends and colleagues and for the opportunity to share my work and passion.



Empowering the Creative Process: Piano Notes on Brennan Healing Science

Patti Okun BBSH '07 • Scottsdale, Arizona

In my search to create my life's passions and to express my gifts, I have been led to teach the playing and performing of the piano to adults in a way that reveals students' defenses and how they intefere with learning.

Through the integrated model of Brennan Healing Science—particularly utilizing

character structure—I've attempted to incorporate my unique healership into a method of teaching that empowers the student to reach levels of satisfaction, creativity, self-respect, and authentic musical experience. My years as a piano student encompassing over 30 years...a bachelor's, master's, and half of a doctorate in piano performance-pedagogy...have given me a wide range of experience in working with professors of varying strengths and weaknesses in terms of their approach to teaching.

I have personally suffered and grown as a musician and human being at the hands of these teachers. Through 20 years of teaching piano, I have discovered that by using the information healers obtain from a characterological perspective, we can enable students to move from defense to core star, thus realizing their potential. This empowerment of the student's creative process, compounded with the life force available to us when aligned with the 4 dimensions of humankind, produces the capacity to truly enter into our divine nature

Adult piano students come to sit at the piano bench in "frozen psychic time conglomerates" (Hands of Light). The images surrounding our original wound hold tremendous power, dancing around us in energetic defense patterns and characterological defense structures. Students that commit to a nine-month contract with me accept the responsibility of showing up prepared for their lessons on a weekly basis. This also entails performing in a studio class every four to six weeks in front of their peers, which is akin to group process in terms of ultimate vulnerability.

One never knows the outcome of a performance. This is the arena of humanity.

What becomes apparent to me immediately is a student's intentionality in terms of scheduling time for preparation. One cannot cram for a piano lesson. The physical skill of teaching our fingers how and when to move requires multiple sessions at the piano. Pianists have the singular opportunity to express many instruments at the piano, as they read and play many lines of music at the same time. Flutists, for example, read one line. A huge amount of discipline and patience is needed to decipher these lines horizontally, as well as vertically, when they appear as chords. Musically speaking, the horizontal lines provide the tunes of the music, while the vertical provide the instrumentation, which become a symbol for guitarists.

Once reading and coordination have occurred, the student must count, or learn, the rhythm. The dynamics or quality of sound needed is added, which entails being open to the emotion underneath the black marks of the page, as well as being able physically to produce this sound on the instrument. Finally, both feet must learn to pedal in order to blend the sound without blurring. By this time, I am usually able to assess what is hindering the creative process. Is it a lack of practice, coordination of all the processes involved, or characterology?

Teaching adult piano students requires many aspects of self-examination. A skilled piano teacher has learned the pedagological steps in the process, as well as the time and patience necessary, to put all of the steps together. The trained pianist understands the technical prowess that must be present, and whether or not the musicological and historic details have been applied. A fine musician hears the beauty and completion of musical lines and the greater picture they create when compiled. A mentor understands the giving and receiving of relationship. BHS Practitioners compound the process by adding "the witness" to the impeccable and meticulous attention paid to their own psych-spiritual development, as well as their students. At this point, not only are they witnessing themselves in the process, but they are including the process of their students.

Characterology, specifically applied, allows us to understand where each student holds back from their core essence. It is an honor and a privilege to be a piano teacher. I am fascinated with being a part of the wave of the creative process and having a sense of when it is time to move forward, and when it is a time of stasis or of contraction. The rewards are rich and many in experiencing the healing process with my students. Mostly, my gift is when my students have embraced their creative potential, and, with effortless intention, then create beautiful music!

Kahea Morgan Graduation Address continued from page 6

It is the foundation for everything. That magic *yes* has to eventually come from inside, and must arise from your heart. Your soul. Sometimes, to get started, it requires taking a risk and trying the words and posture on, even if you may feel foolish.

You won't for long.

Are you willing to take a chance now and give it a try? Graduates, moms, dads, spouses, partners, brothers, sisters, proud kids, and even teachers, join me and let's take a moment together to try on this magic:

"Yes! Victory is mine!!!"

Just to see how it feels.

Close your eyes, and visualize in your mind's eye completing some big task successfully. Perhaps it's mastery of a new skill. Winning a swimming meet or basketball game. Maybe you just beat Tiger at golf. Or your partner at tennis. Perhaps you just completed a demanding training program. Or maybe you've finally earned that college degree you've longed for.

Feel it in your body. Allow the jubilation of a job well done to flow through you. Breathe it in. See yourself making a gesture of triumph, like raising your fists in the air and shouting... "Yes! Victory is *mine!*"

Try on the actual physical posture and words of victory—now!

3. Be a beacon of light, and honor both your own greatness and the greatness in others.

Being a beacon requires slowing down and connecting with people. I mean *really* connecting with regular folks just like you did here.

Sometimes, this one is challenging for me, especially here where every hour is so fully packed, and the place is overflowing with my kind of folks—you! I consciously focused on doing this here during Classes 4 and 5. What a gift! Pleasure and gratitude filled me.

Slow down. Stop. Breathe. Perhaps even take a chance and sit, even if it's for only a few minutes.

Did you know that people feel seen and heard at a deeper level when you are both sitting? Connect, listen, and receive the other. That is all anyone really wants anyway—to be seen and received just as they are. You each hold a tremendous amount of light and consciousness. Don't underestimate the impact of your presence, even if you don't say a single word.

Year 4 graduate, Wim, reminded me last class that sometimes, being a beacon of light is all it really takes.

As each of your classmate's names is called this afternoon...as they walk this stage to receive his or her diploma...listen deeply with all of your senses. A person's name is not a label but a portal into their unique life journey. On the other side of the portal lie the hopes, love, pain, joy, wisdom, laughter, and greatness of a magnificent soul. Breathe in their essence. Allow the pleasure of the time you've spent together to flow through you.

Open your heart. Receive their greatness. And radiate to them your *own*.

4. Get comfortable with living in the leap and take those necessary giant leaps of faith.

Certainty is a human need, and we also need *uncertainty*. We may hate it, but if you knew for certain what will happen tomorrow...

and the next day...and the next...

Where is the adventure in that? How *boring* is that!? Keep yourself engaged and interested in your life.

Joseph Campbell said, "There is no security in following the call to adventure. But nothing is exciting if you know what the outcome will be."

Did you have any idea of the depth of the BBSH adventure when you first embarked on it? If you did, would you have still jumped on the ride? Was it worth it?

Continue to take risks. Follow your guidance, even if it makes absolutely no logical sense. You have the energy tools, the consciousness, and each other. Don't let fear stop you from doing *anything* your heart demands.

5. Lastly and most importantly, contribute to something beyond yourself. Let your calling touch *others!*

The world needs you. Live big. Live fearlessly. Live with a passionate heart. Dream big. Imagine big.

Guy Marguerat, a new graduate, touched and inspired me a few weeks ago with a reminder that we can do a small piece of making a big difference *now*...together...because together, we are a force. We are also a global community with a global purpose.

Join me now, with your compassionate heart, your expanded consciousness, and your positive intention, and imagine with me...imagine with the BBSH community and your new colleagues of BBSHE...a world where we can put political agendas aside and imagine that there is no need for greed or hunger. Where there is a brotherhood of man. Imagine all the people sharing in all the world. Let us dream big together. Imagine big together. We are a powerful community. Let us imagine together that perhaps one day, the world will live as one.

Imagine by John Lennon

Imagine there's no heaven. It's easy if you try. No hell below us. Above us only sky. Imagine all the people. Living for today.

Imagine there's no countries. It isn't hard to do. Nothing to kill or die for. And no religion too. Imagine all the people. Living life in peace.

You may say I'm a dreamer. But I'm not the only one. I hope someday you'll join us. And the world will be as one.

Imagine no possessions.

I wonder if you can.

No need for greed or hunger.

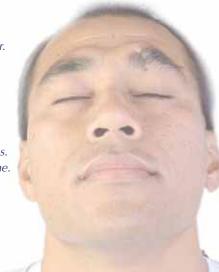
A brotherhood of man.

Imagine all the people.

Sharing all the world.

You may say I'm a dreamer. But I'm not the only one. I hope someday you'll join us. And the world will live as one.

©Lennon Music



Invite an FBHS Workshop Leader to Your Area

It's easier than you think!

—by Lisa Boris, Manager of Academic and Adjunctive Programs

We're in the midst of another successful year of Fundamentals of Brennan Healing Science (FBHS) Workshops. In fact, 54 have been scheduled throughout 2007 thus far. I'd like to remind all our graduates that you have a standing invitation to welcome an FBHS leader to your area to hold a workshop.

Contrary to what you might think, it's actually very simple, and does not have to involve a large commitment of your time. Here's all you need to do:



- Contact a leader. If you know a specific workshop leader you'd like to invite to your area, feel free to contact them directly. If not, you may contact me in the BBSH office. (I can put out "feelers" to the workshop leaders to see if someone is available to hold a workshop in your area.)
- Determine the dates that the FBHS leader is available to hold a workshop. Once you have a specific timeframe in mind, you can either assist the leader in finding a suitable space, or provide them with information on some places they can contact directly. And, just so you know, the workshop leaders collect registrations and all payments—you don't have to worry about this.
- Spread the word of the workshop to everyone you know!
 Most leaders handle their own advertising and will provide you with flyers you can post and distribute locally.
- Attend the workshop and have a wonderful time connecting with those in your area who are interested in Brennan Healing Science! In fact, an FBHS workshop leader recently told me that he was contacted by a graduate to hold a workshop in her town, as she was fairly new in the area and was interested in connecting with people who shared the same type of interests. What a great way to connect to your community while spreading the word of Brennan Healing Science, generating interest in the Schools, and advertising your individual practice!

That's pretty much all you need to know and do—and you could have a workshop planned for your area in no time! Just think of how Brennan Healing Science has changed your life, and how many more lives can be affected and enhanced as well.

We have many FBHS Leaders who are ready, willing and able to hold workshops all over the world. And, speaking of worldwide:

We're very excited about our upcoming workshops being held in Australia! In helping promote BBSH, BBSHE, and especially our newest school, BBSHJ, Jo Anne Koenig and Nancy Christine Navarra will be trekking across the eastern seaboard and holding five FBHS workshops in the following areas—Adelaide, Melbourne, Gold Coast, Sydney, and Albury-Wodonga. We've received some great feedback from eager Australians who are delighted that BHS is finally coming their way!

Special thanks also go to Misa Kamiya and Hidetaka Itoh, whose dedicated efforts in organizing workshops in Kanagawa, Tokyo and Nagoya this year have helped promote BBSHJ. In conjunction with several Informational Talks and Expos, these events have all resulted in expanded awareness of our new school. (Again, thanks to Misa for her graciousness in presenting these Info Talks.)

If you have any questions about FBHS workshops, please contact me at **lisa.boris@barbarabrennan.com**. We're looking forward to bringing Brennan Healing Science to *your* city!

Below is what's scheduled (so far) for the remainder of 2007.

Remember—we are continually adding new workshop locations.

To ensure the most current listing and for specific details, check the Global Events Calendar on our website frequently.

August 4-5 Nagoya, Japan August 5 Tokyo, Japan August 11-12 Adelaide, Australia August 17-19 Boca Raton, Florida August 17-18 Kalispell, Montana August 18-19 Melbourne, Australia August 24-26 Montrose, West Virginia August 25-26 Gold Coast, Australia August 25-26 Los Gatos, California

September 1–2
Sydney, Australia
September 7–9
Ludwigshafen, Germany
September 7–9
Quebec City, Canada
September 7–9
Greensboro Bend, Vermont
September 7–9
Santa Fe, New Mexico
September 8–9
Albury-Wodonga, Australia
September 8–9
Paris. France

September 6–9 Albury-Wodonga, Australi September 8–9 Paris, France September 15–16 Eden Prairie, Minnesota September 28–30

Gatineau, Canada

October 5–7
Bordeaux, France
October 13–14
Miami, Florida
October 19–21
Erfurt, Germany
October 19–21
Sarasota, Florida
October 20–21
Wheaton, Illinois

December 14–16 Traunstein, Germany

November 16-18

Montreal, Canada

Cindy Tzerman Graduation Address continued from page 7

Well, my beautiful class. It may be that our four years at school are ending, but this container is so not limited by space and time. It is a container we have forged in all of our beingness, in all of our dimensions; it contains our soul's imprint.

It has simply served its purpose in this configuration. For in all of those moments in which we have been held here, touched here, witnessed here, reflected here, loved and nourished here, we were filling the container with light. Our own light.

What is this sacred container? It is the mandala of our love. It is the container of love and acceptance out of which we have emerged with the ground of our being—a place we know we can always go and always feel safe. No one can ever take this away from us.

This container is our home and we are taking it home. A piece now belongs to each of us, and so does the whole. And in this grid of our wholeness, every part of who we are is worthy of love:

Even the most needy. The most vulnerable. Our biggest failures. Our greatest shames.

Let's remember that.

And let's not forget our light, and the joyful, exquisite pleasure of our light—our soul's hunger for it. It too is worthy of love.

And there will be times when you will be judged in your light; maybe even because of it. Let your container of love and acceptance hold you.

And let's remember this sacred container as we move our healership out into the world.

As we hold our clients, let's remember how we were held, and how we came to see and know ourselves more lovingly through the love and acceptance of others. And how we sometimes need others to reflect our light, before we can see it ourselves.

The vibration of love and acceptance has such a powerful resonance. It's certainly my favorite example of harmonic induction and one we have come to know firsthand.

No, we are not leaving this container. It's simply time to expand it. We are ready.

We've learned the meaning of healing through the preciousness of this container—through our daringness to be human, and through our risking humiliation. And because of this, as healers, we can now offer more of our humanity, more of our humility, and more of our hearts.

Thank you. I love you all.

Rodolfo Felix Graduation Address continued from page 7

God is there, has *always* been there, and always *will* be. Do not be afraid. Simply let yourself love.

And then, you will realize it wasn't you who care gave, but who was care given.

That it wasn't you who cried, but who was cried.

That it wasn't you who loved, but who was loved.

What I learned from my class:

I learned what it is like to be loved...not by what, or who or how I am, but simply...to be loved.

I learned that honesty and courage are deeply appreciated, even though it may sometimes not seem that way.

I learned that having a friend is better than no friend, having an ally is better than having a friend, but the best of these is having an ally who is also a friend.

I learned that a hallway can be for walking, but even better, it can be for hugging. And that multihugging is even better than multitasking.

I learned that an open heart takes you forward so much more than an open mouth.

I learned that the greatest gift of all is to be listened to.

I learned that there are many kinds of accents, but only one kind of love.

I learned that I can be who I want to be and still be seen for so much more than that.

I learned that anger, fear and sadness are not things to hide or be ashamed of, and that only by showing them can I go through them. And that the easiest way to do it, if there is such a thing, is with a friend by your side. Or sometimes, covering your back.

I learned that sitting in silence with a mate is just as important as a nice, long talk by the pool.

I learned that in settling our differences lies our power, our strength, our heart.

I learned that to feel perfect, I have to accept my flaws and my quirks.

I learned that I don't need to do everything by myself, that asking for support doesn't make me weak—it strengthens my soul and gives me resolve.

I learned that the best healing you can give is not determined by your ability to use your hands, but rather by if you can keep your heart open.

I learned that some things don't change with age, such as your core qualities, the need to be loved, touched, or refusing to do your homework.

I learned that juice is not only something you drink, but something you are.

I learned that I don't *need* to be loved, accepted or appreciated by others. But that when I am, it is the cherry on top of my sundae.

I learned that if I stop trying to get attention and start giving it, then I get it.

I learned that sexy is a state of being, not a state of mind.

I learned that forgiveness is not something you do, it is something you are.

I learned that the best teachers are the everyday nuances, the things that either annoy you or amuse you.

I learned that you're a much better dancer when you're happy, sad or angry...and honest about it...than when you're anxious for approval.

I learned that the most special thing you can do for someone who is special is to make them feel normal.

I learned that God is not *a* word, but *the* word. That He is not "someone" who loves me, He *is* love.

I learned that language differences make things difficult, but never impossible.

I learned that dramas, whether in English, Spanish, German, Japanese or any other language, are always incredibly boring. And hearts, whether in English, Spanish, German, Japanese or any other language, are always incredibly *beautiful*.

I learned that it takes a good friend to let you know if you screwed up, but it takes a really good friend to clean snot from your nose and cradle your head in their lap for 3 hours.

Thank you very much. I love you all.



Class 5:
Wed. June 11
thru
thru
Sun. June 15, 2008

Class 4:
Wed. April 23
thru
Sun. April 27, 2008

Class 3: Wed. Feb. 6 thru Sun. Feb. 10, 2008

Class 2: Wed. Dec. 12 thru Sun. Dec. 16, 2007

Class 1: Tues. Oct. 30 thru Sun. Nov. 4, 2007

Miami, Florida

BB2H

Class 5: Thur. May 1 thru Mon. May 5, 2008

Class 4: Wed. March 5 thru Sun. March 9, 2008

Class 3:
Wed. Jan. 16
thru
Sun. Jan. 20, 2008

Thur. Nov. 8 thru Mon. Nov 12, 2007

Class 2:

Class 1: Tues. Sept. 25 thru Sun. Sept. 30, 2007

Bad Neuenahr, Germany

BBSH Enrope

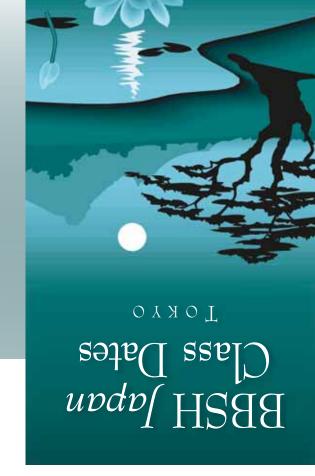
Class 5: Sat. May 10 thru Wed. May 14, 2008

Class 4: Sat. March 15 thru Wed. March 19, 2008

Class 3: Sat. Jan. 26 thru Wed. Jan. 30, 2008

Class 2: Sat. Nov. 17 thru Wed. Nov. 21, 2007

Class 1: Thur. Sept. 13 thru Tues. Sept. 18, 2007





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