



BBSH® InTouch

The Newsletter of The Barbara Brennan School of Healing®

Issue 23-Spring 2006

World Service

From Barbara Brennan:

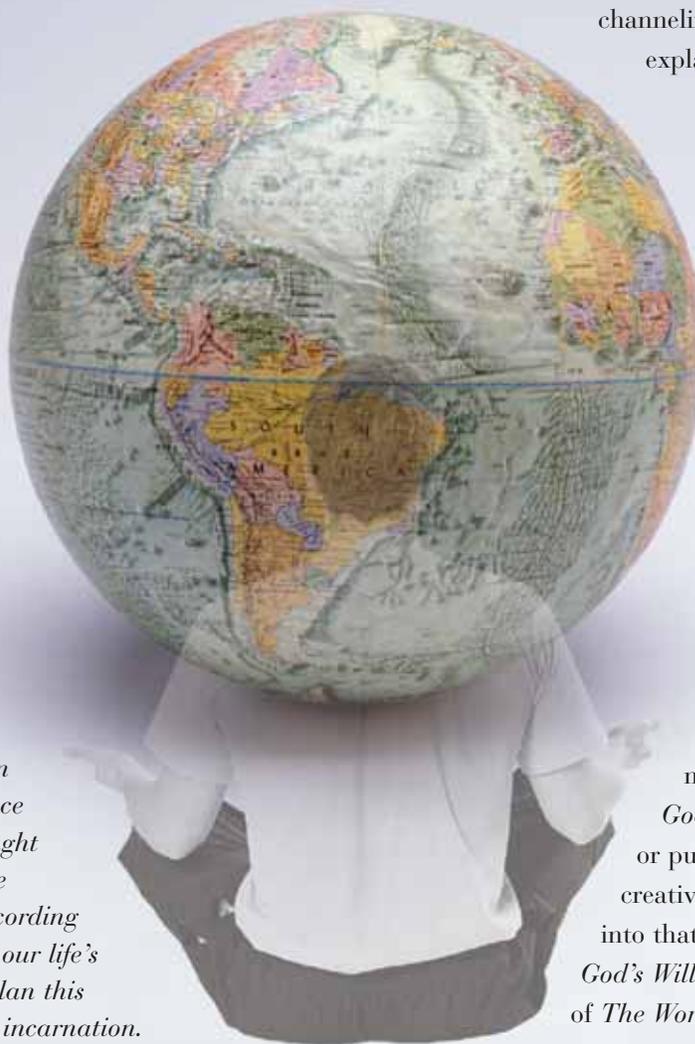
God's Will

Dear Graduates and Students,

I started what I would call selfless work, or service, many years ago. To me, service is doing God's will as it comes through my life's plan, whether I get paid for it or not.

Ultimately, I do not believe it is about money. It is about dedication, steadfastness, being there, and giving what is needed when it is needed.

It is about being in the place we ought to be according to our life's plan this incarnation.



I have been most interested in the Heyoan channeling lately that offers a clearer explanation of *God's Will*.

Many religions all over the world speak of *God's Will* in rather harsh terms of what you must do to follow it, and what awful things will happen to you if you don't. Heyoan has emphasized over and over that this is not the case.

Heyoan says that humans have projected their misconception of will as a forcing current of power over others to make others do what they want. Heyoan's view of Divine Will as an alive, ever-evolving, ever-unfolding, precise template for all things is a much more benign experience of *God's Will*. It does not force, demand or punish. It simply is a part of the creative process. It is something to synch into that can be found in your life's plan. *God's Will* is intimately fused with the idea of *The Word*.

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God's Will *continued from cover*

Your Creative Process

*Every thought, every action, every word
is the divine word.
Even when it comes from you
and speaks duality,
every word is the initiator of a creation.*

The Fruition of Your Words

*In the beginning were your words.
Your words are divine creative sources.*

*Your words are coming into fruition.
You can trace every experience in your life
back to a word that you have spoken, thought
and believed in while you spoke it.*

*Through this process of initiating creation in the physical,
you learn how creation works.*

Karma

is a term misused by most everyone these days.

*Karma is not punishment.
Karma is simply a name
for the fruition of the creative process.*

*You will witness and live
the results of your beliefs, words, actions and deeds.
These are your greatest learning tools.*

*You have already set them in place
to be experienced in your life,
as shown in your life plan.*

*Life plans can be depicted to a certain degree,
through astrological charts and transits
depending on the level of spiritual understanding
of the individual that is interpreting your chart.*

Believe in Yourself

*Believe in yourself, your desires and your sacred longing
that you have come here to fulfill.*

*You have come to slow down the creative process
as it works through the physical
so that you can learn it.*

*Part of this learning process is to discover
that you don't know how to handle it.
The more you learn how to recognize
your irrational and emotional reactions,
the more you will be able to trace
each experience that you do not like
to your having split your creative current
as it comes through you.*

Free Will

*You have been given free will
as your most precious gift of learning.
The benign abundant universe will not act
until you have asked for what you want
by initiating your creative process
through your free will.*

*Thus the only things between you
and the fulfillment of your desires
are your inner splits
that you hold in a triad or in duality,
that then go back to your mistaken beliefs
about how the world works.*

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Global Healing Association:



A Tribute to Humanity

—by *Inde Olechnowicz '05*

Global Healing Association, A.C. was born from a dream. It was July 26, 2004, when in a dream I saw the earth and beside it, a huge wave that occupied almost a third part of the earth's size. The wave came from the east. This vision was so real that since that moment the image remained in my mind.

Exactly six months later, on December 26, 2004, when the tsunami in Indonesia shocked us with that incredible strength of nature, my soul was shaken, inspiring in me a deep love for humankind, a love I had never before experienced. I was in shock for several weeks.

The TV broadcasts showed in the eyes of the survivors the suffering, despair and enormous confusion. I was experiencing the same feelings and asked myself, "What is this pain that I feel? Why am I living this tragedy so vividly, if nobody in my family and none of my friends are in Indonesia?"

Some days went by and my intense feeling did not decrease. On the contrary, I felt a stronger pressure in my heart when those scenes came to my mind.

My heart and mind worked together to take me to a limit unknown by me until that time, a place where I was contacted by a force that led to determination, without understanding where I could use that energy, that strength.

Very slowly I recovered control and began to think a little more clearly. I talked to myself and heard myself say, "I was not one of the victims of the tsunami and fortunately was not in need of help. Maybe my role is to *provide* that aid. Or should I remain indifferent to the facts?" When the idea of remaining indifferent emerged, my heart responded by beating very hard, and my head felt so warm that sweat ran along my neck. In that way, through the response of my body, I realized that being indifferent to the events was not a feasible alternative for me.

That was when I decided to write Sherry Pae and Laurie Keene. When I told them about the idea of incorporating an association that could provide therapeutic support and healing in the event of natural catastrophes, Sherry said, "This has been a dream of mine and of so many others." Once again, my heart answered before my mind. That was when I realized the Global Healing Association could become true.

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A beautiful 4-day-old baby born the day after Hurricane Stan...held by María Teresa. María is a puppeteer artist and a teacher, who answered the call made through radio stations.

In Chiapas, she worked with the children through metaphors, teaching them how to create beautiful designs with objects found in the earth.

Global Healing Association *continued from preceding page*

The Art Project I presented in BBSH Class 4 expressed the idea of an organization to provide therapeutic support in the event of disasters experienced by humans. My mind only had the idea as a remote possibility.

I remember I was afraid and even ashamed, because I felt I was there alone with my illusion, and felt as small as a grain of sand facing a project with human purposes. That week, I did not even *think* about looking at the little notebook I had left beside the art project, to see if someone had left any comments or remarks. At the end of the week, when my friends and I went to pick up our works, I was surprised to see that *more than one hundred people had signed their names...* showing their interest in participating in the association.

Two months later, the week before graduation, Barbara, during the channeling, said, "We bless the Global Healing Association."

That, I felt, was the green light that said, "Go ahead!" And so I did.

On October 1st, 2005, with the support and total participation of my daughter and BBSH classmate Arlen Solodkin, as well as classmate Yolanda Garcia, we opened our doors. A month later, we were supporting our brothers and sisters in Chiapas, Mexico after the disaster caused by Hurricane Stan.

In order to have specialized therapists join us to form the support brigades needed to go to Chiapas as fast as the situation required, the first step was to pray with great determination, while we worked aligned with our purpose. Within two weeks, 20 radio stations agreed to support us by giving us airtime to promote our mission and appeal to the hearts of people to join our campaign.

In Chiapas, we worked in the communities where people had lost all of their material belongings, and in some cases, their family members.

One of the most intense experiences I personally lived was when, after several days of intense work, I was giving a healing in which I had to attend to several patients at the same time. As there were many patients, and we were



Pedro lives in Huhuetan, a small town where the river devastated the sowing of bananas. Healers are working to stabilize his energy field

"just a few" healers, I prayed to God, saying:

"We are doing all we can...and you have to do the same."

In that moment, two vortexes were opened before my eyes, which joined the patient's third chakra. One led upwards, beyond the seventh chakra. The other downwards, beyond the point where the patient's feet were.

And then, nine couples of healers appeared, one on each side of this single patient. I was even more impacted when I saw they were wearing the same aprons with the logo of GHA that we, the therapists, were wearing.

From that moment on, the energy was so strong that we started giving healings to big groups.

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Some of the members of our brigade who arrived in Chiapas with the mission of "reconnecting" people with the longing of life.

The group was comprised of a healer from BBSH, three specialists in alternative medicine, a Homeopathic Doctor from Cuba, two specialists in disaster rescue, two photographers (one from Mexico and one from Russia), six psychologists, a businessman...and a puppeteer artist and teacher!

Inde Olechnowicz from BBSH is in the middle, wearing a brown hat.



Healing Tsunami Trauma

—by Lucia Ribas Ferreira, '96

It was June of 2005 when we, a group of eleven international Trauma Healer volunteers (Somatic Experience Practitioners), arrived in southeast India to offer treatments to tsunami survivors from thirteen fishing towns along the coast. We found the affected areas already clean from debris, and people were installed in temporary houses... mostly made of coconut and palm tree branches. Many medical teams from different countries had already passed through, providing help with physical problems.

We worked with people with symptoms that prevented them from coping with the new life they had to face. Their towns were washed away and their families were destroyed, with many losses of very dear ones.

News of our work quickly spread by word of mouth. Residents knew that we were not providing medical or financial assistance. Every morning we would jump into the van, stop to pick up the translators, and go to a town on the coast. When we arrived, we would settle anywhere that was protected from the sun and 42°C (108°F) heat. Soon, long lines of people would form: fishermen, housewives, and mothers bringing their children to receive help.

The majority of people had symptoms like weakness and pain in their legs and arms, dizziness, headaches, depression, unwillingness to live, and eye problems in which everything was turning dark. Many children had constant nausea and nightmares. Although many of the people had similar symptoms, each needed a different approach to help release the huge amount of energy frozen in their bodies during that moment their lives were suspended.

We also worked with orphaned children of the tsunami in orphanages specially organized for them. Usually, the caretakers would relate that the children were “fine,” without any problems, but after a few minutes of playing a game where we moved a big colored cloth as a wave, many of the kids experienced headaches, nausea, weakness and stomachaches.

We would then work with them individually.

Throughout the whole time the healing work was just flowing through me...especially the work with small children and babies who were unable to describe their symptoms... I felt so much gratitude for my BBSH training, for the great tools, understanding and guidance that I've received.

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I noticed that most people I worked with had their tan tiens dislocated or shrouded. So, often the first thing I was called to do was center or restructure the tan tien, reconnecting the person to the earth, and then go on to treating the specific symptoms.

In the beginning, I was not sure if going to a new town every day was the best way to help, instead of staying in one town and treating everyone that needed help there. The answer to that doubt came to us in the second week of work—when we heard that one fisherman was able to go back to sea the day after he was treated, and that two days later, three more fishermen were with him.

Women who had been depressed and without energy were now better and bringing this new energy to neighbors, friends and children, starting a new organization in their village.

So the work was reverberating through the ones with whom we had worked. This was *very* good news!

Before we left, we arranged for the translators to follow up on those people we had treated. The initial findings from the follow-up survey, four weeks after the treatments, indicate that a majority of those treated (85%) were reporting significant relief from their symptoms...well exceeding our expectations.

Because *all* families had lost dear ones, we also saw new families being *formed*, like that of a fisherman I worked with. He and his wife had lost their three children and were adopting a neighbor girl who had lost her whole family. We heard many stories of this taking place.

The work was immensely rewarding by itself. Each story was a heartbreaking one, and what really held us was the heart connection with each person, besides the love and gratitude with which we were all treated. People's readiness to totally open themselves was awesome. The experience was very intense and strong for all of us healers.

We knew that what we were doing was a just a drop in

an ocean of despair and losses. And the way people thanked us was so intense...for the little we could do...that we felt lucky and privileged to be there, meeting them on such a deep level, and learning so much *with* and *from* them.

We all came back from India feeling gratitude and a great love in our hearts.

There are so many stories and feelings to share. Here is a little taste of it all:

A woman brought me her nine-month-old nephew whom she was adopting. The baby was three months old when the tsunami struck. The parents, who were both killed, had placed him in a drawer, and put the drawer in the top of a closet. The drawer floated away in the waves.

Seven hours later, the baby's brother found him hanging by his T-shirt on a tree branch, a kilometer from the destroyed house.

The infant had been having a constant low fever ever since, with high peaks about twice a month. His aunt had repeatedly sought medical help for his condition, but was told there was nothing physically wrong to explain it.

When I felt his field, besides the torn tan tien, I found his lungs were very heavy with what felt like a lung infection. (He probably swallowed a great deal of dirty and infected sea water.) Although I knew the doctors had not found anything wrong in the physical body, I cleaned that stuck energy from his lungs, which went from being heavy to light, and he started to breathe better.

I also found broken lines of energy in the back of his neck, maybe from when he was hanging from the tree for so many hours—probably with his head hanging to his back. As these lines started to be restructured, he started to laugh! His aunt was surprised, and said that it was the first time she had seen him laugh since the tsunami.

His eyes and face then became more soft and relaxed.

At the orphanage, I saw a one-year-old girl on the lap of a caretaker. She was found hanging inside a fishing net on

“The work was immensely rewarding by itself. Each story was a heartbreaking one, and what really held us was the heart connection with each person, besides the love and gratitude with which we were all treated.”



a tree—*three days after the tsunami*. Her whole family had died, and we think that the father, a fisherman, had rolled her up in the net and hung her on the tree during the wave to protect her. The caretakers said she was fine and seemed like a happy kid, always laughing. I wanted to check how her first chakra was functioning after three days of hanging in a fishing net, without water, food, or being able to move her body.

I approached her and she made eye contact, but she did so very quickly. She was also very jumpy and always “laughing.”

I put the palms of my hands underneath her feet, to feel her connection with the ground. She squirmed very strongly away from my hands, not allowing her feet to be touched. I made contact again with her eyes, which were very quick, looking everywhere, and put one of my hands on her sacrum bone.

Again, squirming away with her pelvis, she turned around on the lap of the woman carrying her. I put my intention in my tan tien, made eye contact with her again, asking permission, and went into her displaced tan tien. She began to move away, and then, she suddenly stopped, became quiet, and looked into my eyes in a very intense way.

I felt at that moment that she was coming back to her body and was very surprised. After centering her tan tien and reconnecting it with the soul seat, few lines of energy were restructured in her whole spine. She kept quiet, looking very intensely into my eyes. I worked to connect the first chakra and the legs, until I could put the palm of my hands on the soles of her feet and she wouldn't move them away. I began to move my palm with her foot and leg up, each leg at a time, playing and singing to her. She permitted this, and in a few minutes, she was pressing my hands with her feet, first very subtly and then with much more strength, still looking deeply into my eyes.

I played a little more, stabilized the energy, took her hands, said goodbye, and sat down 30 yards away from her to wait for the bus. A few minutes later, she again

looked very directly at me, and when the bus came and I waved good-bye, she waved back...smiling.

An old woman approached me, totally collapsed, with no energy or light in her eyes. She said she no longer had any will to live.

On the day of the tsunami, she and her husband had gone to another town. When she arrived back, her whole family was dead—her sons, grandchildren, brother and sisters, in-laws...everyone was gone.

Her husband and she were the only ones alive.

She shared her thoughts about regretting not being taken by the waves. She was the oldest one—she was supposed to go *first*. Now, she had nothing to live for, and she wanted to die. She felt no energy at all, no strength to hold anything in her hands, or to walk.

What bothered her the most was a strong and deep pain in her chest which wouldn't allow her to take more than short breaths or move her arms. She said it was not physical—she had taken the many painkillers the doctors had given her, and they were useless.

We worked her mourning through the chest pain; she said she was crying for the first time. Then I worked with her legs and feet, and after she was able to walk with strong steps on the ground, we were engaged playing with our hands, palm to palm, moving our arms from slow and micro movements until she was able to move her arms out, with stronger movements, opening even more of her chest.

And suddenly her face totally opened in a smile.

I asked the translator what had just happened. She said that for the first time since the tsunami, the woman was not feeling the pain in her chest. We played a little more, and then she talked about the children of her neighbor who had lost his wife:

They were very lost, and now the old woman had the idea that maybe she could help take care of them all.

She was now feeling she had the energy to do it.

For a photo essay of the trip focused on treatments, go to:

<http://indiaTsunamitrip.smugmug.com/gallery/712185/1/34349726/Medium>

“We all came back from India feeling gratitude and a great love in our hearts. There are so many stories and feelings to share.”

Lucia Ribas...touching lives in a far-away place, but having her life touched as well, in a very special way.



From the Barbara Brennan School of Healing *Europe*

Barbara Brennan International, Inc.

—by Laurie Keene, BBSHE School Dean • BBSH/E Year 1 Dean

Because Class 2 in the U.S. is held in December, we celebrate with a school holiday party. When this tradition began in 1995, we started with urns of homemade chai, a piano, and a desire to be together.

Back in those days, Chris Sarubbi, Alix Young (as she was called then) and a few others would sit in my room for hours, counting out cloves, cardamom, ginger and cinnamon for the chai. The following day, Bonnie Allen would tend the chai and I would go to taste and adjust it while it brewed. Sometimes Michael Spatuzzi would help with the spice adjustments.

Phyllis Lehman took over decorating the ballrooms by cutting out large paper “windows” and inviting the students to create painted mosaics. Carol Maher played the piano, Michael Mervosh strummed his guitar, Priscilla Bright brought her drums, and Joy Adler led us in songs from around the world. We had a really good time and it became a beloved school tradition.

Years later Laurie Thorp came on board to help organize

this annual event. When Laurie and I started planning the December 2004 Class 2 party, we were informed that our current venue would not permit us to decorate the ballroom or make our chai. We felt like we had just encountered the Grinch That Stole Christmas and our enthusiasm began to fade. As we searched around for ideas...neither of us really having the heart for it...she suggested we make cards.

“For whom?” I asked.

And as I asked the question, a friend surfaced in my mind. He had helped start an orphanage and school in India called St. Patrick’s for the Dalit children (the “untouchables”). I told Laurie about the

The Creation Process!

The Food Hall at St. Patrick’s orphanage, where meals are eaten in silence after prayer.



orphanage and said, "Let's make cards for the children." We both loved the idea, and we knew in that moment that indeed all was in divine order.

The hotel's restrictions had prompted an even brighter creation!

Laurie contacted Father Ben (who co-founded the orphanage) and got each child's name so that all could receive personalized cards. We also knew that these kids didn't have much. We decided to ask if people would like to contribute a dollar for each child so that a book or toy could be purchased for them. The orphanage had 80 kids, so our goal was to raise \$80.

When we presented our idea to the students and teachers, everyone got involved. By that evening, there was a table full of cards and over \$1,000 for the children. I was so happy! My personal celebration of Christmas was complete.

Phyllis organized the cards, and Laurie made sure Father Ben got the check. Later, we heard the money was spent to buy each child a new blanket, a book and a big holiday feast.

In January 2006, I shared this story with the students at BBSHE. They got excited and decided to paint T-shirts for the children. Andrew "Sam" Newman, who last year was a Year 1 student, spearheaded the project. Then, during a trip to India last summer, he went to visit the orphanage.



Here is his story.

Andrew: *In an amazing Year 1 creative arts class, the whole class dropped into the energy of Love. The room filled out like a big fluffy pillow...soft, warm and welcoming...and then we reached for the crayons and allowed ourselves to draw our experience. After the class closed, I was sitting with my free-flowing picture of Love and turning it to look at it from every different perspective. My classmate, Wibke, simply took it and put it on my chest and asked, "How does it feel?" Within hours, the idea was born that if we could paint T-shirts while holding a feeling of Love, we could pack them up and send them to the orphanage in India.*

A simple gift. A Big Box of Love.

So, that's what we did. Nina, Gina, Wibke and I aligned and held hara for the project. We came together in a beautiful ceremony to co-create the first T-shirt, and it was this T-shirt that I preciously carried with me around India, and hand-delivered at St. Patrick's.

My amazement in this journey lies in the way it so effortlessly unfolded. I had no idea I would be travelling to India when I started the idea of painting T-shirts. I simply knew there were children in need, and that we had a way to add to their happiness. A way that was fun, creative and rewarding. I could never have anticipated the vastness of that reward for me.

[Andrew's Journal Entry: July 27, 2005]

It's hard to capture the awesomeness of today. I arrived at St. Patrick's on the last day of my two-month trip. I was greeted by a formal procession of 80 children. There was marching, exercise routines, traditional singing, a short play, a cadet-style inspection, march-by and salute, formal and informal introductions to staff and students, and a chance for me to sing an African song. It was altogether amazing, so very precious. I held back tears in many moments of humble awe at the steps of the journey that brought me to this place. My steps. From BBSHE, the tsunami, the T-shirt painting, God, Surrender, and India.

It's an awesome blessing that I have received in love.

It is December 2005 as I write this article, and we have just had our holiday party in the U.S. Once again, it included making cards and sending a check to the children at St. Patrick's.

We are blessed.

Love...Laurie Keene

Contact Information: www.dalitsolidarity.org

\$200 feeds, clothes, educates and accommodates a child for one year at St Patrick's.

Sam (far right) watching a traditional Indian dance of celebration.



Fifth Free Energy Healing Clinic Held in New York City

—by Elizabeth Barrett '00

On September 17 and 18, 2005, BBSH graduates held the fifth free Energy Healing Clinic in New York City.

This public awareness and outreach clinic was initially created in December 2001 as a holistic healing response in the city to the 9/11 attacks on the World Trade Center.

At least once each year, we offer this clinic in service to New Yorkers. We rent the entire New York CORE Center office for the weekend, which has a waiting room, seven private, soundproofed therapy rooms, kitchen, and a large group

room to serve as a healers lounge. Our fellow BBSH graduates, faculty and students worldwide donate funds for the rental of office space through The Foundation for Integrative Healing.

We estimate the services offered through this clinic represent more than \$12,000 in value donated each year.

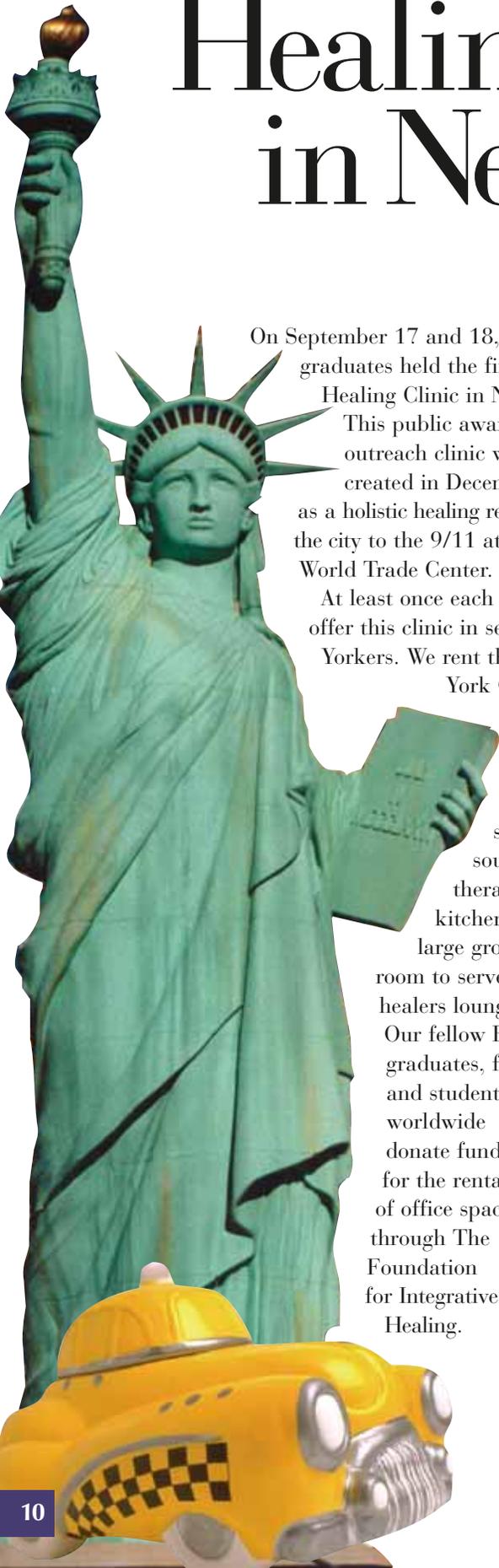
Results for September 2005

- Over 100 clients requested sessions in advance. We were filled to capacity with advance bookings and started a wait list.
- 74 client sessions were completed.
- 16 BBSH graduate healers volunteered from 5 states and 9 different graduating classes.
- 2 BBSH student interns helped with administration.

The results of our healing work were immediately visible. Each client looked different as they left the clinic—more relaxed, calmer, more radiant—than when they came in. Clients are always amazed by the quality of the Brennan Healing Science work, and write wonderful feedback comments for us each year.

Some of the many BBSH Healer Volunteers

Back row (l to r): Sandy Neville '02, Elizabeth Barrett '00, Fabienne Heymans '02 AS '05, Hannah Reich PS4, Karel Bodamer '95
Front Row: Georgia Haneke '97, Carol Kulig '95, Thomas ("T.C.") Ayers '97



I would like to thank the following healers who volunteered and whose excellent work made this year's clinic such a wonderful success:

Esther Usai '01
Managed client intake and scheduling
Thomas Ayers '97
Managed healer recruiting and coordination
Karel Bodamer '95
Lila Helu '97
Georgia Haneke '97
Fabienne Heymans '02, AS '05
Catherine Karas '88
Jane King '00
Carol Kulig '95
Natalia Kuzyk '05
Lisa Marcus '04
Diana Muenz Chen '93
Sandy Neville '02
Asha Scatchard-Chaney '00
Rich Strilowich '02

Student Interns

Julie Baker PS2/'08
Hannah Reich PS4/'06

NYC Outreach Cumulative Results: 2001–2005

- 354 Client sessions offered; clients ranged in age from 9 to 78 years old
- 49 BBSH grads volunteered
- 6 BBSH students volunteered as administrative assistants
- Healers represent 12 different BBSH graduating classes, 3 TT/AS classes, and 2 future graduating classes—PS4/'06 and PS2/'08
- Volunteers have travelled from 8 states (NY, NJ, CT, PA, NH, VT, RI, MD), Washington, D.C., Switzerland and Bermuda to participate
- 30 BBSH graduates and students, and our NYC clients, have donated over \$9,500
- We recently incorporated The Foundation for Integrative Healing (FIH), a nonprofit corporation in New York State to finance the clinic and future outreach programs. Incorporating took over 18 months; our legal work was done pro bono by Morrison & Foerster, a major U.S. law firm.
- Our FIH application for U.S. Federal tax-exempt status is pending. Once it is completed, all contributions will be tax-deductible for U.S. taxpayers.

I believe the experience of practicing energy healing work as a group offers a powerful and unique opportunity to develop new skills and take our work to the next level, while supporting each other as a professional community. Over the years, I have noticed the clinic template growing deeper and more solid. I believe we are developing a framework for group practice where each volunteer's healership deepens and where many clients can be served who would not be easy to serve in private practice.

In a group setting, we are not only seeing serious physical illnesses (cancer, MS, chronic fatigue, cardiovascular conditions), but we are also beginning to see some more challenging clients with possible mental health issues (bipolar, addictions, other undiagnosed conditions) that also have a spiritual component that is often not addressed in the traditional healthcare system. We also continue to see many cases of chronic anxiety and depression.

In a group setting, we have the flexibility to follow the wave when there are no-shows, walk-ins, early arrivals, last-minute cancellations, and changes. Most of these issues would be more of a problem in private practice.

I would like to thank all of you who have offered financial and spiritual support for us. This is a community effort, and its creation could not happen without a great deal of alignment and energetic support from all of you.

Thank you so much!

We have big plans for the future, but need to fundraise each project as we go along. If you would like to send a financial contribution of any size to help pay the expenses of this clinic or future clinics, please contact me.

If you are considering hosting a similar outreach clinic in your area, please contact me if you would like a detailed "how to" report, which contains all of our templates, forms, and learning in booklet form...so you won't have to reinvent the wheel!

Thank you again for your generosity of spirit and support.

With gratitude... Elizabeth Barrett

President, The Foundation for Integrative Healing

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BBSH Student Interns
Julie Baker PS2/'08 (left)
and
Hannah Reich PS4/'06

Global Healing Association *continued from page 7*

It didn't matter that only one client was on the table. The healing was extended to all those seated nearby.

Another experience took place in a poor community where the river had washed out part of the road. We had small lanterns, but it was still very dark. The entire town applauded to tell us good-bye...and we started walking.

We didn't know where that light came from, but it accompanied us, lighting our way all along that dark road.

Today, I can assure you that what we gave the survivors of the hurricane is very little compared to what they gave us, and it is an immense honor to present the Global Healing Association:

An organization formed as a tribute to humankind.

Currently, our *Education for Peace* division is presenting

workshops in Mexico to support programs against violence within the family and among citizens.

And in our *Reforestation* program, we are negotiating with universities to create a forest called *Together for Life*.

Our next step is to have representatives in different parts of the world, healers who are the channels for Love to express itself, providing support to humankind in times of pain and despair.

On our website, www.globalhealingassoc.org, you can read written testimonies and pictures of events that we've carried out in our first five months of activity. Please visit us there to learn more, or to join our efforts.

Blessings!

—Inde Olechnowicz '05

—Arlen Solodkin '05

—Yolanda García '05



Las Lechugas...a small town where devastation erased the tracks and the paths. Inde is in the front on the hill made by mud, carrying a brown bag.

The biggest shelter in Huixtla, where we witnessed the "Social Decomposition" taking place—2,000 families all living together without privacy, with violations and abuses of all kinds always present.



María was abandoned by her husband. Now, she has lost her house and all of her belongings. She lives with her three children—with no money, no sowing, and a feeling that there's no future. Inde is performing a chelation, following the intention of balancing her energy field and reconnecting her to the longing of life.



GHA Founding Members Arlen Solodkin, Inde Olechnowicz, and Yolanda Garcia (All BBSH '05)



The Rainbow Room

When I graduated in 2002, I felt no inclination to begin a practice or to continue to do healings.

(But there was an incredible sense of relief at not having to do further homework!)

Over that summer, I did begin the groundwork for a private practice, and by no means was it effortless.

As time went on, however, I felt a desire to give back in some way, in response to all of the blessings I had received over my four years at BBSH.

I became aware of a volunteer program, called the Rainbow Room, at the largest hospital in the Winnipeg, Canada area. The program involved local healers who donated their time providing sessions for staff members in the hospital and associated university departments. This appealed to me, because for a long time, I've felt it is important to care for the staff in hospitals as much as it is important to care for patients. When I applied to Volunteer Services, they were quite intrigued, never having heard of Brennan Healing Science.

The hospital's Director of Spiritual Care started this program about six years ago. He was interested in bringing complementary therapies into the hospital setting and decided that one way to start would be a program to familiarize staff with different kinds of therapies—such as energy healing, ortho-bionomy, massage, jin shin jyutsu, cranio-sacral massage and reflexology.

Since its opening, the Rainbow Room has gone through ups and downs—changes in the leadership in Spiritual Care (a move that put the Rainbow Room under the Department of the Environment), a shift back to Spiritual Care, and finally, the hiring of one volunteer to coordinate the work of the healers and publicity.

The staff members who come for sessions appreciate the program very much, but the administration doesn't always quite know what to do with us.

The Rainbow Room is open two days a week from 11am to 3pm and is free for all staff. Staff members who come in are seen on a first-come, first-served basis, and can have a 20- to 30-minute session with whichever healer is available. They also have the option to wait for a specific healer.



—by Luella Sinha
R.N., '02

Now, with a coordinator to organize the work, the Rainbow Room sends healers to work with staff on individual units in the hospital. This brings the service directly to the clients, as many staff members find there is not enough time for them to get to the Rainbow Room location. Many of the staff members who take advantage of these opportunities have had no experience with any kind of energy work, so there is curiosity about

what a session with a healer will involve.

One of the questions that I am constantly asked is, “Is this like Reiki?” In answering, I try to acknowledge that familiarity with Reiki has opened doors for much energy work, and I also help the client understand the depth of the training involved with Brennan Healing Science.

When I started doing healings here, I was greeted with great respect, as many of the other healers were aware of and had used *Hands of Light* as a text. For me, working with these other healers has been a journey in recognizing and claiming the worth of what I have learned and become. I have come to deeply appreciate the solid foundation we received in the four-year program at BBSH. Many individuals have had deep, powerful and meaningful experiences, even in the short time we spend together. And this creates another dilemma for me, because I know how powerful this work is...even in a short time, emotional depths can be touched... and then the individual must return to work.

Some staff members welcome the deeper work and are very aware of what is happening, while others simply want to relax. The most dramatic experience I had was with one woman who came in doubled over with severe back pain and unable to stand straight. She had just come from a chiropractor who said he couldn't do anything for her because it was a soft tissue injury. After I finished a spine cleaning and chelation, she could stand and the pain was gone.

One of the nicest compliments I received came from the Director of Spiritual Care who came for a short session. Later, she told me that my energy was so clear that she was not burdened with my issues, so she could just go on her own journey and be free to do what she needed to do.

Going to the Rainbow Room once a week has become a meaningful part of my life. I continue to be in awe of the power of this energy that flows through as I do healings for hospital staff. In the process, many of these same staff members have been given the opportunity to experience energy work in a new and different way.

Humanity's Mass Image of God's Will

Humanity's mass image of God
is steeped in an exaggerated and erroneous idea
of what God's Will is.

This is caused by humanity's
mass image of what will is.

When will is distorted,
it becomes a forcing current.
Humankind has equated will with a forcing current
rather than the ability to freely choose
to surrender to truth and love.

Thus humanity has equated God's Will
with a forcing current that punishes.
This simply isn't true.

God's Will

God's Will is the precise divine organization of life.
God's Will is the template for divine precision.
It is the template for every shape of every thing and every being,
that is manifest in the physical world.

God's Will is divine precision with a light touch.
The physical laws of this universe are tools of learning for you.
They exist within the divine template in divine precision.

God's Will is a soft breeze upon your cheek.
God's Will is a delicate unfolding of the petals of a flower.
God's Will can be seen every day in the growth of a beautiful tree;
in the unfolding of a fetus in the womb.

God's Will can be seen in the unfolding of your life.
God's Will is a precise, delicate, unfolding pattern of life
in the evolution of all species.

God's Will is the music of the spheres.

Synchronizing Your Life

As you synchronize your life with the divine,
by aligning through practicing surrender
to the divine precision of this universe,
you will experience the joy and pleasure
of feeling completely safe
each moment of the now
that you surrender to.

God's Will Is an Open Template

God's Will holds an open template
for your free will
to choose each moment
with your love, to balance yourself
and surrender to the full experience of what is now:
what is moving through you,
what is coming to you,
and what is expanding and contracting in you.

This is what allows your life to unfold
most naturally, most beautifully.

What Is Your Divine Precision?

And so what is the divine precision
as it comes through your creative force of love?
Learn with your reason
to recognize this perfect pattern.

Your creative force of love
that is unlike any other is coming through
your divine pattern.

Project to Offer Healing to Iraq Veterans



—by Elizabeth Andes-Bell, BBSH '94, TT '96
Former Creative Arts Co-Department Head

Joan MacIntosh, BBSH '96, TT '98
Former AS World Service Curriculum Teacher

This project was born in Joan's kitchen as she and I discussed a series of articles in *The New York Times* regarding New York National Guard vets returning from Iraq. These men and women are feeling disconnected, and are missing the adrenaline rush of war. Many are injured, jobless, and experiencing marital problems.

We wanted to create an avenue to integrate them back into the fabric of society. However, we soon encountered the deep disconnect most of us have to a war that seems unreal. Obviously, there is a profound opportunity for healing all around...and one that we will all be facing more and more as the war winds down.

We're still in the early phases of the project. We plan to use Bruce Bell's (BBSH '93, TT '95, Former Creative Arts Department Head) and my yoga centers on Manhattan's upper west side as our home bases (*Namaste* and *Life in Motion*). We would like to have a kick-off phase and invite vets to our centers for a day of complimentary yoga, meditation, healings, acupuncture, massage, etc. We will then meet in break-out groups with trained supervisors to talk about ongoing services. We want to provide access to free or discounted services in the above-mentioned modalities for six months to a year. In addition, we want to provide the veterans with a group and group leader that would meet once a month.

We feel these men and women need to tell their stories, and we need to *hear* them. We know we must build safety for them before that will happen. We also know that we need to stay fluid and learn from them about what shape this project will eventually take.

The New York Free Energy Healing Clinic created by BHS Practitioners [see page 10] is interested in participating, and we will be networking with other BBSH grads as well. I would also love to get the Brennan Integration Practitioners (BIPs) involved. We intend to build this template on the local level, learn from our mistakes, and, if it is God's will, share this with other communities.

Bruce and I have recently opened a healing center at *Namaste* (Namasteyogacenter.net). I have been finding that the yoga community embraces healing work, and is longing for communities that engage in compassionate action.

In Memorium



Our friend and colleague Bette Barto died on October 27, 2005. Born on March 6, 1922, Bette was a nurse, mother, mentor to many, healer, Pathwork helper, griefwork facilitator and teacher.

Bette was my dear friend and the catalyst to my coming to BBSH. I am forever grateful to her for opening that door for me. I met Bette back in 1985. She helped me when I was going through a difficult time in my life. Bette was so lively and full of spunk. She never let the many tragedies she experienced in her life keep her down.

Bette sought out many different modalities of healing and when she found something new, she had a loyal group of friends who would go along with her. We explored Holotropic Breathwork, Elisabeth Kübler-Ross's work, new age conferences, and then in 1986 she found Barbara. Bette graduated from BBSH in 1990 at the age of 68. She then went through the BBSH teacher training program and after that she went on to become a Pathwork helper. After finishing the Pathwork training she was an assistant teacher at Seven Oaks for a few years. Bette had an insatiable thirst for knowledge. At the time of her death she had a full healing practice. I loved going to Bette's for healings. She had a real gift. She was a real gift. Bette, you are loved.

—Laurie Keene

Barbara Brennan Now Syndicated Columnist

—by *Damian Burke*
BBSH Marketing Coordinator



Dr. Barbara Brennan is now writing a bimonthly column printed in select publications across the world and posted in the News Room on the school website: www.barbarabrennan.com.

Barbara's column covers a wide range of topics, issues, and happenings within the healing world. The first column, published in January 2006, is a call for more research into the Human Energy Field with its tremendous potential to heal a wide range of disease and injury.

Currently, there are seven publications carrying the column, five distributed in the United States and two in Europe.

The column will be a tremendous marketing tool, as six times per year nearly a half-million people will be exposed to Barbara's work and learn more about the school, workshops, and Brennan Healing Science Practitioners.

To have the column emailed directly to you, please sign up in the BBSH News Room.

John and Sylvia Welcome Sophia!



Sophia Catalina Shordike made her grand entrance last June, and she has been *busy* ever since!

"Each day, we marvel at how she absorbs and finds amusement in every detail, and learns new

ways to use her little body. Her belly laughs are contagious. And she is teaching us so much about being present and authentic in the moment! She seems to approve of our new mountain home among the redwoods, bears, and mountain lions overlooking the Pacific coastline of Mendocino County, California."

John is the BBSHE Year 4 Dean and BBSH Year 4 Assistant Dean. He continues his private healing and BIP practice in Mendocino County, Sebastopol, and Berkeley. Sylvia is a certified Feldenkrais™ and Anat Baniel Method™ Practitioner and teacher in Mendocino County and San Rafael.

Ian Bain Joins BBSH Marketing Team



Ian Bain, '04 graduate, has joined the team of the Barbara Brennan School of Healing as a senior consultant for marketing and communications. He will work from Europe, although his responsibilities include the U.S. and the rest of the world.

A former president and CEO of Bain Communications, the largest public relations company in the Middle East, Ian spent 25 years in Dubai. Prior to that, he was a senior editor with two leading daily newspapers in the U.K. and was South American correspondent for *The Economist*.

He is the producer, writer and narrator of *Becoming a Healer*, a 20-minute film on the work of the school that will spearhead the current BBSH marketing campaign.

During his time in the Middle East, Ian and his company were consultants to such clients as General Motors, Intel, Samsung, Airbus, British Aerospace, the Government of Dubai, Sheraton Hotels, Emirates Airline, and many others.

"I am delighted to join BBSH," he commented. "It's not often you get to combine your professional and business skills with what is truly in your heart."

"Ian brings a wealth of experience at the highest levels of journalism and public relations to his new role," said Barbara. "We are very pleased to have him as part of the team!"

2006-07 Class Dates!

Barbara Brennan School of Healing
MIAMI, FLORIDA



Class 1: October 31–November 5, 2006

Class 2: December 14–18, 2006

Class 3: February 14–18, 2007

Class 4: April 18–22, 2007

Class 5: June 13–17, 2007

Barbara Brennan School of Healing Europe
BAD NEUENAUH, GERMANY

Class 1: September 19–24, 2006

Class 2: November 9–13, 2006

Class 3: January 17–21, 2007

Class 4: March 14–18, 2007

Class 5: May 9–13, 2007

Sallie Mae to Offer Student Loans

Effective immediately, Sallie Mae will offer student loans for qualifying BBSH (U.S.) students.

For information, visit: www.salliemae.com.

Those interested can apply online, or contact customer service at 1-888-272-5543.

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