



BBSH[®] • InTouch

The Newsletter of The Barbara Brennan School of Healing[®]

Issue 20-Spring 2005

Love

Heyoan Channeling by Barbara Brennan

BARBARA BRENNAN SCHOOL OF HEALING

Class 3 Closing, February 18, 2005

Center into the vastness within.

Continue to return your conscious awareness to the vastness within.

*Consider the possibility that there is no limitation to this vast sea of love within you.
It radiates from your center infinitely in all directions and beyond any direction.*

It is the source of all your creativity, the source of all creation. As it upwells from deep within every cell in your body, from within your core essence, you create. What is it that you create? More life. The creation of life never ends.

Each of you is a source of life and love. You live in a sea of love.

Love perhaps is a most misunderstood word. Love is the most misunderstood experience that humanity has. You have limited it with various definitions. You have limited it to particular feelings, yet love is much more. Love is the foundation of life and creation. It is the experience of communion, of connectedness to all that there is. Each individual, because of their uniqueness, experiences love in a unique way. Yet the whole of humanity does not express love fully. You give love various names—romantic love, family love, love for children, sensual love, the love of a life partner—and yet it is more. Love is the very foundation of your being. Without it you would not be.

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International Healing



It's been so exciting to witness the growth of the Fundamentals of Brennan Healing Science (FBHS) program this year—and all the activity that's going on across the U.S. and internationally!

To give you an idea of how wholeheartedly our leaders have embraced the FBHS Workshop program, in 2004 there were approximately 7 or 8 FBHS workshops scheduled for the entire year. This year, we had that many going on in March alone! To be exact, 20 workshops have been held thus far in 2005.

Twenty-two additional workshops are currently scheduled for the remainder of the year...and there are more to come!

Our workshop leaders, so passionate about sharing this work, have travelled near and far to bring Brennan Healing Science to communities in the following countries and states:

Internationally: *Canada, Czech Republic, Germany, Ireland, Mexico, Netherlands, South Africa, Sweden, Turkey, United Arab Emirates and United Kingdom*

Domestically: *California, Colorado, Connecticut, Florida, Illinois, Indiana, Maryland, Massachusetts, Michigan, Minnesota, Montana, New Jersey, New Mexico, North Carolina, Oregon, Pennsylvania, Vermont, Virginia and Washington*

As you can see, there's still much uncharted territory to explore, and also repeat performances to be done where the workshops were a smashing success. And speaking of smashing successes, in this issue, Ian Bain (BBSH '04) writes about the amazing reception we were given in Dubai. There's a great photo showing the FBHS Workshop Team in Mexico City. Plus comments from the support team of the FBHS held in Washington at Bastyr University. Such diversity in our world, so many more places to go!

I encourage each of you to take this opportunity to get involved and create a workshop in your area! You have the opportunity to change someone's life...maybe even your own!

Blessings,

Lisa Boris

Manager of Academic and Adjunctive Programs

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BBSHE Class of 2007!



—by Kahea Morgan '91, BBSHE Year 2 Dean & BBSH Dean

In this issue I have invited Kahea Morgan, BBSHE Year 2 Dean and Dean of BBSH, to write to you in her words about the Year 2 in Europe.

Back in the early 1990's, Kahea was both the Dean of BBSH and the Year 1 Dean. She was my mentor in those early years and I learned so much from her.

When I first began teaching from the stage and was afraid, she simply said, "Take a moment for yourself and welcome all of the students into your heart."

It worked like a miracle.

Now, after taking a sabbatical for several years, Kahea, who has been a miracle in my life, came back to BBSH and BBSHE last year. We are grateful for her wisdom, experience, knowledge and love.

Love,

Laurie Keene

BBSHE Dean/Year 1 Dean

The first class of BBSHE is halfway through their training...79 new Seeds of Spirit who are grounding our healing community and planting Seeds throughout Europe and the Middle East. Who are they? What are they like? What drew them to the school? What are their hopes and visions for their healing work in their country? What touches their hearts as students in BBSHE?

I asked them these questions recently. I was touched and overwhelmed with the emails I received in reply. Many said that when they signed up for the school they had no idea it would be such an incredible journey. The only thing they initially wanted was to develop their healing skills or HSP. Their goal was simply to become a "good healer." Of course, that vision has shifted into an excitement in "a journey in the Unknown"—the self. Anne from Portugal wrote, "I never dreamt that one could be willing to go to such profound depths within."

We have over 20 countries represented in this class. We are learning to dance with each other, sometimes gracefully and sometimes with difficulty. They often talk about the "American way of doing things," while I am still trying to figure out "the European way."

I often have to be reminded to talk slower and I still stumble over unfamiliar names...but I do have many saying, "Aloha Kahea!" There was almost an international incident early in the year over forms and the student practicum guidelines. This matched the polite political tension at the next class preceding the U.S. Presidential elections.

We tested lower self dialogue in different languages in the 4th class and decided that a Russian lower self sounds quite exceptional. Slovenian songs continue to sound great when belted out over the heads of hugging Europeans. During student performances, the Italian version of the A&P course requirement had us all rolling in the aisles. There is a proposal in to Sherry Pae, Integrative Care Department Head, to fly Lorenzo to Florida to present this as an HMD lecture!

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BBSHE Class of 2007!
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Our resident Russian visionary, Evgeniy, says that he “can see a great future in creating a worldwide network of people, really close and honest to each other, going the path of growth, caring for the planet and for the others.” He goes on to say that “It is only a question of time when the school will be running at the same time in many countries and many languages.” For his art project, Evgeniy presented a business proposal to make this happen.

They are an extraordinary group of people. Sintia from Turkey expressed it beautifully:

“As we grow together, I am both proud and humble to see the shine and light in each of us.” Neylan, also from Turkey, says, “My love has grown bigger than my heart. It is very feelable!”

To the BBSHE Class of 2007, “Welcome into our healing community. We are enriched and honored to have you join us on this incredible journey.”



Ruedi, SWITZERLAND:

To do this school is very different from the schools here in Europe. My body had to manage the new energies. The first nights my bed was like a UFO vibrating and surfing in the universe. My system run amok, but after some classes I was hooked to go to Mondsee.

Katharina, SWITZERLAND:

Like a child, my life is full of wonders again!

Frank, GERMANY:

I grew up in a socialist country. At the reunification of East and West Germany, I was twenty-eight years old. Forty years of Socialism has formed the people in East Germany and marked their consciousness. I haven't got a clue what it means to become a healer. Not knowing the goal, purpose and direction in my life creates fear and liveliness at the same time. It is a journey in the Unknown.

Annett Florkemeier, GERMANY:

I would like to work in a hospital with death-threatened people to help them to go back into life or to leave earth with love and forgiveness. I want to be a teacher in BBSH/E to support students to remember who they are!

Coenraad, NETHERLANDS:

BBSHE and the books of Barbara were an answer to something I looked for, for so long. It is exact, useful, playful... with spiritual depth, without being dogmatic, and it comes from the heart. The school accepts people as they are. It doesn't want to change the student into an acceptable standard; it wants the students to express themselves as who they are and let them develop to be in their human fullness.

Aidan, IRELAND:

Perhaps the greatest gift I am receiving during my time in BBSHE is that I'm becoming less and less concerned with how I want to be or what I want to heal in myself, and more and more curious about, well, who am I to start with? I have a feeling that I'm standing on the tip of a gorgeous iceberg called life. As the waterline is slowly falling, it just keeps looking more and more beautiful.

Ingrid, GERMANY:

When I signed up for the school I had no idea this would be such an incredible journey. I wanted to learn skills in order to help others, and what I'm doing is really helping myself to a more fulfilling life. I used to feel like an oddball who did not belong to this world, at least not to the usual rigid world we live in. Here I have found a whole school of "me's" and...what an extraordinary group!

Britta Uttendorf, AUSTRIA:

When I started the first year at the school, I just wanted to heighten my HSP and I wanted to heal my body from Lyme disease. I had already passed a 4-year study of intense energy body medicine and anatomy. I had gone through several psychotherapies and one psychoanalysis for six years, and I thought that I was already above it all. I soon realized that this was not so and that I was about to embark on an inner journey as I had not known it before. The work at this school has touched me deeply and I see the miraculous changes in myself and in my fellow students.

Anne Rodrigues, PORTUGAL:

I came to the school with the sincere wish of improving my healing techniques and enlarging my perception of what healing work is really about. This wish is being fulfilled to an extent which was beyond my expectations...for I am now a different person than I was two years ago, much more in touch with my essence and much more open to everyone and everything that is around me.

Canan, TURKEY:

Once in a while, we are given moments of real grace. There is enough time, enough energy, enough of all that is needed. A great tenderness for myself and the world opens inside me, and I know I belong to this time, to these people, and to something that is both within and larger than all of it, something that holds us all. This is how I feel as a student in BBSHE.

Sintia, TURKEY:

Each time I come for a Resident Training I feel like I'm at a family get-together. As I return to my country, I feel I am bringing a piece of the School, the teachings, the friendships, the special moments, the discoveries, the energy...back home. As we grow together, I am both proud and humble to see the shine and light in each of us.

Tadeja, SLOVENIA:

One of the most precious things about the school is definitely the way you are holding us in love and honoring our core with grace and blessings. It changed my life so far.

Andrea Kurth, GERMANY:

Reading Barbara's books hit my core; every cell in my body was resonating. If I could have imagined anything in this world I was absolutely sure of, it was that this is what I want to do. What is touching me most as a student in BBSHE is experiencing a community holding each other in essence and accompanying each other through the darkest places.

Maria Hirscher, GERMANY:

When I came to BBSHE I was only interested in the scientific part of Barbara's teachings—I wouldn't do anything with the spiritual part. In the books, I overlooked the spiritual parts. During the last two years I recognized that the connection to the life energy is the connection to God. I found this deep connection to God in me, and learned also to go in deep connection with others, not only with my family members.

Neylan, TURKEY:

I had worked for so many years on myself before coming to BBSHE that I thought the work on the self would be a piece of cake, and I would just have to learn the healing skills. But the moment it started, it was completely different from what I had anticipated. Now I feel I can walk my talk. My love has grown bigger than my heart. It is so very feelable!

Lorenzo, ITALY:

There is a saying, "Life is not a journey to the grave with the intention of arriving safely in a pretty and well-preserved body; but rather to skid in broadside, thoroughly used up, totally worn out and loudly proclaiming, "Wow! What a ride!" At the end of my second year at BBSHE, I can say that I feel used up, worn out, but never in my life I could proclaim as today, "Wow! What a ride!" Happiness was my goal. I discovered that this ride is happiness, and BBSHE, the amusement park.



The first FBHS workshop ever held in the Middle East took place recently in Dubai, the Persian Gulf city that is home to more BBSH students than many larger metropolitan areas in the U.S.

Ian Bain, '04, looks at...

The Dubai Connection

The Muslim call to prayer still echoes five times a day through the concrete canyons and around the towering glass edifices of Dubai, guiding the faithful to the multitude of mosques and providing at least one constant in this ever-changing desert city.

Within hearing distance, bikini-clad sun-seekers line the pools and private beaches of the luxury

maintains the region's powerful religious heritage yet embraces what the local traditionalists see as the pleasure-oriented excesses of the West.

Imagine an Amish community and Miami Beach rolled into one and you might begin to get the picture!

Dubai is arguably the fastest-growing city in the world. When I first went to live there in 1978, the population was around 200,000. When I left 25 years later, it had increased tenfold and is likely to hit four million by 2010.

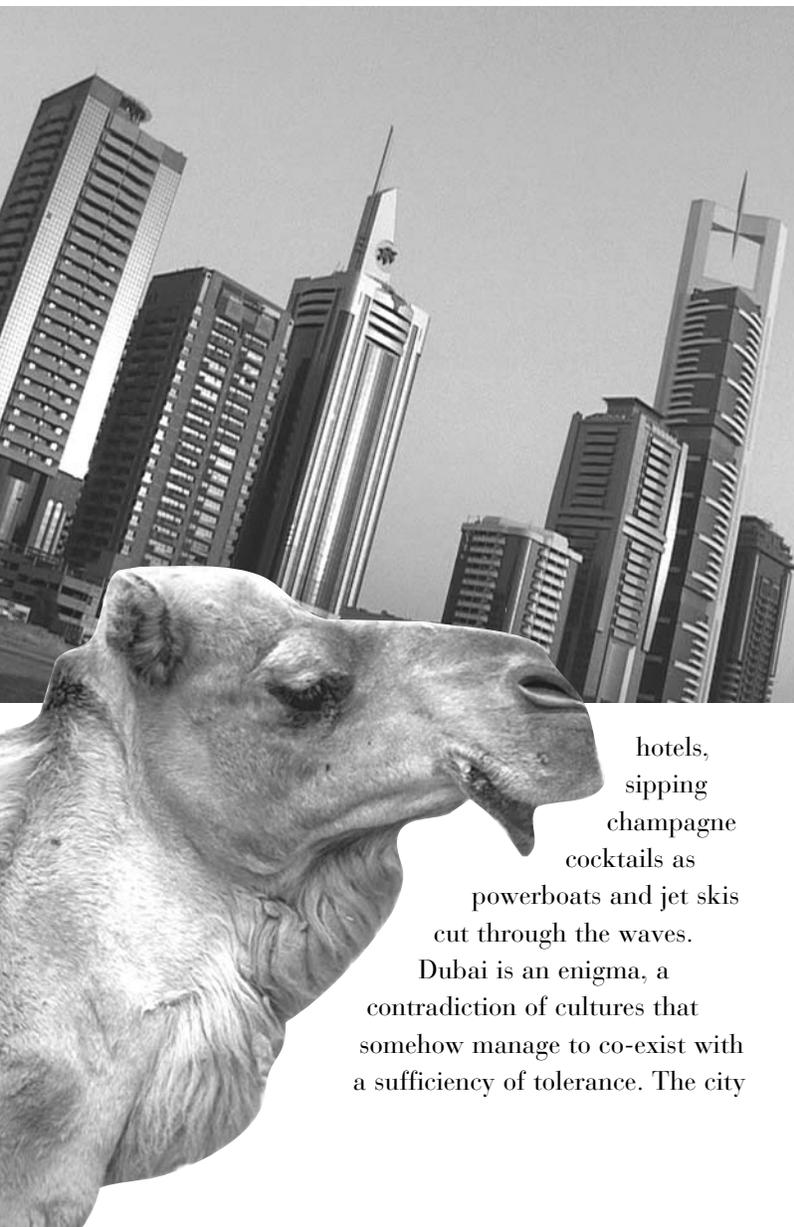
It is also globally unique in that the vast majority of its residents, some 85%, are foreigners. Little wonder that the locals often complain of being strangers in their own land. Rigid laws on nationality ensure that expatriates, vital to the economy, have no hope of ever becoming citizens.

Yet they are attracted there in the hundreds of thousands. With no income tax and the ever-growing need for workers, the streets of Dubai appear to be paved with gold. Indians and Pakistanis account for more than half the population, followed by other Arabs (Lebanese, Egyptians, Iraqis, Syrians, etc.), Filipinos, Europeans and a few thousand North Americans.

It is this melting pot of nearly 100 different nationalities that creates an environment in which Dubai currently produces more BBSH students than many larger cities in the U.S. and explains partially why the recent FBHS workshop led by BBSH Year 1 teacher Laurie Thorp was a great success.

It could be said that in leaving their homelands for a better life elsewhere, people are responding to their longing, then discovering that the new prosperity is not enough. There is also an ever-increasing interest in alternative therapies among the local Muslim population.

The spiritual community is growing even more rapidly than the city itself as the influence of the hard-line religious authorities is softened by the need



hotels, sipping champagne cocktails as powerboats and jet skis cut through the waves. Dubai is an enigma, a contradiction of cultures that somehow manage to co-exist with a sufficiency of tolerance. The city

for tourism and international commerce to replace dependence on dwindling oil reserves.

The speed of change is exhilarating. A well-attended Wellbeing show earlier this year attracted 63 exhibitors. Two visits by Deepak Chopra have drawn sell-out crowds and the Ministry of Health has announced it is licensing complementary therapists. These are landmark events that would not have been considered even three years ago.

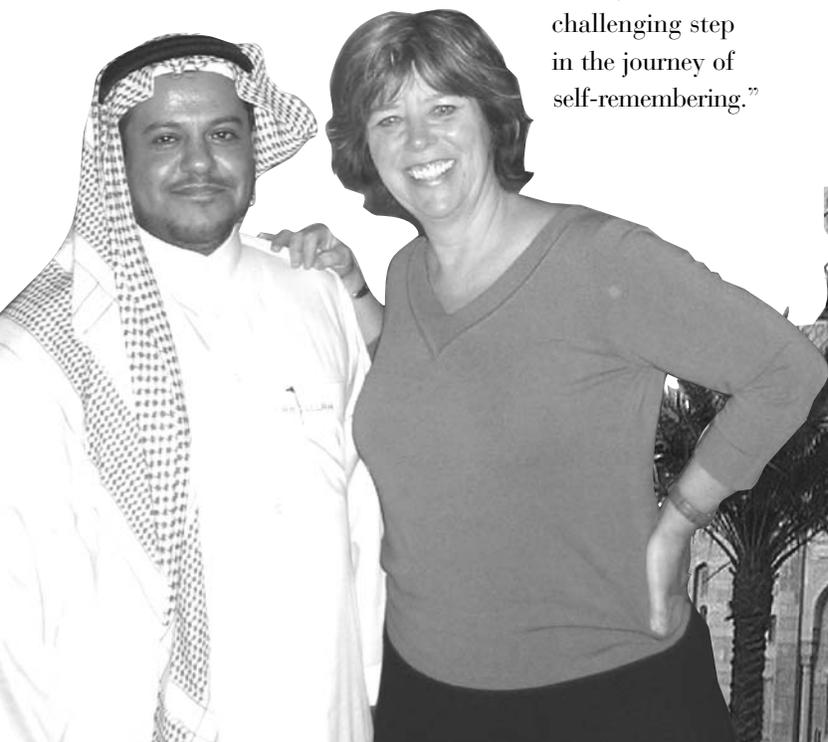
Public events in Dubai need to be officially sanctioned by the authorities, and to enable it to take place, the FBHS was held under the trade license of Essensuals, one of the new therapy centers.

In recent years, the energy of Dubai has lifted from the heavy density that pervades the rest of the region. Less than 100 miles across the Persian Gulf lies the brooding presence of fundamentalist Iran. To the north, the tragedy of Iraq continues to unfold. And immediately to the west, the strictly Islamic Saudi Arabia watches the pace of openness of its tiny neighbor with some concern.

Yet the shift is perceptible. Laurie Thorp reported, "I noticed the energy most profoundly when I was teaching tan tien grounding at the workshop. I was aligning my hara, dropping down to the crystalline lead core, and it was like driving down a new highway... familiar yet totally strange."

The FBHS marked another milestone, attracting 75 people to the lecture and 42 to the workshop, and winning exuberant praise from the participants. "It was an amazing experience," said one. "I witnessed a profound connection to spirit and to the earth." Said another, "It was a

challenging step in the journey of self-remembering."



That it actually happened at all owes much to the enthusiasm of the local BBSH community which had long held the vision of bringing a workshop to Dubai, even when it seemed highly unlikely in the aftermath of the Iraq invasion and with the whole region in a state of uncertainty.

Said Samar Ajami, a Lebanese Year 3 student who had suggested the idea in her first year at school, "We just had to surrender and trust—holding the inner knowledge that it would happen and at the same time being okay with the possibility of it having to be called off."

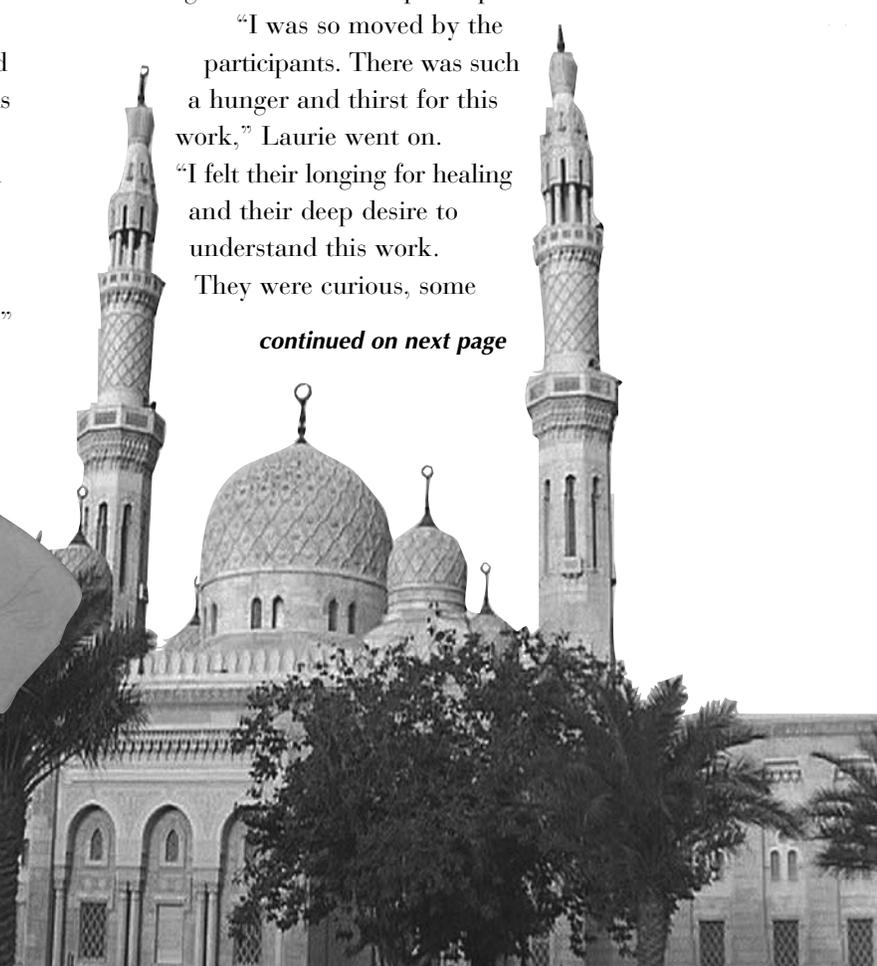
Laurie added, "When we committed to bringing the FBHS to Dubai, I saw a golden vortex of light descend over the city."

The student committee consisted of Samar, Australian Cathy Darnell, Mala Jham, Sudha Madhuri Devi and Nirmala Natarajan, all originally from India, and Juliette Haboubi from the UK. Another vital member of the team was Esmeralda Robinson, a 2004 graduate who lives in nearby Abu Dhabi and who was responsible for enlisting a significant number of participants.

Said Laurie, "The team was fabulous. As the time drew closer, we all agreed to align with the group hara and every day we set our individual intentionality to be in harmony with each other and to create a strong healing container for the participants.

"I was so moved by the participants. There was such a hunger and thirst for this work," Laurie went on. "I felt their longing for healing and their deep desire to understand this work. They were curious, some

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The Dubai Connection

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were skeptical, some were already believers. Mostly, they wanted to experience this incredible work called Brennan Healing Science.”

They came, as expected, from all walks of life and they included many Indians, several Lebanese, some Europeans and, significantly, UAE nationals, as well as people from Saudi Arabia, Egypt, and a few Iraqis.

“Their feedback was fantastic and the breakthroughs incredible,” said Esmeralda Robinson. “The majority left with feelings of great satisfaction and achievement.”

It is not just the venue that makes Dubai so different to the location of any other FBHS. This oasis of emerging spirituality is one of seven tribal states within a relatively loose federation known as the United Arab Emirates, where there are no politics other than within the ruling families.

The Ruler of each emirate holds virtually absolute power. In Dubai, the driving force is the Crown Prince, Sheikh Mohammed bin Rashid al Maktoum, whose entrepreneurial flair is as legendary as is his love for horse racing.

Some of his most brilliantly successful ideas have defied logic. With a population 20 years ago of only a few hundred thousand people, he started an international airline that today is one of the largest in the world. Emirates Airlines, three-time winner of the global *Airline of the Year* award, recently ordered 43 of the new Airbus A380 super-jumbo airliners.

Dubai is that kind of town.



Seated (from l to r): *Sudha Madhuri Devi (Yr 3), Laurie Thorp, Samar Ajami (Yr 3)*

Standing: *Sunita Teckhardt of ESSENSUALS, Esmeralda Robinson '04, Juliette Winsor (Yr 2), Nirmala Natarajan (Yr 2), Cathy Darnell (Yr 4) and Mala Jham (Yr 4)*

With foreigners now allowed to buy property and 15 million tourists a year expected by 2010, Dubai is experiencing an unprecedented boom. Of course, not all is sweetness and light. Local newspapers report many cases of foreign workers being cruelly exploited without real course for redress. Women’s rights have come a long way, but they are still a distance away from Western acceptability. Recognized complementary therapies may be getting the nod, but psychics and mediums are outlawed as practices against Islam. Legal issues can be complex



FBHS Leader and BBSH Year 1 Teacher Laurie Thorp performing a demonstration...and bringing the applications of Brennan Healing Science to more people in this fascinating part of the world.



and hard to comprehend.

So it is within certain parameters that healers operate in the UAE, quietly and without drawing too much attention to themselves.

What is somewhat intriguing is why Brennan Healing Science holds such an attraction for so many people in this small but vibrant city almost halfway around the world from the U.S. The answer is basically word of mouth that began with the first BBSH students.

My wife, Sharadha Bain, was the first Dubai resident to attend BBSH, graduating in 2001, followed by myself and Esmeralda Robinson three years later. We talked passionately within the healing community about what we were doing at the school. It must have worked, for there was a run on *Hands of Light* and *Light Emerging* at local bookshops! Today's students are doing the same, and the FBHS will have cemented the work in the minds of many more.

For these students, the experience of helping to create the workshop has been multidimensional. Any personal issues that arose were transformed into unity in the creative process that emerged. For Samar Ajami, the reward was seeing two very different worlds integrate.

"I have always been conscious of moving between two separate worlds every time I travel to school. It was a great healing and learning experience to have an aspect of BBSH here in the place where I live with my defenses and challenges. It felt as if the split was no longer there."

Said Mala, "The FBHS was a unique experience for all of us, as we were able to share our core qualities and participate in true communion. We all had stuff come up but were able to express it within the sacred healing container and allow the flow to be present." For Suhda and Nirmala and others, it brought out the essence of their longing.

Now, a new FBHS in Dubai is earmarked for early next year, with the possibility of another in Lebanon in the summer.

The significance of the Brennan workshop in this troubled part of the world goes far beyond the number of potential students it might bring forth.

It has helped to raise the energy in a region much in need.



From Dubai to Mexico City



58 people attended the Mexico City FBHS which was organized by Guillermina de Koehn '00, FBHS leader, and Hector Reyes '00. Here, Guille, Hector, BBSH students and friends welcome (con mucho cariño y amor) FBHS leaders Sherry Pae and Laurie Keene.

And Seattle, Washington!



The March 19–20 FBHS Team (from left to right): Lee Crawford '03; Chiyomi Yoshida '98, FBHS Leader and new Year 4 Class Dean; Steve Stroud '03, ASED; and Lovorka Knezevic '95, former Year 4 Teacher

"The weekend was both relaxed and full of information, all at the same time. Of course, my favorite parts were the experientials, the HSP exercises, and the healings. I really liked supporting the students with their work and questions. It is good to see people get a dose of BBSH."

—Steve Stroud

"The most rewarding aspect of assisting with the FBHS was watching the joy in the participants as they discovered their HSP and when they felt the energy for the first time. Their commitment to the workshop was incredible to experience. It was also important for me to be able to share my BBSH experience and how I am bringing my healership into world service, since I'm not a BBSH faculty member."

—Lee Crawford



Global Water Healing Ceremony at BBSH

—by Deborah Noeker '99, Year 1 Assistant Dean

The Creative Arts Ceremony Team is comprised of faculty and Advanced Studies Year 2 representatives from each of the four years' teaching teams. On the Fridays of Classes 1, 2 and 3 we conduct the evening Creative Arts ceremonies for the purpose of greater transformational healing. Each week the team brings together the personal journey, the BBSH community's weekly healing journey, and the current global aspects and events into a cohesive theme.

All students and faculty are then invited, as the BBSH community, to enter the portal, spiraling into the depths of our being while expanding into the vast Universal Source of All That Is for the purpose of healing. In so doing, we ask for the assistance of all Sacred Beings to join us, as we co-create with the Divine Forces for limitless healing of all.

Class 3 in February, following the December tsunami, also rekindled within us all the vast waves of our *own* interpersonal tsunamis. Waves upon waves brought upheavals within our emotional bodies, activated by our deepest pain of loss and grief, requiring a letting go and releasing... which in turn recentered our heartfelt, loving connectedness to all who had lost so much.

The overwhelming response to assist those in dire need created a new focus on world healing, especially for us at BBSH. Ceremony at BBSH provides the forum and opportunity to look beyond the limited view of the personal and step through the sacred portal, allowing our greater Being to transform and transmute the energy into the intention for limitless healing the Whole. The questions arise out of the void: How to create the form for this expression? How to allow its co-creation through us? How to surrender to this inner life pulse, out of stasis into expansion?

Between class weeks, the CA Ceremony Team opens to receive the upwelling theme that mirrors the emerging personal as well as the transpersonal journey.

As a unified community of heart-empowered healers of the world, we assist in blending personal and life tasks into form and action. We surrender and ask for guidance and allow, in trust, what comes through this wave.

Two distinct pieces appeared from this effortless intention of simply asking and surrendering. First, the question arose, "What can we do to step into our world task in strong co-creative community for this world healing?" Our sacred ceremony theme emerged in response to the crescendoing need to heal both our inner cellular waters and the global

waters of Mother Gaia.

A message from the Elemental Water Kingdom, Archangel Auriel of the Angelic Realms and the Divine Feminine Mother Energy of Mary of the Immaculate Concept, arrived almost instantaneously via the internet in the form of a channeling. Together these powerful Divine forces were revealed through a divine message for healing all waters, by Patricia Cota-Robles. Included with this information came the gifting of a collected sacred blend of healing waters from around the globe, through the ongoing and generous efforts of the New Age Study of Humanity's Purpose, a nonprofit spiritual educational organization. The 2-ounce vial of Sacred Healing Blend

Water, collected from over 170 sites around the Earth, had been specially boiled and treated with the transmuting violet flame energy. It was sent from the institute in Tucson, Arizona for our BBSH community complete with The Divine Activation Ceremony. This ceremony was to be followed precisely adding our own personal and group intentions. The only request was that this water never be bought or sold, but only used for healing purposes. This sacred blend was to be added to a 5-gallon glass vessel of spring water, to activate this greater amount for global distribution via 300 2-ounce vials for BBSH students and faculty to distribute worldwide.

Again, this opened the doorway to even deeper levels of surrender and guidance for how all would be logistically arranged out of the unknown!

The second message came from Japan's Dr. Masaru Emoto. Dr. Emoto is renowned for his research on water, detailed in his three books, *Messages From Water*. His message inspired a plea for world prayer for the healing of all Earth's waters

following the great tsunami, due to the negative impact these thought forms were having on all the waters, with implications for holding water-borne diseases within the negative energy form structure. Water's energy consciousness absorbs thought forms and causes it to destructure if negative vibrations are put forth, but through prayer and positive intention, water has the innate ability to then restructure into beautiful crystalline atomic formations of sacred geometric tetrahedrons, resembling our Light Body's Unified Chakra configuration when high vibrations are infused into the water. This also supports the emergence of the incoming Ascension energies as we remember our Divine purpose in healing Self into wholeness.



This simple prayer for water healing, stated as an intention, forms a *Grand Declaration: The Eternal Power of the Universe has gathered itself to create a world with true and grand harmony*. The power of each person speaking this in their own language is enormous and the water receives this message in each molecule.

So the theme of the ceremony was clear. All that remained were the *few* logistics needs—exquisitely pure spring water in a 5-gallon glass vessel to which we would add the sacred water blend; 300 2-ounce glass vials with water-tight lids; 300 labels; and a ceremonial format with instructions for distribution of the 300 vials that would precisely fit within a 90-minute time frame! (Now *this* was surrender at its finest!)

The first image our CA team envisioned was that of a beautiful glass vessel on a low altar table in the center of the ballroom, surrounded by sacred artifacts of water healing.

After just one phone call, this water vessel was gifted to us from Mountain Valley Spring Water. Marketing Coordinator Rob DuPuy listened intently to our planned world water healing event, and graciously accommodated our request by donating the water directly from the source. He also sent a CD of the wondrous history of the spring, dating back to 1541 when Spanish explorer Hernando DeSoto discovered the area of Hot Springs, Arkansas—naming the area “The Valley of Peace” after noticing the warring Indian tribes who laid down their weapons to share the “recuperative” waters found there. Since 1832, these pristine waters have been protected—first within a national reservation, then, since 1921, within a national park, and hold their healing source energy for all who partake. Following an enlightening conversation on the energy and consciousness of water, Mr. DuPuy directed me to his local distributor in Miami, Lee Holtzman, who arranged for the 40-pound, 5-gallon sparkling glass vessel to be hand-delivered directly to the Bonaventure Resort.

It was quite a generous donation. A deep and sincere appreciation goes to them for their listening skills and open-heartedness to tap into the wave for world healing.

Our dedicated BBSH logistics department is always ready to assist with our requests, while the AV department provides brilliant technical support that so enriches the ceremony’s music-video accompaniment. An incredible DVD, *EarthScapes*, surprisingly showed up depicting Earth’s waters from a bird’s-eye view. Each changing scene was choreographed to Windham Hills’ musical artist selections enhancing the movie’s breathtaking views of the limitless, magnificent water molecules in action, from the dew-drop tips of unfolding ferns in the deep Amazon forest, to glorious cascades of waterfalls around the Earth, then crashing waves of the great oceans all recycling through the vapors and clouds that surround and endlessly bathe us all in their transmutational cycles. This movie became the format for the entrance and the ending during the ceremony, entraining the participants to the energy and consciousness of the water’s message.

Another quick research on the internet for glass vials proved easy, and Barbara purchased the 300 vials and lids to be delivered to the hotel midweek. These were labeled and set out on tables for the Friday evening distribution,

awaiting their filling from the central ceremonial waters.

The CA Team meets every Wednesday from 8-10 PM and fine tunes the basic structure and flow of the ceremony, including the technical elements required for ceremony. The team blossoms here and expands to include other faculty members and ASEDs that participate in the many aspects, even if only to hold sacred space, opening and holding of the sacred portal, or standing as one of the four grounding directions. All creative sparks are most welcome to participate!

The Friday Ceremony was indeed filled with wonderment and deeply transmuting forces. Each student stood to represent one of the 170 sacred water sites of the Earth, as each site was read aloud. As a “sacred water site” representative, either through country/state of location or by visitation, this calling-forth formed the original sacred water blend held in humanity, filling the ballroom with the human gathering essences. Together were water’s representatives for healing mankind. The original sacred water blend had indeed been added to and embodied by the whole. The ceremonial invocation continued with beautiful chanting, imbuing of personal and Divine intentions and the Grand Declaration prayer of Dr. Emoto, transmitting and imprinting directly into the water all intentions for healing. Each participant charged the water molecules from heart, hands and minds into the central receiving vessel until all molecules held the full activation charge from the heavenly decree.

The final procession of participants ended with each receiving their own personal two-ounce vial to take home with them. One ounce would be used to recreate more of the sacred healing blend for perpetual use to heal the inner waters of Self. The other would be poured into a body of water, releasing the H₂O molecules to contact the billions of other molecules on its never-ending journey around the Earth’s body of water, waking up all water molecules to their original pristine nature.

We collected the names of each participant, and the location of where the water was to be released on February’s full moon on the 23rd, or within 24 hours either way.

The most amazing gift was the experience of how our greater world service healing capacity combines to hold such an empowerment for the healing of *all*. Many students from around the globe shared their experience with the releasing of the water into the watery body of Mother Earth...reflections of deep, personal reverence and ceremonial extensions of the BBSH Ceremony, each drop was sent on its way christened by the intentions, immersing into new waters in passing through the sacred hands of the healer, each claiming and knowing that this planet was being touched by the grace and healing of Divine Water Element and our beloved BBSH community. I wish there were space here to relate the many experiences of these students who expressed their profound feelings as one taps into the greater essential nature, but this would take another few pages filled with awe-inspiring gratitude.

For information or to obtain a vial of this sacred water blend & Divine Activation: New Age Study of Humanity’s Purpose, Inc., P.O. Box 41883, Tucson AZ 85717, eraofpeace@aol.com, www.1spirit.com/eraofpeace.

Former BBSH Teacher Releases Book of Bahamian Island Stories.

Spirit works in wonderful and mysterious ways.

If anyone had told me a few years ago that I was going to write a book, I would have certainly looked at them in perplexed amazement. Then one day, while I was sitting in meditation, guidance came pounding on the silent door of refuge and nearly bowled me over with the words,

“You are going to write a book. Not just one book, but *several*. However, you must begin with one—so off you go! Start writing!”

Sounds simple, doesn't it? Except I had no idea what to write!

“What do I write about?” I asked, praying for a response of great significance.

“Oh, you'll know,” said the voice from nowhere.

And then, as guidance sometimes has the habit of doing (at least when whispering in my ears), it just faded, leaving me with the sinking feeling that all other healers have far more developed auditory HSP. Nevertheless, when the persistent voice returned again and again commanding me to write, I decided that perhaps I should engage my listening skills and follow instructions.

Healers who trust know that the universe is miraculous and profoundly ingenious at making things happen when a divine plan is being brought to fruition.

Shortly after my fruitless attempts to discuss writing with my guide I met an angel. My angel was a brilliant old lady and a famous author. She moved in next door and, as fate would have it, she encouraged me, quite emphatically, to write.

I began writing what I know—my life and the human heart. At first, I sat before the blank page. Let me tell you, my fellow healers, I never really knew the true

meaning of resistance until I saw that white sheet of paper, but something inside urged me to sit in the hard place and wait, sit in the resistance and dream, sit in the frustration and remember humor, patience and kindness to self. Soon stories began to flow—stories about growing up in remote, tropical islands as the daughter of immigrant parents who were the village doctor and nurse—stories about extraordinary people,

animals and colorful prisms of light that allowed my spirit to blossom while teaching me courage, respect and gratitude.

Suddenly, I had so much fun writing that I couldn't stop. My angel, the established author, read every word and one day she said, “Well dear, I think you should get these stories published because each one was written from your heart and holds a message for humanity.”

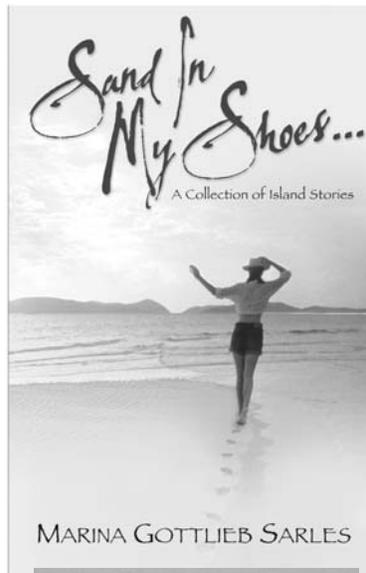
Still unsure of myself, I began reading them to people, daring to sneak a peak at their faces out of the corner of my eye. To my amazement, I noticed that people laughed and cried. I could feel the energy of their hearts shifting.

Thank goodness for BBSH life skills!

My book *Sand In My Shoes* is just a part of my journey, yet without my life-changing BBSH experience, I might never have dared to write, never have dared to risk being vulnerable or to wear my defended heart on my sleeve, if only for a moment. That is the gift.

If you are at all moved and want to read more, please feel free to visit my website: www.sandinmyshoes.net

And for all of you who want to dance on the wings of your creative expression while opening to the light of your soul's longing—remember—take your passion, make it happen!



**Marina Gottlieb Sarles '96
Former BBSH Year 3 Teacher**

Meet the BBSH Finance Department!

Diane M. Dodge

Controller/Human Resources



A cornerstone of BBSH, the Finance Department keeps us running—no doubt about it.

Di Dodge's unfailing wit and ability to juggle, combined with Melissa's good humor, and both with welcoming hearts, make any contact with this office not only very valuable, but a real pleasure.

Thanks to both of you for taking care of us for all these years!

Finally, the Finance Office gets a word in!

My name is Diane Dodge and I am the Controller and Human Resource Manager for Barbara. I started with Barbara in Long Island and moved to Florida in 2001. (The commute was too long.)

My primary function is to provide Barbara with accurate financial data so that she can make educated decisions regarding the fiscal health of all schools. My secondary responsibilities include all human resources functions to include payroll, teacher contracts, hiring and employee benefits. Finally, my "bean counting" duties may include insurances, budgetary licensure compliance, taxes, and tuition reconciliation.

On a personal note, I am a Delray Beach resident who openly admits to being a golf addict. Four stray cats adopted me three years ago, Mama, Sweetie, Bobbie and Bad Girl, and I am almost fully trained. If anyone would like a free cat, please call me toll free. Free delivery.

Please stop by at Class 5 tuition/enrollment and say hello.

Melissa Higley

Finance Office/Bookkeeper

Hi! I'm Melissa Higley, and as many of you know, I work in the Finance Office. I joined BBSH in June 2001 as the person in charge of accounts receivable/administrative assistant to Finance and then progressed into bookkeeper. I've had the pleasure of interacting with many of you and feel I've gained a lot personally from working here—I have had the pleasure of getting to know our students, who are from such diverse cultures and backgrounds, as well as working with such a great office staff on a daily basis. My responsibilities include handling all matters of finance relating to collecting tuition, maintaining student accounts, paying bills, and helping with registration for both schools. You'll find me at most every class week—which is great, as I get the chance to see many of you in person.

My family is from Charleston, West Virginia, where I had the pleasure of growing up among *six* siblings (so, *most* of the time it was a pleasure). I was in the middle, with three older brothers, an older sister and two younger sisters. When I graduated from high school, I moved to Florida, which has been my home for the past 18 years. Working with numbers has always interested me and, not surprisingly, my background has always been in Finance.

In my free time I love to play with my baby Mickey, a Maltese who's five years old and thinks he's human...and is just about as smart. (Maybe smarter!) He loves to give high five's, and it's so cute. Recently, I purchased my first home, and being a new homeowner, I'm knee-deep in decorating and remodeling. I'm also an avid reader and love to scrapbook, although that's been put on hold until I can find my scrapbooking supplies among all the moving boxes that still surround me!

I look forward to many more years of working with all of you at BBSH/E!



Love

continued from cover

The universe is alive with love. It is everywhere, in everything and in every no thing. It is present at birth. It is present at so-called death. At every change and in every stagnation, love is there. One could say that it simply waits, but it is not affected by what you call waiting. It is simply there. Nothing affects love.

In what you call stagnation, love is simply waiting for you to become ready to be it and to become aware that you are it.

It has been difficult for humanity to accept the full idea of love because of your fears; this then keeps you from the experience of the love that you are. Love has no opposites, love simply is. Fear then is a resistance to love, a separation from love.

Where you have fear is where you have not allowed your love to be, at least from the perspective of your conscious awareness. Love is simply there; you simply separate your conscious awareness and your identification or your identity from it. The “it” of love is in fact you. It is as if you had amnesia; you cannot remember and find no way of knowing, yet by simple surrender, you will recognize it again as Self.

And so, consider the possibility of going into that which is called the wound or fear or terror with the purpose of recognizing it as love. Consider the possibility that as you, sometimes very bravely, step into your wound or your fear, your expectations are of pain yet what is accomplished is your conscious fusion with love. So rather than stepping into a wound or terror with fear and the expectation of pain, consider stepping into it with the expectation of love, fusion and communion. What greater gift to give yourself than to recognize yourself as love.

What greater gift to give another than to recognize the other as love.

Love is not something that you receive or give. It is something that you simply recognize as having been there all the time and that indeed you have separated from with your conscious awareness. You certainly can never get rid of love, you cannot kill it, you cannot birth it for it is beyond time and space. It exists in all of space and all places within you, everyone, everything, in all life. One might say that life and love are the same and the entire universe—perceived, manifest, unperceived and so-called unmanifest or perhaps even believed to not exist—is love. Aliveness is love.

*Love, life, aliveness are one.
They are one with you and me and all.*

We are all partners in love and we are all here to help those who cannot recognize themselves as love to learn to do that. This is the foundation of all healing. It is the healing that arises from within each one of you. It is the healing that you are. It is that recognition that is needed all over this earth and so you will come to know death as the recognition of yet even more love within and all around the self. Do you not long for this day of recognition, for each moment of recognition of self as love, to recognize all the love around and within you? The only reason you have need of developing boundaries is because there are areas within yourself where you do not recognize self as love, where you do not recognize other as love, or other and self as one love.

Come with us now into the so-called Heavens that humanity has imagined for millennia. Be with us here in this broader sense of reality in the spiritual ecstasy of love. Come with us to the cities of light, to the worlds of light. Walk with us, the beings of light. Walk in love into the worlds you hoped exist, that already do, right here in this room in expanded experience. Feel this source of love within you. It is no different from ours. Feel the love of all of your ancestors here in this room now. Notice the

infinite center within them. It is no different from ours. Let this love radiate from you, within you, all around you, as does everyone else's.

You are all love's miracle.

You are all love molecules. The microbial communities that live within your physical body cannot exist without love. So, if there is illness anywhere or physical disarray anywhere in your body, it is that part of your body that no longer believes in love, that cannot recognize itself as love, most likely because of some experience within this or other life experiences in the so-called past or so-called future, neither of which actually exists.

All of life and aliveness is always in the here and now on many levels of existence, in many belief systems, in many universes, in many so-called time zones which aren't actually time. So when you think of your future lives that you would love to live, consider the possibility that they are living right now. You are living them right now and with each creation occurring in each so-called past or future life occurring right now, more life is created.

You do exist on all of the so-called levels far beyond the seventh. Why would you not? You are alive. All life exists on many, many levels. Perhaps you have different form, perhaps not. For it is your predilection to experience love in many ways, in many opportunities that exist throughout the universe in all time.

The "you" that exists now, here, does not depend on your physical body. Your physical body is a vehicle that serves you for the purpose of creation. All of the sweet longings that you carry within you are in fact in the process of your creation. You are creating them. No matter how impossible it may seem, no matter how far into the future it may seem, each is in the process of creation now. There are more that are also in the creative process now of which you may not be consciously aware. Why? Because you have limited the amount of love you can recognize in that portion of your being. In recognizing those portions of your being in love, as love, you will remember many more of your creations.

And so, in this life right here, right now, in this body, in this focus of your attention, find where you are

withholding love from yourself and fill that part of your body, that part of your mind, that part of your psyche, that part of your heart, with love. Transmute self-judgment, self-abandonment, and self-rejection into love.

In filling this portion of your body and your psyche, your mind, with love, notice the difference that is created in your view of life. Notice the freedom that arises from within. Freedom to know, to be, to create in your unique way. Your creations are your personal expressions of love, all of them, in whatever area. They are your gift of love to others. They are your gift of love to yourself because they help you recognize yourself and your love.

Each time you are challenged in your life, learn to recognize that challenge as a challenge to walk into more love. First, you may have to go through a process of finding that love within yourself and finding how you block your love. When you accomplish that, you will have released more of your love. Then you will be able to meet the so-called outer situation in a loving accepting way. It is this process of learning to recognize self as love that can take humanity out of these dark days into the Golden Age that is coming. The Golden Age is an age based on love, acceptance and recognition, recognizing the uniqueness of each individual's core, the uniqueness of each individual's contribution, the uniqueness of each individual's love, the beauty, and the radiance within each individual. You are practicing that here. As you go around the vicious cycles within you, each time you recognize yourself as love you enter into the spiral path of healing into the core and the creation of more love.

First the self—recognize, honor and love the self, then you will most automatically radiate it out to others. What a wonderful process, so simple, so clear, so automatic in many individual ways. For all of you long for love. It is simply that rather than reaching inward for the love, you first try to reach out. You will notice that when you learn to reach in for love, you give yourself permission, most naturally and without any hesitation, also to reach out for love.

And so, let us meditate together as you contemplate the depth, the breadth and the uniqueness of your love. Contemplate this as we shine our light and our love upon you to help you with this self-recognition.

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Class 4: Wed. April 5 thru Sun. April 9, 2006

Class 3: Wed. Feb. 15 thru Sun. Feb. 19, 2006

Class 2: Wed. Dec. 14 thru Sun. Dec. 18, 2005

Class 1: Tues. Oct. 18 thru Sun. Oct. 23, 2005

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Class 4: Wed. March 15 thru Sun. March 19, 2006

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Class 2: Wed. Nov. 9 thru Sun. Nov. 13, 2005

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