

Karl Pernull

"The challenge in life is not to discover new countries but to develop new perception" –Marcel Proust

Hello, I am Karl, and it will be my pleasure to support you on your path. I know you have the resources to BE and stay in your balanced healthy center and create from that place. Where ever your challenge is, we will meet it together. Central to my work with you is to introduce energy and consciousness into your path of life and thus to create self determination in person, family and profession. To make conscious use of your resources. Body, Mind and Soul are a unity that naturally evolves toward harmony and health. Together we work with the different parts of your Self to lead them back into wholeness. Change - in Body, Family, Relationship and Profession always starts in your inner Self—consequently allowing the creation you desire to manifest in your “outside” reality. It starts with the conscious awareness for the life you already have.

As an Energy Coach and Transformational Facilitator I am consciously living the multidimensional Being—we are. In 15 years of international business management I learnt supporting people and groups of diverse cultures, in realizing their objectives. For 10 years I am studying, practicing and researching modalities to support people to create and use their full potential in a balanced life. My experience in Business Leadership, Academia and Integrative Health Studies of Energy Work, Process and Integration Work, Breath Therapy and my continuous Self-Development are passionate aspects of my support system to you.

Private Practice since 2006: Individual or Group Sessions, in Person or via Skype. For more information have a look at my website www.energyinstitut.com or contact me directly info@energyinstitut.com.

Brennan Healing Science Training

BHS Studies in Europe and the USA

Advanced Studies Brennan Integration Practitioner

Teacher Trainee, teaching in the first year

Certified Hands of Light Workshop Leader

Facilitator and Workshop Leader in Transformational Breathing

Academic Record

MBA, Innsbruck, Austria

MSc, Integrative Health Sciences, Graz

Bachelor Degree in Brennan Healing Science, Miami

Researching a Doctorate in Heart Rate Variability Measurement in Breathing Therapy

Spoken Languages: German, English, French

Each Breath is a new beginning!