

Joy Adler

Joy Adler, B.H.S.P., has been an intuitive, holistic healer and pastoral counselor in her private practice, “Alternative Healing Arts” since 1993. She is dedicated to treating the body, mind and soul as one. Joy has offices in Albany and Manhattan, NY, and she works with clients from all over the world in long-distance healing sessions. She has a degree in Mass Media Communications from The Sage College in NY, and is a graduate and former faculty member of the 4-year Barbara Brennan School of Healing, where she taught for 6 years. Additionally, she completed their 2-year teacher training program in 2000 and was a Co-Director of their Creative Arts Department. While in BBSH teacher training, she additionally attended an Early Childhood Psychology program as an adjunct through The Center for Intentional Living.

Joy studied Swedish massage in NJ, 1994/95, and truly believes in the transformative power of bodywork and energy. She attended The NY Open Center in NYC for advanced training in utilizing sound, music, and counseling techniques for working with trauma survivors. Joy also studied shamanism for 2 years, with Lakota Chief and Medicine Man Chief Whirlwind in New Mexico. She completed a 2-year Ceremonial Elder Training with Jane Night Eagle Wynote of the MicMac nation as well as her Master Healing Classes. Joy enjoyed apprenticing with and assisted Patricia WhiteBuffalo, former mentor and assistant dean of PS2 at BBSH, in workshops emphasizing soul retrieval and shamanic journeying, and in co-creating musical healing events for The Heaven on Earth Ensemble, 2005–2011.

Joy holds certifications in a variety of healing modalities including Ama Deus, and she completed her studies in Pastoral Counseling at the former Moriah Institute of NY in 2008. Joy attended Ayurveda World in NYC, with Dr. Naina Marballi in 2013, and became a Certified Ayurvedic Nutritional Counselor. She completed a 300-hour Yoga Teacher Training in 2014, and is a Yoga Instructor of the Natural Yoga Technique. Currently Joy is a member of Associated Massage and Bodywork Professionals and the American Association of Pastoral Counselors

Adler is a frequent radio guest host and former television host of programs on holistic health, and is an award-winning singer, songwriter, and soundhealer. Together with her musical group “**The Souls of Evolution**,” she has developed “Music for Healing,” a powerful modality that integrates holistic therapies, energy balance, chakra vibrations, channeled mantras, and music. She has released 5 albums to date of her own original material, and one DVD through The Foundation for Global Humanity with Patricia WhiteBuffalo as part of The Heaven on Earth Ensemble.

Current Teaching Status: Since 2004, Joy has enjoyed developing and teaching the Wellness and Emotional Growth Program at The Center for Natural Wellness School of Massage Therapy in Albany, NY, as well as being their student, faculty and administrative advisor. She is the current Mentor of the expanded Wellness team there. She enjoys teaching advanced energy healing classes as an adjunct to body work with emphasis on “Reclaiming the Self Through One’s Creative Nature,” called Energy Diagnostics, at the Massage School as well as teleclass format. Joy is a Meditation Leader for the Albany Peace Project as well as a Workshop Leader for the Barbara Brennan School of Healing.

For more information, visit her online at:
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