

Della Reside

Della Reside is a Healer and Author who specializes in working with Cellular Consciousness. She is able to work with the body on a cellular level to access stored information, gain insights, help it release, and, allow it to integrate back into the system in a gentle, drug free, non-invasive way.

Della graduated as a Brennan Integration Practitioner in 2015 and has a private practice working with clients internationally by phone and Skype. She has a Degree in Microbiology with a Bachelors of Medical Laboratory Technology, 24+ years' experience in Immunology, as well as 4 years training in Anatomy and Physiology and Certification as a Holistic Health Coach.

In addition to facilitating The Fundamentals of Brennan Healing Science (Hands of Light Workshops), she leads Chakra Alignment Workshops Using Crystals and Rocks.

She is also a married mother of 2 who loves to spend time with her family and friends, travel, spend time outdoors, exercise, cook, meditate, read and write.

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