



HMD LECTURE: Friday, October 16, 2015

Ceremony

Presented by Craig Kay

This presentation will provide an understanding of the basic elements of ceremony, as process and transformational tool. We will be in ceremony, as we experience and articulate the significant aspects of this process, including intention, size, space, time, procession, opening sacred space, invocation, the altar, subtle body processes, shamanic journeying, sounding, dreamtime and closing sacred space. Within the ceremony, we will also work with our intentions for this year on various levels of consciousness, using our breath, our voice, our individual and collective Hara, and access to our future selves. It will be both an interesting and transformative evening.



Craig Kay is currently a teacher in the third year at BBSH and a certified Brennan Integrative Practitioner. He has a B.A. in Philosophy and Comparative Religions, is a graduate of The Center for Intentional Living and was a former Year 3 Class Dean. He specializes in Metaphysical, Ontological, and Spiritual development and infuses his teaching with a rich appreciation for the creative/expressive arts, and how they interface with different levels of consciousness.