



# BBSH®

# In Touch

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The Newsletter of Barbara Brennan School of Healing®

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## The Core Light

Channeled by Barbara Brennan

*Let the light  
deep within your core  
radiate forth,  
carried on the creative  
force of love.*

*Feel it developing  
your mental and  
emotional bodies.*

\*\*\*

*As this light begins  
to take form  
into material life,  
feel it developing your  
physical body.*

*What will you do with it?*

\*\*\*

*Feel this light radiating forth  
beyond your personal body,  
into your family, into your life.*

\*\*\*

*Riding on the creative force of love,  
the light takes form.  
It develops your relationships  
and your family.  
It develops your home  
and your profession.*

\*\*\*

*Watch the flowing creative force of love  
as it flows through  
the invisible template of divine will  
that creates the form  
of the physical world.*

\*\*\*



*It unfurls the world,  
the planets, suns,  
and supernovae.*

*It explodes into  
light and life,  
into all of the many  
forms of life  
that have been created  
throughout the planets  
and stars,  
throughout time  
immemorial.*

\*\*\*

*Life is not limited  
to only form  
on this planet.*

*There is life  
in many forms and signatures—  
not only on this planet,  
but on others.*

\*\*\*

*Throughout the universe,  
life takes place in ways  
that you may not yet consider to be life  
and yet it is,  
for all is alive.*

\*\*\*

*Life does not exist only in the animal,  
plant, insect, and fish world.  
It exists in the water of life,  
in the air, the trees,  
the crystals, the rocks,  
and the planet itself.*

\*\*\*



The Newsletter of The Barbara Brennan  
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2012  
of  
studies

# commitment

## Class of 2012 Graduate Speeches

### The Little Robin Bird

by Günter Schlager & Caroline Wurmböck,  
BBSHE Year 4 Student Representatives

(Editor's note: This speech is a dialogue between Günter and Caroline; Günter begins the speech.)

**A**s the speakers for this graduating class of the Year 2012, it is an honor for us to heartily welcome all of you: dear family members, dear friends, students and graduates of BBSHE, dear teachers, Class Deans, and School Dean.

Our hearts are with Barbara as we feel that she is with us in these moments of celebrating our graduation.

It is my pleasure being here with you, Caroline, in this moment. I feel deep gratitude in presenting this speech together with you because this is an expression of our honest contact and inspiring relationship during these past four years of studies here at this school. I feel that our contact and relationship stands for the development of relationships between the members of our class with its essence of honesty, integrity, clarity, courage, and love.

Due to time reasons, we cannot talk about each one's journey in the last four years. But we can briefly talk about individual milestones, crossroads, turning points, and moments of transformation, and connect them with our class's journey.

**Caroline**

If you look back, Günter, which roads did you travel?

**Günter**

I joined BBSHE with this question: Is that all what I am living? And I got an answer: Yes, but you are much more.

So in Year 1—in Christine's small class and with the support of our Small Class Teachers Sue and Tim—I came in contact with my rage and anger and with my fear of contact. During a body experiential, my Class Dean Laurie stated, "So much pain!" Her compassion touched me deeply and I got into contact with my wound of abandonment and rejection for the first time. My main experience in this year was that everything is in me: my courage, my fear, my doubts, my trust, my anger, my love, my uncertainty, my clarity, my truth. My inner authority is made from all of this and I can contact it in every moment of my life.

**Caroline**

And Year 2?

**Günter**

Wow! I took a walk on my wild side, and explored my loving side. I started to explore honest contact and genuine relationships with my classmates, and I began to walk through my life and work differently. I discovered pleasure and fun in my life, and the fear of contact became much smaller—due in no small part to the wonderful, safe learning environment provided by our Class Dean Kahea and our Small Class Teachers Margot, Irena, and Martin.

**Caroline**

And Year 3?



**Günter**

As my healing path continued, I experienced other challenges on different levels. I entered the wide field of trust and surrender and started exploring the level of intention. How should I manage to balance will, emotion, and reason effortlessly? Nearly impossible for a hard and perfect working man like me. Again I could experience a very safe learning container—this time provided by our Class Dean Sherry and our Small Class Teachers Celia, Ines, Joseph, and Rob—and the possibility of being effortless became more real.

**Caroline**

And Year 4?

**Günter**

Well, here I am, and here we are. I see and hear our Class Dean Alain playing his flute at the beginning of this year. Asked about what I want to accomplish and heal in this last year of studies, I clearly answered, "I want to heal my split and live in clear intention!" Many times during the last four years I have experienced this gift of being able to express undoubtable inner wisdom. At first I was wondering, but finally I became aware that this is the gift of my inner authority nourished by the wisdom of the universe and god's will within me.

I trust these sources. With deep gratitude I feel that this is what I have learned individually and what we all have learned as a wonderful group of awakened individuals in this graduating Class of 2012. I feel that we all are committed to bring this gift of everyone's inner authority into our healership and into the world.

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# Class of 2012 Graduate Speeches

And you, Caroline? Wouldn't you like to share your experience with the little bird? I was so touched when you shared it with me during the preparation for this speech!

## Caroline

It was a cloudy morning, and inside of myself there were a lot of clouds as well. I was full of doubts about my work, about my life—everything. I was crying and asking the universe for help. All of a sudden I heard a big bang on my kitchen window. I ran outside and saw a little robin bird on the floor.

At first I was frantic and worried about his life, but when I took him in my hands, something changed. I suddenly felt a big peace; there was no more need to do anything or to worry. I could feel his warm body, smell his essence, and my heart and whole being were just overwhelmed with love and compassion. Then I started to sing my heart song to him while I caressed him. I was in deep pleasure.

After a while, he suddenly opened his little dark eyes and looked at me. I felt goose bumps all over: I saw in his tiny eyes my father's eyes, and in them also myself. I continued to hold him and sing my song, and then he started to move his body a bit. Little by little, he was coming back into life, back on his tiny little feet. We were now looking at each other for a long, long time, being in deep contact. Then, finally, he opened up his wings and flew away.

This experience touched me deeply and showed me so much. I also feel it is the essence of our four years: the most important thing is to be present. It is not about the doing, it is about being in contact with our heart, our whole essence. So remembering this I remember who I am, who we are.

This story reminds me of our journey at this school. We flew somehow like this little bird into the window of the Barbara Brennan School, more or less wounded, and we were all held so gently by our teachers and guides in love and compassion. This constant contact and presence then gave us the strength and courage to stand up and get on our own feet, to look and recognize each other, and to fly away on a new journey.

## Günter

And when I feel into the spirit of our class—of this body of love—a poem of Rumi comes into my mind:



*Out beyond ideas of wrongdoing and rightdoing,  
there is a field. I'll meet you there.*

*When the soul lies down in that grass,  
the world is too full to talk about.  
Ideas, language, even the phrase "each other"  
doesn't make any sense.*

And yet there are some more words to say out of our heart.

## Caroline:

We are filled with deep gratitude. Thank you, Barbara, for this wonderful school. Thank you, Alain, our Year 4 Class Dean, and thanks to our Small Class Teachers Fabienne, Anne, and Ellen. Thank you to all our great teachers of this school, and thanks to our spiritual teachers and guides. And of course we want to thank you, our classmates and friends. Deep thanks to the whole community of the Sacred Heart. And at the end, thank you to all our friends and family members who are joining us here now!

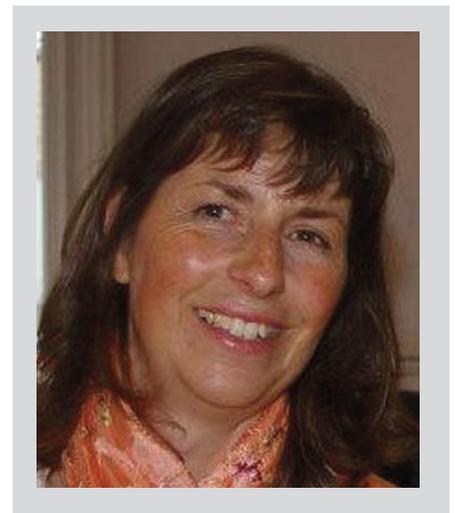
## Someone Like You

*by Susan Greenfield,  
BBSHE ASBIW Student Representative*

It is an honor and a privilege to be here representing my colleagues in the Advanced Studies training. I have been struggling for some time with what I want to say to you. I realized during this week, with help from my group, what the struggle was: I was trying to write the perfect speech. Having a fair amount of rigid characterology myself, getting it right is important! So eventually I decided to scrap all the reams of long notes and just be here and fully present with you. It feels similar to what we've been learning in the course about facilitation: that the most important thing is to stay in contact with your client no matter whatever else is happening.

I have experienced such deep contact and connection during this year with my colleagues and with Joy and John, and I finally feel that I have fitted in. There is a place for me. I've never really experienced that before and I feel so grateful for that.

The feedback from the teachers that stays with me the most is...well, first let me say that we in the Advanced Studies



# Class of 2012 Graduate Speeches

Program get our feedback during meetings with the teachers involving lots of pink letters! We get them much more than during the PS1–PS4 years. I managed to go through those previous four years of training without getting any letters—I managed to stay out of trouble! In Advanced Studies, it doesn't make any difference whether you stay out of trouble or not—you get them anyway!

But let's go back to the feedback that my Small Class Teacher John gave me. It was that he likes me best when I'm just being ordinary and human. That was a revelation and a relief to me, and also touched me very deeply. I thought, oh, that's all I have to do be ordinary and human. I can let go of this drive I have to be something that I am not and relax into my ordinariness and humanness.

As I was traveling back home on the bus after Class 4 and starting to plan what I wanted to say to you today, a song came on my iPod called *Someone Like You*. It really spoke to me. The words touched me deeply. They reminded me of all the people I have met over these past six years of training who have helped me to open my heart, to be able to fully be here, and to finally feel that I deserve to be here on this stage right now.

I felt so touched by those memories that I had tears rolling down my face as I sat there listening to the song on the bus. I want to share that feeling with you now.

## Someone Like You

I've been searching a long time  
For someone exactly like you.  
I've been traveling all around the world  
Waiting for you to come through.  
Someone like you makes it all worthwhile  
Someone like you keeps me satisfied.  
Someone exactly like you.

I've been travelin' a hard road  
Lookin' for someone exactly like you.  
I've been carryin' my heavy load  
Waiting for the light to come shining through.  
Someone like you makes it all worthwhile  
Someone like you keeps me satisfied.  
Someone exactly like you.

I've been doin' some soul searching  
To find out where you're at.  
I've been up and down the highway  
In all kinds of foreign lands.  
Someone like you makes it all worthwhile  
Someone like you keeps me satisfied.  
Someone exactly like you.

I've been all around the world  
Marching to the beat of a different drum.  
But just lately I have realized  
The best is yet to come.  
Someone like you makes it all worthwhile  
Someone like you keeps me satisfied.  
Someone exactly like you.

Thank you, and using the words of Van Morrison,

"The best is yet to come!"

## Our Memories Are Us

by Randall Segal,

BBSH Year 4 Student Representative

**G**ood afternoon to you all, my classmates, fellow students, and faculty. I welcome all our friends and family who have come to join us today to celebrate our achievements that could not have been met without your love and support. Thank you.

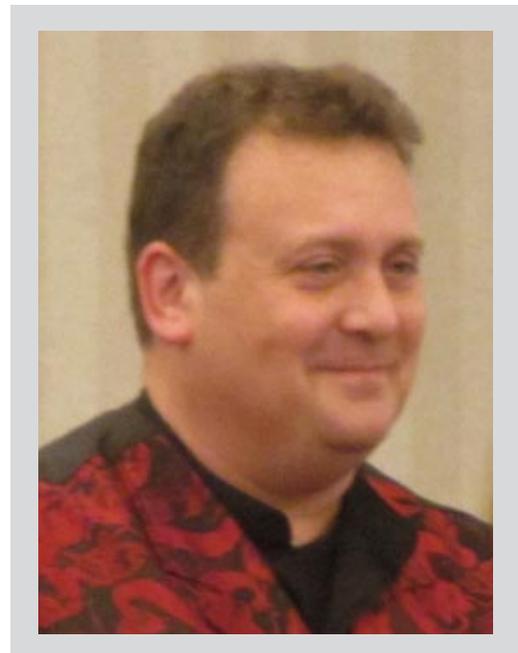
I welcome those students who follow us, the classes of 2013, '14, '15, and beyond. Congratulations on continuing on your journey with this amazing institution.

And welcome to the ASBIW students, some who graduate with us, and to those who we will join next year if we choose to go on with our studies.

I am truly honored and grateful to be one of the two students representing the Barbara Brennan School of Healing Class of 2012. I am grateful for the support we have all given each other over the past four years.

I am in awe of the love and dedication of the faculty and staff of BBSH who have guided us to this point in our journeys. Each and every one of you have touched each of us in such extraordinary ways that our gratitude to you for all you have done will never be expressed in mere words. It will be reflected back to you by the bright and shiny mirrors that you have helped to polish. Through your expert hands, we see the joy, the community, the caring, compassion, and love that we are. Thank you!

And our gratitude extends to our school's founder, Barbara Brennan, for without her vision, intention, and guidance, none of us would be here today.



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# Class of 2012 Graduate Speeches

While taking on the very last DLM reading assignment, I read these words of Heyoan in *Seeds of the Spirit, 1998*: "Take all of the sweet memories that are integrated here within you and rather than label them as 'memory,' call them 'self.'"

This got me to thinking that we are a culmination of our life experiences; they form the perspective of our world view. Our memories are us.

Think of how the memories that we have experienced over the last four years have created and transformed us into the beings who are now before you. How 44 months ago, most of us sat in a circle in this very room, together for the first time, nervously explaining our stories of how we got here. Timidly connecting and wondering what was going to happen next. Some of us scared to speak and some of us—from Brooklyn—enraptured by the microphone!

Do you recall our first process class? Our small groups in the Orchid rooms, some brave soul being the first to go, and wildly making contact with a bataka against the pillow—all the time some of us wondering, Do I really have to do that or how quickly can I get out the door?

We have felt, seen, smelled, and heard ourselves in ways we had never imagined before.

We have learned new ways to see ourselves. How do you hold the root of a chakra as if you had chopsticks for fingers? What surgical instruments are the guides using now—oh, that is what the microtubules of a cell look like! We now perceive the miraculous incredible things that make up all our lives and make us wondrous beings.

We have experienced intimate details of each other's lives, some things so deeply buried that not even our spouses or partners know the truth. Yet we often don't know each other's last name.

We have been comforted in piles of puppy love, slogged through miles of mucous and cloudy emotions, and we have swum through rivers of tears together or alone, but never apart.

We have challenged ourselves to go deeper in and further out than we have ever thought possible. Which barrier are we crossing while we are expanding our core star? The karmic barrier. Are we living or learning a lesson that is lifetimes old? Are we floating in the universe past the planets? Have we moved into the realm of infinite possibilities?

We have considered the possibilities of what our lives can and will be, and we are moving towards the manifestation of these dreams and longings.

And as the years progressed, new souls joined our journey, some left only to return later, some we have not seen for a while, and some are here with us today. But all of those memories are part of the self that is now me, that is now **US**. We have been formed by our experiences with each other. We are no longer those separate souls who started here but a community that is connected on the deepest levels. We will never know what life will be like without each other because we have all touched each other's hearts so deeply.

What is next for us? What is our longing? What is your longing? This is a question that for me has never been easily accessible. I realize now it is hard for me to know the answer because as I grow and change, so does that longing. When I

started at BBSH, I was here to reconnect with a lost friend. Through our learning here, I have not only connected with her and all of you, but I now have connected with myself in ways I could never have conceived of. I am now longing to keep growing, to keep finding more of myself.

Our lives have changed so rapidly that our longing and desire have been shooting off like huge, brilliant, exciting fireworks: flashes of beauty that are indelibly etched on our beings, one colorful explosion after another, a never ending feast for our senses.

We have revealed our brilliant light and we are now shining brighter than ever before. The jewel that we have found in our work at BBSH—this brilliant multi-faceted jewel, this never ending cache of fireworks—is **YOU**, the Divine you.

At the culmination of the many miles and lifetimes we have traveled to get here, we know that this is the moment of our first steps on the continuation of our journeys to keep expressing our love in the multitude of uniqueness that is us, the Barbara Brennan School of Healing Class of 2012.

This ending is our beginning. There is no final goal, only ourselves. We are not just the memories of our times together but are now our never ending desire to keep learning, growing, expanding, loving.

I am having just a small process session coming to a conclusion and wrapping this speech up. For in this moment, it is my longing never to end the BBSH experience, never have to separate, and always have the excuse to jet off to Miami every other month (little do our friends and family at home know how little of the city or beach we see in a week here). I want this to continue. I long to move forward—with you. I long to see the places that we grow. I yearn for more awareness, more brilliance, and more of myself and you. I know that we will not always be in touch, but we will always be together, expanding our container in endless directions, filling it with love, and sharing that love with the world.

And from my Heart I extend my wish for all of our amazing dreams to manifest, for all the jewels in our lives to be brilliant, and for all the challenges we face to reveal the jewel that is you.

Thank you.

## Diagnosis

by *Eliane Dinkin*,

*BBSH Year 4 Student Representative*

**S**o here we are: The Class of 2012! I feel honored and grateful to be here today with Randall representing our class.

My beloved classmates, family, friends, and teachers, I have to say that I laughed a lot while writing this speech; my heart was filled up with memories of the precious moments I spent with each one of you, my class. A few days before our last DLM due date, I emailed my angel friend and classmate Lily Reed, and she told me that she still hadn't started her homework. And I said, "Me neither, what's going on with us?" To which

# Class of 2012 Graduate Speeches

she replied, "Lo! We have 'senior-itis.' It's a terminal disease." Lily inspired the format for my speech.

As a doctor I am going to diagnose a few conditions that happened in these four years at BBSH.

In the first year, we were all suffering from "who-am-itis," a very serious condition in which we later discovered that who we thought we were was not who we were. And to make things more difficult, we had to figure out the remedy for that ourselves. Of course, we had been helped, but to get through that we actually had to feel the pain! Oh, man! What kind of treatment was that? But we did it! I just recall now that at the first Goddess Meditation, I vibrated so hard on my chair that a friend who was in her third year put her hands on my back, telling me softly that everything was OK! It didn't matter; I continued vibrating even harder! I thought, what the heck was all of that?

Second year came; the first condition was under control and a second one came up—the "other-itis." It was another serious condition in which we started seeing others in a different manner: one was too close to the clouds, another was with a vacuum cleaner all the time, another was throwing hooks on everybody, another one was boiling something inside—we could even sense the smoke coming out—and yet another one pretending that nothing was happening! Also, as an associated symptom for that condition, we started talking in such a strange language that made so much sense to us, but our family and friends could barely understand it. Well, we have to agree that to cure that we had to cough a lot, and a lot of coughing was necessary. We had to manage the wave, you know. I guess I am coming down with that language again!

Third year came, and then we all had trouble with the "boss-itis," which was a very contagious condition in which everybody wanted to be the boss. Can you imagine the scene? Then we discovered that the remedy was not who could bark louder and make everybody quiet, but to find our authority within as kind and loving towards self and others.

Fourth year! We thought we were done! Just a few things to pack and that was it! Sweet dreams! All cured! But we all caught "intend-n-itis," another condition that created a major case to be presented and required a huge project to be healed.

Regarding DLMS, have you noticed that anytime we had to read the same PD skill to answer a question, we found out something totally new? In other words, we can see something new every time we look at the same thing. We broaden our experiences as we expand our perceptions. But, as we all step into the world right now, we don't have to answer those PD questions. We don't have the DLM due date to deal with. We have a life to live, a life we learned how to make better because we learned to see it anew. And we know we are quite different from where we began.

Before coming to school, we were all living our lives the way people are supposed to live their lives. We were born, we grew up, we went to school, we fell in love, we broke up, we became adults, we had our jobs, we had our families—but something was missing deep inside of us. We wanted to know who we are and why we are here. We had so many dreams, but somehow we didn't believe they were possible and had to accept they were only dreams. We believed that life was something else. For four years, we had the courage to face our deepest pains, embrace our truths, and make different choices. In this process we found out that we are the ones who are creating our lives and the world reflects back to us the reality we hold inside. With each other we found support, courage, strength, compassion, trust, sensitivity, loyalty, integrity, safety, creativity, playfulness, and love. We felt safe to take off the lens of our defenses that had been distorting the way we saw each other. In this back-and-forth struggle, with the willingness of each part, the other became the one who helped us to remove the blocks that were preventing us from seeing the deepest truths of our hearts.

None of this would be possible if someone long ago hadn't lived through this very same process: Barbara Ann Brennan. Our hearts will be eternally grateful to this courageous soul whose wisdom and diligence created this school. Because of her, we are all here; because of her, we now believe that what once was just a dream is the task we came to this life to make real.

Teachers, what are we going to say to you? No words would be enough to thank you. You have held the container to make all of this possible for each one of us. And this is the utmost expression of giving, giving us back to ourselves.

We go our way now, we are graduating, but we want you to know that no matter what we go through, we know we can make it, and we can make it because your love goes with us. I'll use Christopher Logue, a contemporary poet, in this brief dialogue to honor you:

Come to the edge.  
We might fall.  
Come to the edge.  
It's too high!  
COME TO THE EDGE!  
And they came  
And he pushed  
And they flew.

Teachers, our love will be with you forever. Thanks, families and friends, for hanging in there with us. All of this learning made us love you more. Thanks, my class, for filling up my heart.

Ready? Steady? So, here we go!



# Class of 2012 Graduate Speeches

## Presence and Embodiment

by Joan Walmsley,

BBSH ASBIW Student Representative

**G**ood afternoon students, faculty, families, and friends of BBSH. I am so delighted to speak on behalf of my wonderful class—the ASBIW graduating Class of 2012—and on behalf of this amazing program.

What is ASBIW all about?

This two-year program is a course of study that enables a deepening and enhancing of your healing skills.

The focus of the program is twofold: Presence and Embodiment.

Laurie Keene mentioned Presence in her opening speech as being one of the foundations upon which her life's healing journey has been built.

But what exactly is Presence?

It is not found in the stories of yesterday nor in the "what ifs" of tomorrow.

Presence is the NOW! Life is happening NOW. Healing is happening right here in the NOW.

And what of Embodiment—what does this mean?

Embodiment is bringing to your conscious awareness every thought, feeling, and sensation—energy that runs through this miraculous physical bod—from moment to moment. It is having a full awareness and experience of self in the moment *while* remaining in relationship and having full conscious awareness and contact with another. This allows a spaciousness to arise in the relational field that can enable the deepening of the process of another.

As we work through our own issues by slowing down our process and becoming aware of the movement of energies within our own bodies, we become aware that our body holds all the answers to all our questions. It is an infinite fountain of wisdom and knowledge, if we can but slow down our process long enough and quiet the mind long enough to hear, see, and feel it speak to us.

This is a program of personal transformation by which we are continuously dissolving old paradigms, old images, thoughts, and beliefs that have been hardwired into our systems at the cellular level by our early environmental conditioning, childhood wounds, and misperceptions of reality. We are doing nothing less than reforming, literally. We are creating new ways of being, new ways of seeing, and new ways of perceiving as we undertake the process of becoming. This is what "to process" means.

The importance and value of group energy should not be underestimated. You cannot do this work alone. Whilst,

undeniably, you do very valuable process work with your BIPs, group members enable an experience of far wider transference issues than one-to-one integration work can offer, and allow the student to experience the possibility of different outcomes, thus breaking habitual patterns. We are in fact rewiring the neural pathways of the brain when we are presented with a new response to the thought, action, or word that created our original wounding.

When we do this work in ourselves, it opens up the possibility for others, as we are all connected in the oneness of all life. Through harmonic resonance, as we raise our vibration, we can create the opportunity for the vibration of others to rise.

Imagine what this can mean for our clients! Our very being and presence can present them with a new possibility and opportunity to experience themselves differently. As we transform, so can they.

The implications of this work for the world at large become much greater when we realize that our presence and embodiment affects not only our clients but all those with whom we are in contact: friends, family, colleagues, strangers. We do not have to DO anything. We simply have to BE. This is enough. Once we have cleared and purified the vessel, our very BEING becomes a profound healing presence.

Randall made reference to the "jewel that is you" in his speech on behalf of the BBSH Year 4 graduates. Have you ever considered that the "jewel that is you" is infinite?

And so I commend this program to you. If you have even the slightest spark

of longing to have even more of yourself, I urge you to experience this program.

You will still have to do DLMs, but they are shorter than your final Year 4 homework, as well as being immensely rich tools for self-exploration. As with all the years at BBSH, the work you do between classes is as important as that which takes place at school, and so the DLMs really focus you on your process. For me personally, they were an invaluable part of my transformational process.

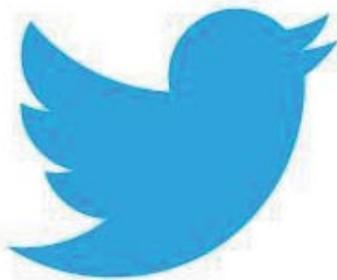
Finally, I want to honor our amazing faculty and ASBIW teachers: John Wepner, Anna Schalk, and our Supercalifragilisticexpialidocious! Dean, Sherry Pae.

I love you. I love this school. Thank you.



# social media

## Building Connections...

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.

**D**on't want to miss all the latest news? Then make sure to stay connected to BBSH/E on Facebook, Twitter, and Tumblr. We are regularly updating information, posting articles and photos, quotes from *Seeds of the Spirit*, video clips, and so much more, so take a look! With plans to be more interactive during class weeks—posting live and in the moment—it's something you won't want to miss, with content only available on our social media pages.

So be sure to Follow, Comment, Like, and Share!

Please follow us on Facebook at the following link:

[www.facebook.com/pages/Barbara-Brennan-School-of-Healing/171270606229726](http://www.facebook.com/pages/Barbara-Brennan-School-of-Healing/171270606229726)

Please follow us on Twitter at the following link:

[www.twitter.com/BBSH](http://www.twitter.com/BBSH)

Please follow us on Tumblr at the following link:

[www.barbara-brennan-school.tumblr.com](http://www.barbara-brennan-school.tumblr.com)



BBSH<sup>®</sup>  
BARBARA BRENNAN SCHOOL OF HEALING<sup>®</sup>

*All is life for it was life before form.  
It was life before idea.  
It was life before manifestation.  
It is life as void.*

*The underpinning of all life  
is the aliveness of void  
in which experience also exists.*

\*\*\*

*Feel this great expanse of life that you are,  
for all that exists, including you,  
rests upon the void.*

\*\*\*

*You can identify self with all manifestation  
and with all non-manifestation.*

*You can identify self  
with void as aliveness.*

\*\*\*

*Return always to this state  
of a direct experience of alive-ness.  
Everything and every no-thing is self.*

*This is no limit to your being,  
at least spatially.*

\*\*\*

*You are not a slave to three dimensions  
nor to the so-called arrow of time,  
relentlessly moving forward  
toward your so-called death.*

\*\*\*

*Death is simply a change of form,  
a letting to to  
an expansion of being.*

\*\*\*

*At death you distill all that you have learned  
in this particular form  
that you are now self-identified with,  
this particular form  
that sometimes you feel trapped in.  
You are not trapped.*

\*\*\*

*All of the universe,  
manifest and un-manifest,  
exists now.*

\*\*\*

*You are a pulsating being of light.  
Experience yourself expanding  
and enlightening your being.*

\*\*\*

*What then is your predilection?  
What is your choice  
from this expanded state of being?*

\*\*\*

*How can you apply this  
to your life as a human being?  
How can you make personal simple choices  
about your life from  
this expanded experience of aliveness?*

\*\*\*

*Do not limit  
what you call your future  
with the idea of self-limitation  
that implies you cannot do something  
that you wish to do.*

\*\*\*

*In caring for yourself and others,  
ground into your basic infinitude  
and move from the center of the expanded self,  
the infinite that is you.*

\*\*\*

*Center.  
Be the infinite self that you are.  
Be the infinite experience of aliveness  
that you are.*

*Feel the pleasure, the love.  
Include your significant others,  
your family, your children.*

\*\*\*

*For I am none other than you,  
and you none other than I.*

\*\*\*

# BBSH/BBSHE Global *events*

For more information on these or any other upcoming event please visit our website.  
[www.barbarabrennan.com](http://www.barbarabrennan.com)

## September

SEPTEMBER 1, 2012

**Brennan Healing Science Lecture**  
in OSAKA, JAPAN (Presented in Japanese)  
Title: Anatomy & Physiology of the Human Energy Field  
Presented by: Hidetaka Itoh, Advanced Studies Graduate

SEPTEMBER 7-8, 2012

**Brennan Healing Science Workshop**  
in JERSEY, CHANNEL ISLANDS, UNITED KINGDOM  
Title: Fundamentals of Brennan Healing Science  
Presented by: Rob Ungar, Advanced Studies Graduate

SEPTEMBER 8-9, 2012

**Brennan Healing Science Workshop**  
in BRIGHTON, ENGLAND, UNITED KINGDOM  
Title: Fundamentals of Brennan Healing Science  
Presented by: Sue Hewitt, BBSHE Faculty

SEPTEMBER 8-9, 2012

**Brennan Healing Science Workshop**  
in BERN, SWITZERLAND (Workshop auf Deutsch)  
Title: Fundamentals of Brennan Healing Science  
Presented by: Christof Huber, BBSHE Faculty

SEPTEMBER 8-9, 2012

**Brennan Healing Science Workshop**  
in ISTANBUL, TURKEY (Seminer dilli Türkçe'dir)  
Title: Fundamentals of Brennan Healing Science  
Presented by: Sintia Mazon, Advanced Studies Graduate

SEPTEMBER 8-9, 2012

**Brennan Healing Science Workshop**  
in SAN DIEGO, CALIFORNIA  
Title: Fundamentals of Brennan Healing Science  
Presented by: Kathy Bower, BBSH Faculty and  
Nancy Christine, Advanced Studies Graduate

SEPTEMBER 14-16, 2012

**Brennan Healing Science Workshop**  
in WHEATON, ILLINOIS  
Title: Fundamentals of Brennan Healing Science  
Presented by: Ada Robinson, Former BBSH Faculty

SEPTEMBER 14-16, 2012

**Brennan Healing Science Workshop**  
in TORONTO, ONTARIO, CANADA  
Title: Fundamentals of Brennan Healing Science  
Presented by: Catherine Wright, Former BBSH/E Faculty and  
Kathy Bower, BBSH Faculty

SEPTEMBER 15, 2012

**Brennan Healing Science Workshop**  
in REYKJAVIK, ICELAND  
Title: Fundamentals of Brennan Healing Science  
Presented by: Priscilla Bright, Former BBSH School Dean

SEPTEMBER 21-23, 2012

**Brennan Healing Science Workshop**  
in WHEELING, WEST VIRGINIA  
Title: Fundamentals of Brennan Healing Science  
Presented by: Deborah Sinclair, Advanced Studies Graduate

SEPTEMBER 22, 2012

**Brennan Healing Science Workshop**  
in BOSTON, MASSACHUSETTS  
Title: Fundamentals of Brennan Healing Science  
Presented by: Priscilla Bright, Former BBSH School Dean

SEPTEMBER 28-30, 2012

**Brennan Healing Science Workshop**  
in MONTRÉAL, QUÉBEC, CANADA (Présenté en français)  
Title: Fundamentals of Brennan Healing Science  
Presented by: Roland Bérard, Advanced Studies Graduate

SEPTEMBER 28-30, 2012

**Brennan Healing Science Workshop**  
in FAIRVIEW, NORTH CAROLINA  
Title: Fundamentals of Brennan Healing Science  
Presented by: Edrianna Stilwell, Advanced Studies Graduate

## October

OCTOBER 13, 2012

**Brennan Healing Science Workshop**  
in NEW YORK, NEW YORK  
Title: Fundamentals of Brennan Healing Science  
Presented by: Priscilla Bright, Former BBSH School Dean

OCTOBER 19-20, 2012

**Brennan Healing Science Workshop**  
in SOUTHPORT, NORTH CAROLINA  
Title: Fundamentals of Brennan Healing Science  
Presented by: Laurie Thorp, BBSH Faculty

OCTOBER 20, 2012

**Brennan Healing Science Workshop**  
in KING OF PRUSSIA, PENNSYLVANIA  
Title: Fundamentals of Brennan Healing Science  
Presented by: Priscilla Bright, Former BBSH School Dean

OCTOBER 20-21, 2012

**Brennan Healing Science Workshop**  
in PARIS, FRANCE (Présenté en français)  
Title: Fundamentals of Brennan Healing Science  
Presented by: Françoise Bonnal, Advanced Studies Graduate

OCTOBER 20-21, 2012

**Brennan Healing Science Workshop**  
in COLLINGSWOOD, NEW JERSEY  
Title: Fundamentals of Brennan Healing Science  
Presented by: Laurie Keene, BBSH/BBSHE School Dean

OCTOBER 26-28, 2012

**Brennan Healing Science Workshop**  
in WESTWOOD, MASSACHUSETTS  
Title: Fundamentals of Brennan Healing Science  
Presented by: Patricia Howard, Advanced Studies Graduate

OCTOBER 27-28, 2012

**Brennan Healing Science Workshop**  
in GHENT, BELGIUM  
Title: Fundamentals of Brennan Healing Science  
Presented by: Saundra Stephen, Former BBSH/E Faculty

## November

NOVEMBER 3-4, 2012

**Brennan Healing Science Workshop**  
in NEW YORK, NEW YORK  
Title: Fundamentals of Brennan Healing Science  
Presented by: Priscilla Bright, Former BBSH School Dean

*congratulations!*



I would like to congratulate our 2012 graduates. As you experienced taking each step toward the stage to receive your diploma, I am in awe of your unique journey for the past four years. It is a magical moment, a culmination of all the hard work, the joys, the fears, and the tears. I know that what you have accomplished was not just for this lifetime but for many lifetimes to come.

This issue is dedicated to the speeches given during graduation from both BBSH and BBSHE. We hope you have enjoyed our Summer issue of "BBSH In Touch" in our continued online format. We invite you to share your ideas, stories, and accomplishments with us for future

issues.

Please make sure your article is 1,000 words or less. We would also enjoy any high-resolution picture related to your article. You may send your articles and pictures to [lisa.boris@barbarabrennan.com](mailto:lisa.boris@barbarabrennan.com). I look forward to hearing from you.

Blessings,

*Lisa*