



BBSH *in Touch*

ISSUE 9 — THE NEWSLETTER OF THE BARBARA BRENNAN SCHOOL OF HEALING — SPRING 2002

Dedicated to the Evolution of the Human Spirit

Hello Everyone,

The planets are lining up, Florida has turned to summer (but then, it's always summer here), we have a gorgeous new catalog and BBSH has begun enrollment for the 2002-2003 year which marks our 20th anniversary!

So many wonderful things are happening. Here are a few of the highlights.

Our Integrative Care/Healing, Medicine and Disease lectures have been very powerful this year. Some of the topics covered were Naturopathy by Alain Grouette, Post Traumatic Stress Disorder by Simone Guenette, Homeopathy by Martha Derbyshire and Irene Tobler, Diabetes by Janice Luckenbill and Nutrition: Steps to a Healthier Life by John Kelly.

Class #4 included Family Days. We welcomed over 200 family members of students and faculty. They were able to experience many aspects of the school beginning with a talk by Barbara Brennan, Q & A with class deans, a lively PS 4 marketing class, and healings generously given to them by the PS 3 and PS 4 students. It was lovely.

We also celebrated the student art projects. Experiencing them was like taking a trip around the world. A Hopi ceremonial dance, a Balinese welcome dance, the hula, a Tibetan ceremonial dance, a dance from India expressing the higher self, lower self and mask... There were poetry readings, songs sung in different languages, videos, sculptures, photographs, rugs, paintings, and expressions in many other mediums too numerous to mention. There was so much to see in one night that I believe next year we will spread the performances over two nights so that everyone can see more of them.

Class #5 will be our first Alumni Intensive headed by Judy Krusell. It will be a week immersed in advanced teachings, supervision

and deepening healership. The theme is Reconnection and Renewal. We look forward to being with the alumni who have chosen to attend.

Barbara's trip to Europe continues to grow! She will now be lecturing in Zurich, London, Maastricht Holland and Munich, as well as the leading the scheduled workshop in Belgium. The response in Europe has been one of great anticipation and joy.

In late May we headed to Japan, and Sherry Pae and I will be leading a workshop on Healing the Human Heart in Atlanta this July. We are looking forward to a great summer.

Tell your friends, your families and peers about BBSH! As you know, it is such an incredibly rich and profound program.

And remember as you live this day, that today is a gift. This is your beautiful life. It can be a day of great joy and immense gratitude. All you have to do is choose it for yourself. It really is up to each of us.

With love, Laurie Keene



The PS2 Teaching Team. Life is good indeed!!!

Barbara Brennan in Touch

Prerequisites for Leadership in Global Healing

CHANNELED FROM THE COUNCIL OF LIGHT BY BARBARA BRENNAN

The more you align down deeply into the earth, the more you align with your individual life task, your purpose, and also with that of humanity. All hara lines meet in the center of the earth for the common purpose of humanity's evolution. And as you know, human evolution is no different from spiritual awakening. They cannot be, and never have been, separated.

Each of you is a lightning rod for your culture, for your country, for the resolution of international conflict and for the healing of this planet. What then do you carry within your physical-energy-consciousness-system that is a signature of your culture, of your community, your nation and your religion? Each of you carries that signature, both in the dualistic form and also in the unitive state, in those places within you that permeate your entire being, where separation has never occurred, time does not exist and you are in the blissful moment of the now, knowing that all of your being is, indeed, one with the divine.

We will look at Global Healing from both the perspective of individuation and that of awakening, i.e., fusing with the unitive divine. You carry a sacred longing that leads you every step of the way along this path of awakening that is also human evolution. Within this divine longing are the gifts that you have come to give to humanity, as well as your leadership from your individual perspective.

Let us talk about this leadership. Who are you within your family? What role have you taken in your birth family, and in the family that you are building now? What role have you taken in your community? You have taken this role from the very beginning of this lifetime. The role in your community that you may aspire to is reflected in that which you have taken in your family structure. You are, shall we say, practicing within your family structure for your leadership in your community.

Depending upon your commitment and your following through with that, that role may increase from your community in ever greater circles around you. Or, shall we say, spheres of influence. How much you will expand this role of leadership is your choice. Each



of you here is a leader in your particular personal way. You can expand this leadership beyond the family bounds, through your community, through your nation, internationally and globally, if you so choose.

First, it is very important to understand that every leader is also someone who follows. You have leaders in this school that you follow. You have leaders outside of this school that you follow. And you also lead within and outside of school. Before leadership of any magnitude can be taken on, it requires the ability to follow and support the leader in any

area of your life. Especially in any area you wish to lead. This support of leadership, i.e., giving your energy and your wisdom to something you believe in that someone else happens to be leading at this moment, is very important because you will understand and learn—first of all, about your authority issues.

What frightens you about authority? Within that work you will find how leadership was misused in your distant past, as well as early life, and perhaps, in your life now. You will learn to recognize that the fear you carry about authority is related to your own misunderstanding of authority that must be worked through as you progress in the expansion of your leadership.

And so, in your early childhood how was leadership misused? And how has that affected you in terms of your own leadership? There are, then, blank areas that you have not learned about, i.e., aspects of leadership, that were missing in your childhood. There may also be areas within your leadership where you have automatically followed the same pattern of misuse simply because you are not aware of that misuse.

We have had many examples this school week in your learning about leadership in all of the classes in, of course, various different ways. You will notice that within this school there is a great deal of leadership done from the personal level. Each of the leaders here has brought forth their own personal flavor to their leadership.

Continued on page 14

Our International Community

FROM THE EDITOR, PATRICIA PFOST

BBSH is truly an international community with 200 of our 580 students living in 32 countries outside the United States; 212 of our 1056 alumni are international residents as are 13 of our 71 teaching staff. So the healing and transformational work taking place at this school is traveling far and wide throughout the earth, touching the hearts and souls of people from many cultures.

Barbara's recent channeling of the Council of Light provides a way in which each of us, regardless of our heritage and present location, can contribute to international healing. It helps us see how we each have a unique gift to bring to world healing and that we don't need to travel anywhere else or wait for another moment to bring it forth. Barbara is bringing this message to many parts of the world in her "Healing the Human Heart" workshops and international healing lectures.

Also in this issue, some of the BBSH international teaching staff give us pictures of the healing climates in their homelands, providing brief histories of spiritual and alternative healing and their acceptance by today's societies.

We dedicate this issue to the BBSH international community of students, teachers and alumni and to the world traveler and world healer in each of us.

The artwork throughout this newsletter is a sampling of the many art projects created this year by PS 1-4 BBSH students.

Barbara Brennan School of Healing 2002-2003 Resident Training Dates

RADISSON DEAUVILLE,
MIAMI BEACH, FLORIDA

WEEK 1:

Teacher Training and ASED: October 5 & 6;
PS 1-4: October 7 - October 12, 2002

WEEK 2:

Teacher Training and ASED: December 8 & 9;
PS 1-4: December 10 - December 14, 2002

WEEK 3:

Teacher Training and ASED: March 2 & 3;
PS 1-4: March 4 - March 8, 2003

WEEK 4:

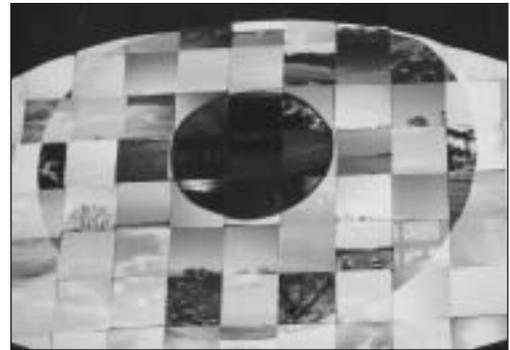
Teacher Training and ASED: April 27 & 28;
PS 1-4: April 29 - May 3, 2003

WEEK 5:

Teacher Training and ASED: June 1 & 2;
PS 1-4: June 3 - June 7, 2003

TEACHER TRAINING WEEK:

September 8 - 12.
Location to be announced.



BBSH® in Touch

ISSUE 8 — THE NEWSLETTER OF THE BARBARA BRENNAN SCHOOL OF HEALING® — SPRING 2002

Dedicated to the Evolution of the Human Spirit

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Barbara Tours Europe in June

BY RENEE RAFFAELE, BBSH MARKETING MANAGER

Barbara Brennan will be making personal appearances in five European cities this June. She will be traveling through Europe presenting evening lectures and a weekend workshop to help introduce the basics of Brennan Healing Science®. So if you plan to be in Europe in June, be sure to mark your calendar for these cities and dates:

International Healing

EVENING LECTURES

ZURICH, SWITZERLAND — JUNE 18

LONDON, ENGLAND — JUNE 21

MAASTRICHT, NETHERLANDS — JUNE 23

MUNICH, GERMANY — JUNE 24

Healing The Human Heart

WEEKEND WORKSHOP

ANTWERP, BELGIUM — JUNE 28-30

The “International Healing” lecture will focus on how different cultures have developed various aspects of their Life Energy-Consciousness Systems. It will explain how national, religious and cultural heritage affects the development and function of the human energy field and how these differences in the HEF show us the basis of cultural misunderstanding—and also how to heal it.

Those attending this lecture will experience how their energy field affects others and how others’ fields affect them. They’ll discover how ancestral roots, handed down from generation to generation, create blind spots in their personal perceptions. They’ll search for their own blind spots and learn exactly how

they make them “blind” to certain aspects of themselves and of life. Participants will also discover how they unconsciously help maintain humanity’s fear and aggression toward others who are different from them.

The 3-day spiritual workshop in Antwerp will focus on “Healing the Human Heart.” Laurie Keene, BBSH Director, will assist Barbara during this weekend. Together they will explore the functional anatomy of the human heart, the physics of the heart chakra and the psycho-spiritual dynamics of the Human Energy-Consciousness System.

This workshop is for anyone who longs for more compassion and love in their life. It will also interest anyone who works with the heart - whether it be on the physical level within the medical professions, or on the emotional and psychological levels through the wide variety of therapeutic and healing modalities. Participants will learn hands-on healing and self-healing for the human heart, as well as techniques for opening their higher sense perceptions. They will discover their heart’s intimate relationship with their body, psyche, health and well being.

The workshop and lectures will be presented in English. Simultaneous German translation will be available in Zurich and Munich. Barbara will also be featured on the German ARD television show “Fliege” airing on June 26.

Please contact us for details on exact locations, times, pricing and ticket information.

You can register or learn more on-line at www.barbarabrennan.com or by calling BBSH in the United States at 561-620-8767 or e-mailing bbsh.office@barbarabrennan.com. For inquiries within Europe please call: +49 (0) 2831 94 143.



Brennan Healing Science: How Do YOU Describe It?

*We continue our series of ways to describe
Brennan Healing Science.*

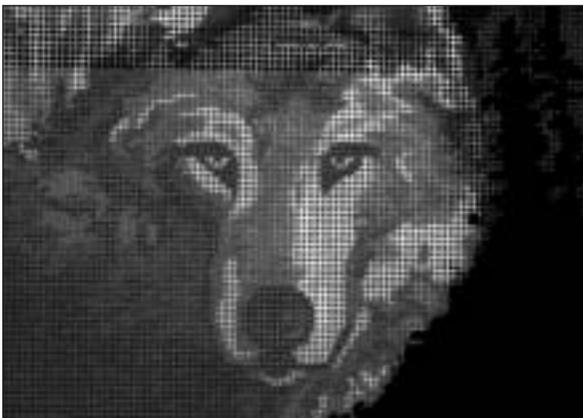
This one is offered by Kelly Moeller '00 of Shokan, NY.

Brennan Healing Science® is a groundbreaking system of healing that combines hands-on energy healing techniques with body-oriented psychotherapy and methods of personal transformation and spiritual growth to promote health and well-being on all levels. It was developed by internationally-renowned healer and physicist Barbara Brennan, whose clairvoyant sight revealed that, in addition to our physical bodies, there are various energy bodies and dimensions that we move in and live through and that correspond directly to our physical, emotional, mental, and spiritual functioning. Every aspect of one's being—down to the smallest nuance of health or disturbance—has an energetic counterpart in the energy field!

A Brennan Healing Science practitioner can help you:

- Perceive your energy field forms and dynamics (kinesthetically, emotionally, intuitively, aurally, and/or visually);
- Make connections between your energy system and your state of physical, emotional, mental and spiritual health;
- Correct problems in your energy field (and thus, in related areas of functioning) via various hands-on energy healing techniques which clear, balance, repair and strengthen the energy system on multiple levels and in specific ways; and
- Attune to the divine spark within and to divine beings for these healing purposes.

These services complement, not replace, standard medical and psychological services, and may be rendered in-person or long-distance.



Reach Out And Really Touch Someone. By Inviting Them To An FBHS Workshop.

Do you know someone who could benefit from a *Fundamentals of Brennan Healing Science* workshop? Or did you ever wish you had an easy answer to the question: "What exactly is Brennan Healing Science, and how can it help me?"

Remember that to help you help *them* understand, weekend workshops are now being held worldwide... where those interested can get to know the basic principles that you've committed to. Lectures and workshops taught by BBSH® teachers, explained and demonstrated in a way that anyone can appreciate and learn from.

Visit www.barbarabrennan.com regularly for the dates and locations of these upcoming workshops, coming to cities, clients, friends and family both far and near to you.

Then give them a ring—as well as a new start at a happier, healthier life!

The Fundamentals Of Brennan Healing Science®

Weekend Workshops



Brennan Healing Science Around the World

Here are descriptions of the climate for Brennan Healing Science, energy healing and spirituality in seven countries as experienced by our international-resident Teachers, Teacher Trainees and ASED students.

Energy Healing In Brazil

BY CELIA VAZ '01,
ADVANCED STUDIES EDUCATION STUDENT

Brazil is a place where we have many, many traditional healings. Spiritual healings are part of our culture. Brazilian people have a lot of faith and for most of the population, connection with the astral world is part of normal life. Also, for most people, having some HSP developed is very natural.

In some villages, people first go to a "benzedeira ou curandeiro" trying to heal their illness, then they go to the doctor if that doesn't work. Most of the time, mainly for small children, they find the the balance they are looking for.

The use of herbs and roots is very widespread and this knowledge is passed through generations, not written, but by experience. I have some fear that this is disappearing now; we don't value our knowledge. We have some religions, a mix of African and Catholic, where people go for balance in their lives, emotions and physical body. And we have many healers who do spiritual healings and surgery where people from all over the world go looking for healing. All that they do for free.

Now in big cities various healing methods such as flower essence, massage, healings by hands, reiki and so on are becoming familiar as professional practices. And we can see that people really like these, especially in Brasilia, the capital, where I live. Barbara Brennan's book, *Hands of Light*, is a very well known all over the country. Many people read it and are thirsty for healings with someone trained by BBSH. I feel very happy with my practice here.



Energy Healing in the United Kingdom

BY SUE HEWETT '00, ADVANCED STUDIES
EDUCATION STUDENT

There is a strong healing tradition in the UK. If we go back to the early part of the last century, there was a movement led by Madame Blavatsky and Dion Fortune who wrote and held groups working consciously with energy. During the second world war, groups of people worked energetically for peace. The National Federation of Spiritual Healers was started in the 1940's and has Healing Centers in most towns in the UK. This service is free and the healers are trained.

Recently a well-loved footballer was injured and the nation was asked to place their hands on life-sized pictures of his injured foot at a precise time and send energy to heal. So healing generally has a very good status in the UK. It is seen as doing no harm but it is often seen as not being very effective either. It is linked in many peoples minds to religion.

During the last 25 years many different approaches to healing have blossomed such as Reiki, vortex, sound, and crystal healing to name only a few. There are also many different healing trainings in the UK. These are regulated by the Confederation of Healing Organizations, a lead body that has set national standards.

The National Health Service is struggling and many people are turning to complementary therapies. Gradually there is an integration taking place between allopathic medicine and complementary therapies, healing being generally regarded as complementary to every form of therapy. A hospital patient has the right to have a healer visit at any time.

The scene is constantly evolving and more and more people are coming for healing, not just as a last resort but as a way of living more fulfilling lives and preventing disease.

Complementary Care in Northern Ireland

BY ANNE HOYE '98, PS4 TEACHER

Thanks to the continuing effects of the 1998 Good Friday Peace Agreement and except for sporadic outbreaks of violence in confined areas, Northern Ireland is at Peace. After 30 years of violent unrest, civil strife and terrorism known as "The Troubles", this deeply wounded population of 1-1/2 million, have begun to look around at the physical, mental, emotional and spiritual damage left in it's wake.

Post Traumatic Stress Disorder is present to some degree in most of the population, several generations of whom have known nothing other than violence as the "norm." Some of the most common diseases I have encountered are: stroke, heart disease, asthma, alcoholism and prescription drug addiction. There is an unusually high number of suicidal young people and those hospitalised having had psychotic breaks or who are diagnosed as manic depressive.

In many ways it can be said that N. Ireland lags behind the UK and the rest of Ireland about thirty years, most notably it's infrastructure including Health Care. Health Care comes under the N.H.S. or National Health Service, a free service of socialised medicine introduced in Britain post WW2. This system has been grossly under-funded over the years creating long waiting lists for patients to see a consultant or to have a surgical procedure. It is not unusual to wait up to 2 years for a hip replacement for example, or to see a dermatologist.

Private insurance has been gradually introduced in the past few years but it will take some time for people to get used to the idea of paying for their health care, even though they receive a better service. As the NHS is sickness- rather than wellness-oriented and it is free, it does little to promote self-awareness around issues of health and healing, leaving it unthinkable for most people to pay for their own healing treatments.

This puts Complimentary Care at a great disadvantage, as those adventurous few who are familiar with other practices are hoping for a "cure" after one or two treatments, and as in most cases cost is the deciding factor in treatment being discontinued.

Reflexology and aromatherapy are the most commonly practised complimentary therapies in N. Ireland and currently there is little or no regulation of who is practising. Herbal medicine, homeopathy, chiropractic, osteopathy, (although osteopaths are not MD's) have just begun to filter into the outer edges of mainstream. Acupuncture and Reiki seem to be the

most popular and commonly known "energy" treatments. The members of the allopathic medical community are for the most part uneducated and uninterested in Complimentary Care, and it is not unusual for a physician to advise the patient not to seek complimentary treatment. The days of Integrative Care and multidisciplined healing modalities are down the road a bit yet.

When I came to N. Ireland nearly three years ago and opened a healing practice, I quickly discovered that there were not many people aware of the BBSH healing model and fewer willing to work on themselves deeper than the physical level. Interestingly, I found most of my clients to be healers and practitioners from the complimentary healing community. Although trained in other modalities they were awed at the BBSH model of healing and all expressed a longing to study the work. Unfortunately it is economically impossible for most at this time to travel to the U.S.

I needed to find a way to meet people where they were and look for ways to increase self-awareness and introduce new ways of thinking about health and healing, without advertising it as healing. "Healing" is a word which still makes people suspicious here. It is somehow related to religion, and religious intolerance and bigotry are still heavy in the air.

So I found a small building and on the ground floor opened "The Dancing Goat" cafe, and upstairs, "Rainbowbridge Center for Healing Arts". The Cafe has a juice bar, one of two in N. Ireland. The menu is simple, nutritious and delicious using as much organic and GM free ingredients as I can find both locally and imported. Most of the dishes are local favourites, the only difference is that some ingredients are substituted with healthier alternatives. It is a very delicate balance as the word "tofu" can cause a stereotyping frenzy.

My intention was to create an environment that is energetically and physically nourishing and healing, and as people became familiar with new healing concepts they began to take an interest in the center upstairs. In the center I have my office to see clients, I usually have a massage therapist intern who will give introductory massage sessions to those who have never experienced massage. Lucy Lynch, a '98 BBSH grad and also here in N. Ireland teaches yoga and I have just located a Tai Chi teacher to come and teach. This has been a wonderful opportunity to put into practice all the skills taught at BBSH and unquestionably confirming how important and healing is Presence.

Currently there are motions before our Legislative Assembly, specifically to the Health Minister, requesting funding for Complimentary Treatments and for closer monitoring of practitioners.

I'll keep you posted!

Energy Healing in Mexico

BY GISELA KOIDL '99, TEACHER TRAINEE

It is part of the Mexican native heritage to feel the connection to the Divine in everything. The Mayans say people become sick when they lose the harmony between the two worlds of the seen and the unseen. The “curandero” is part of the Mexican culture. Everybody has his or her curandero who, with herbs, candles, hands-on healing and prayer, realigns what is out of alignment. This deeply spiritual culture has not lost its connection to the inner shaman. That means that they know from deep within that Brennan Healing Science is natural and true. For the Mexican, what feels good to the heart and soul is trustworthy.

Mexico is a paradise for the spiritual seeker. Highly trained people are working on their inner process of awakening and are sharing their knowledge and wisdom with others. There is an increased appreciation for healers and the work with energy healing feels natural and is very welcomed. Beyond all the problems like pollution, extreme poverty and high criminality, nothing is able to take away the mystery and magic of this incredible country.

It is said that the heart of the planet is in Mexico and this is truly my experience.



The Healing Climate in Belgium

BY JAN JANSSEN '00, TEACHER TRAINEE

The interest in healing is growing steadily in Belgium. Up to eight years ago, energy healing was still very much in the area of psychic readers, self-made healers, and sometimes NLP trainers. And also at that time there were highly qualified pioneers who had gone through a profound journey of awakening and who are still providing solid spiritual support to a great group of followers they have gathered, mostly by word of mouth and by divine synchronicity.

Nowadays, healing is beginning to become more available to a larger public. A popular TV show brought alternative healing methods to public attention. It was presented carefully and neutrally. But at this point, people still take healing as a curiosity and mostly rely on traditional and institutionalised venues for self care.

There is also a significant scene of dedicated spiritual seekers on a committed path of awakening. Although they are still “underground”, it is becoming a large community of people. The number of people seeing alternative healing in the perspective of complementary care is also increasing. In my healing practice I have medical doctors, osteopaths, psychologists, health care professionals and management trainers. There are people who have a realistic perspective on the complementary nature of alternative health care.

To most people in Belgium, the word “healing” is associated with softness and ungroundedness. The conservative medical establishment is not very positive towards healing and consciousness-based practitioners. Homeopaths and osteopaths are becoming officially recognized as valid health care professionals but reimbursement from health insurance for these professionals is still a long way away. I see the official recognition of the healing profession not happening in Belgium in the near future (10 years), if at all, as our administrative legislation is complex and slow.

However, word-of-mouth publicity works really well, and the progressive scene of seekers is becoming numerous enough to fill healing practices, especially if the healer commits strongly to self care. I think people intuitively tap in to that. Working hard is characteristic of the Belgian culture and it often takes vigilance from the healer not to weaken the boundaries of self care due to the collective pressure to work very hard.

Personally, I am very optimistic about the evolution of the healing work in Belgium. People are really becoming aware of this need and are actively seeking alternative practitioners. There are many creative solutions and creative ways to provide healing.

Spirituality in Italy

BY ELISABETTA CICCONI '97, PS1 TEACHER

Italians do know they have lots of emotions and they often act them out. There is not a strong sense of boundaries. In a funny way, this is evident when we are driving. You can expect to be cut off even if you have the right of way. It just depends of the amount of "push" you exert in the moment.

At times, there seems to be little sense of how important the inner world is. Freud seems not even to have been born here. At the same time, this reality is coupled with an intense sense of the sacred, not coming from the Church but from an innate longing and old knowing that there is a supernatural Force or Spirit that can let "miracles" happen. I would bet that the entire population really believes in miracles, just thinking they will come from an outside Force and having nothing to do with the normal person. This can be summarized in the concept that we believe in the transcendental God while we have forgotten the "Immanent God" or what we would call "Core Star".



Alternative Medicine in Germany

BY KARINA BECKER '00,
ADVANCED STUDIES EDUCATION STUDENT

In Germany there has been a long tradition in alternative medicine such as Ayurveda, Acupuncture, Aromatherapy, Bach Flowers, Biochemie after Schüssler, Bioresonanz, Cranio-Sacral-Therapie, Homeopathy, Phytotherapy, Hildegard-Medizin, Therapeutic Touch and Reiki, just to name a few. All these therapy modalities require that the therapist has a certified medical degree, either MD, psychologist, psychiatrist, psychoanalyst, etc. ONLY.

Massage, Rolfing or similar body treatment can only be offered for the physical well being and not with the claim to "heal". In the case of massage, a 3-year-training is required to certify as a "body worker".

Energy healing is not recognized as "healing" and can only be offered within this legal framework.



Bridging the Worlds of Business and Healing

PATRICIA PFOST '91, PS3 AND PS4 PROFESSIONAL PRACTICE TEACHER

Many of us who have entered and graduated from BBSH long to bring energy consciousness and healing into the business and organizational worlds. Our passion is to work with groups, or in particular industries, or with specific professions, bringing healing techniques and our finely tuned Awakening capabilities into organizational realms. Some of us are entrepreneurs, others administrators, planners, staff, financiers, lawyers, management consultants, organizational development consultants, government workers, elected officials, board members, charity workers - you name it, we're doing it in our businesses and through many types of organizations, for-profit and not-for-profit.

On Tuesday evening of Class #4, I had the privilege of convening the first meeting of the BBSH Business Community. 45 students attended. The sense of commitment, passion and anticipation in the room was hard to contain. We listened eagerly as each of us announced our organizational interests and shared our longings to find ways to bring Brennan Healing

Science to the work we love so deeply and the organizations that need these principles and practices so desperately.

Of course our meeting was very productive. We formed an email group with the following agenda:

1. Description of who we are, what we do, how we apply BHS/energy consciousness to business and what our longings are for this group. We will archive this information on the group site so it can be referenced at any time.
2. Recommended books, journals, seminars, email addresses, email courses, symposia, newsclips, industry updates, etc. Two group participants, Jan Janssen '00, Teacher Trainee and Rolly Berard '02, did 4th-year projects on business healing and have posted them on the group site.
3. Requests for any type of information or assistance from each other.
4. Sharing of our experiences in this field and just chatting about whatever moves us here.

The Business Community email group as well as the Tuesday meeting at 5:30 each class week is open to all BBSH students, alumni, teachers, teacher trainees and BBSH administrators. If you would like to join the email group please let me know at pfost@netstep.net.

Our meeting for class #5 will be comprised of short presentations of how we apply particular energy consciousness techniques to business settings.

If this work is your passion too or simply a budding interest, we welcome you to the BBSH Business Community!



Thoughts on Creativity and Curriculum

BY CAROL RENWICK '93, PS4 TEACHER

Between the Void or Unmanifest and the Manifest or Created World is the activity or process of creation. Creativity creates creations. Creator creates creations. In the spiritual, energetic, non-physical realms, creations come and go and ebb and flow in an endless flux. Some emerge into physical embodiment. Among all the creations created by the Creator, a creator being was born or created who is an image of the Creator, an embodiment of the creative principle. This being takes his or her place in a world filled with other creatures, some of whom are creators also.

When creators create freely, all of life is celebrated as and in creative expression; created arts, creative arts develop - movement, ceremony, song, music, weaving, vessel making and so much more. These arts can be shared and taught. They involve certain skills and techniques. Without technique, creative impulses cannot be brought into manifestation. Without material, creative impulses cannot be brought into manifes-



tation either. However, without creative impulses, techniques are unused or devoid of meaning.

We do not arrive on the earth as full-grown creator beings. Each of us is born as an infant, a potential creator, who is, in the beginning, also a dependent creature, needing care for survival and development in a physical body in the physical world. (The immense creativity that goes into the forming of the physical body itself is probably best seen as a co-creative process, a working together of the unique soul and the Creator and Creating Team, sometimes called the Spiritual Hierarchies.)

A creator experiences what happens when his/her creativity meets others, meets "world". From babyhood on, the creative impulses of movement, exploration, and expression are in play. The spectrum of unconscious, semi-conscious, conscious and self-conscious is evoked in the maturation process. There is a natural awakening process. There is a dawning of consciousness. The Cosmic Creator and the Creating Team give gifts to the baby creator, the gifts of standing, speaking and thinking. From the beginning there is co-creativity in awakening.

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Report from the Mexican Community of BHS Practitioners and BBSH Students

BY GISELA KOIDL '99, TEACHER TRAINEE

Everything started with Barbara Brennan's first visit to Mexico in September of 2000. As Laura Roel '98 and Sarah Uziel '99 wrote in their beautiful letter to Barbara that was published in BBSH In Touch in November 2000, something magical happened during this weekend. Barbara touched the Mexican Sacred Heart and endless love energy started to flow. "Healing the Sacred Human Heart" was taught by Barbara and Sherry Pae only a few months later in May of 2001.

More people had the opportunity to get to know Brennan Healing Science and the Barbara Brennan School of Healing. Participants were deeply touched and many of them are students today. Love keeps flowing. Healing is happening.

As a result of Barbara's, Sherry's and Laurie's visit to Mexico, the Mexican community began to simply happen and it keeps on happening. We are proud to say that there are 9 graduates and 22 current students from Mexico in this moment at BBSH. There are also former students in our community. We have been meeting regularly for two years.

Our main goals are to:

- support Barbara's lectures and workshops in Mexico;
- insure the ethical standards and the quality of the work of its members;
- create a website to promote the individual healer-ship for students and graduates of BBSH in Mexico;
- offer healing exchange groups between students;
- create a brochure in Spanish of what Brennan Healing Science is all about;
- cultivate contact between students and graduates; and
- keep everybody included and informed about activities related to BBSH.

The essence of our community feels like one huge heart vibrating in gratitude and love and a longing to heal and bring healing into the world.

We are now preparing and looking forward to Barbara's third visit to Mexico which will have happened by the time you read this newsletter. She will have given a lecture on May 26th in the World Trade Center of Mexico City.

THOUGHTS ON CREATIVITY

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1. The child has an innate curiosity and eagerness for learning;
2. The child is educated by the elders;
3. The spiritual world offers support, lessons and grace.

This process can continue into adulthood. Indeed, one might say that true adulthood only comes about through the continuation of this process. The same three factors, the innate, the human community, and the spiritual world continue to be active and fundamental.

How well this process is supported, how well we are cared for and nurtured by those creator creatures into whose care we are placed and how well we activate our own inner resources, results in varying degrees of well-being. There is some combination of nurturance and deprivation, of inner resource and inner lack. There is wounding.

Because of this wounding and the consequent need for healing, wholing, specific ways of healing for each type of wounding need to be created. Need evokes creativity. Perceived need invites creativity to create solutions.

Creations emerge into various levels of manifestation, from semi-consciousness, to dreams, to impulses, to ideas, to energetically- and physically-embodied creations. Even some creations that are brought forth into physical manifestation can fade or disappear quickly, like a sand castle washed away by the waves.

This holds true of the creations that are brought forth in response to the need for healing wounds also. A healing gesture may manifest spontaneously and never appear again. Some happen often and through many people worldwide. These become part of folk healing traditions. Some are brought forth by a creator who is conscious and self-aware of what he or she has done, and is aware of further applications. The gesture is repeatable, describable and demonstrable. The gesture or movement can then become a "skill"; it is not just an evanescent event. Once there is a skill there can be a teaching of this skill, and so forth with a whole body of skills. A whole school can be developed around a body of skills that has been brought through, as, for example, the Barbara Brennan School of Healing. This body of material can be organized into a curriculum of healing science skills. This itself is a further creative act.

We are creating whether we know it or not, whether we identify ourselves as creators or not. We can be quite unconscious of our creating, creating, for example, from our images and defenses or according to societal norms in our acts and thoughts. We also can

be quite conscious of ourselves as creator creatures and make choices as to what we create and choose to create from essence. Implicit in the spectrum of unconsciousness to consciousness is the Awakening Process. How do we awaken in our creativity? How do we create awakening? The awakening process can be fostered by a curriculum created for this purpose.

Any skills, including healing skills, can be taught and practiced more or less well. Standards of practice can be developed, taught and upheld through a professional practice curriculum.

Because creation is the source of everything, including all actual and potential healing skills and interventions, it is present in every healing process and every healing session. What practices and skills maximize creativity, developing confidence in expressing essence? The cultivation of self-aware creativity can be nurtured by a creative arts curriculum.

These various curricula all come from one source, from unitive consciousness, and they all weave together seamlessly to foster health, wholeness, skillfulness and creativity in all those awakening creative healers called to participate. This weaving will itself be an on-going creation forming a school of healing: The Barbara Brennan School of Healing.





Barbara Brennan in Touch, CONTINUED FROM PAGE 2

So what is the flavor of leadership within you that you are developing? It is extremely important to individuate within your own leadership. Leadership can be firm and kind. Leadership can listen to the areas that need improvement. No one on this earth is perfect. That is, from the perspective of doing no harm, of doing no wrong, simply because of the state of human evolution. Imperfection exists within these physical bodies, within your personalities, because you are on a path of learning. Imperfection is part of and, actually, is essential in the incarnation process. Because when you choose to incarnate into the physical world, you have chosen, simply by the fact of incarnation, to focus upon areas of your being that are still learning, and leave other areas behind, so that your imperfections are more noticeable. From the greater perspective of unity that is also you, there is perfection. And yet, in this incarnation you are perfect in your imperfections because they bring about the learning, because they leave room for great creativity.

You live in a reciprocal universe that reflects and brings back to you what you have created, both pleasure and pain. Success and the not-yet successful. These are the keys to leadership. You get a direct response that lets you know whether or not you are on line with the powerful creative forces from your unitive creative principal coming down through the higher levels of the field into manifestation, into the physical.

Both following a leader and leading with followers require deep honesty with the self and deep personal process. And having said all of that, we, of course, also say that everyone is equal. Everyone is equally a leader and a follower. Everyone is equal as a human being. Each individual soul is precious. Each individual soul is held carefully, gently, in the arms of the divine, abundant and benign universe. The basic foundation of your existence is divinity. You are permeated with the divine. The universe, manifest and un-manifest, is permeated with the divine. In bringing forth global healing, it is essential to begin with this foundation.

BBSH Office Staff Directory

Here are the names and email addresses of our many staffers working at the BBSH headquarters in Boca Raton, FL. They are here to assist you.

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They Have Arrived!

The new catalogs for the upcoming 2002-2003 school year have just arrived from the printer. Another new development is that the catalog can now also be downloaded from our website.

So if you know someone who would like to discover their unique path and improve the quality of their life, have them contact us to request a free BBSH® catalog.

1-800-924-2564 or +1-561-620-8767
www.barbarabrennan.com
bbsh.office@barbarabrennan.com

Current students will receive their copies in June at Class 5!

BBSH
Boca Raton
2002-2003

THE BARBARA BRENNAN SCHOOL OF HEALING

The Barbara Brennan School of Healing, BBSH, is a global healing institute with graduates worldwide. Students have a compelling desire to heal and make a difference in their own lives and in the lives of others. They come with a passion for learning, for community, and for experiencing the fullness of themselves while being in loving relationship with life. BBSH supports and honors these longings, welcoming the essential unfolding of the healer within.

**Barbara Brennan
School of Healing®**

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